



VANCOUVER 2026

CAR T-cells and Beyond

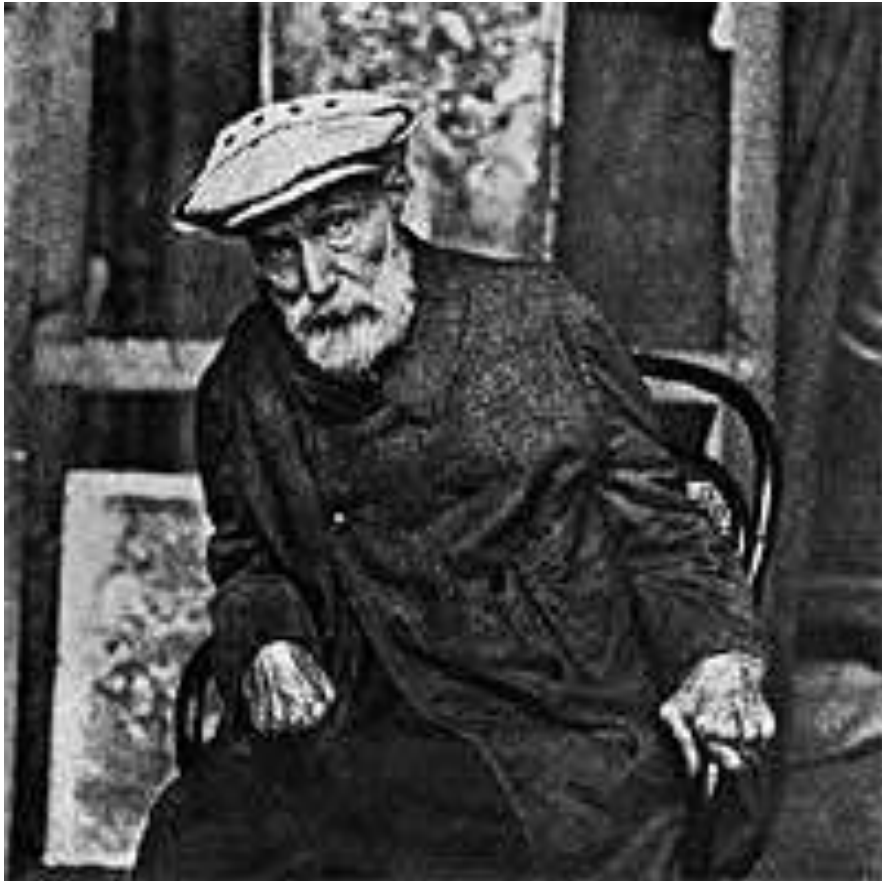
Georg Schett

Department of Medicine 3,
Friedrich-Alexander University
Erlangen-Nürnberg

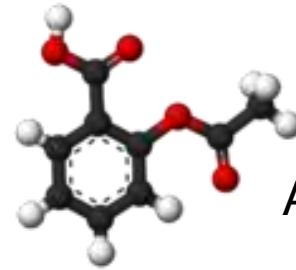
Deutsches Zentrum
Immuntherapie



Past, present and future aims in treating autoimmune diseases



Renoir (1841-1919)

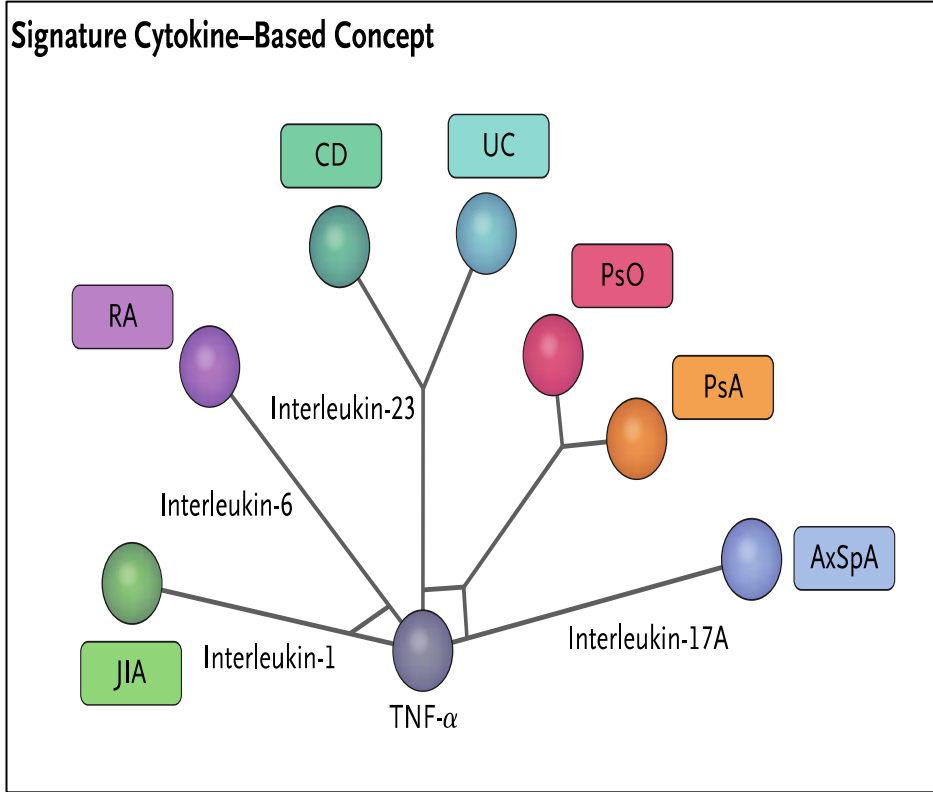


Aspirin/Bayer 1897

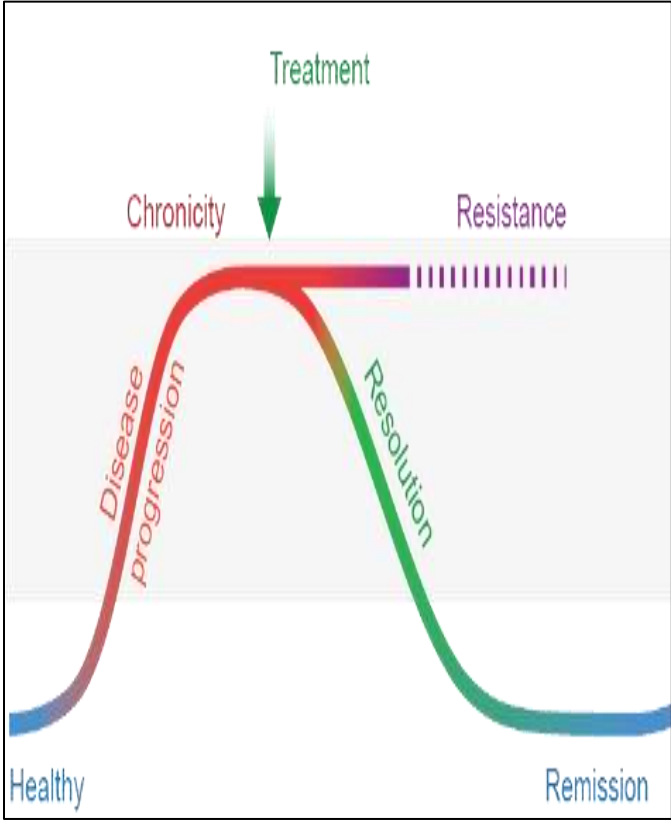
A drug has to ...

Improve symptoms	(++)	now required
Provide safety	(+/-)	now required
Interfere with disease process	(-)	now required
Cure the disease	(-)	now wished

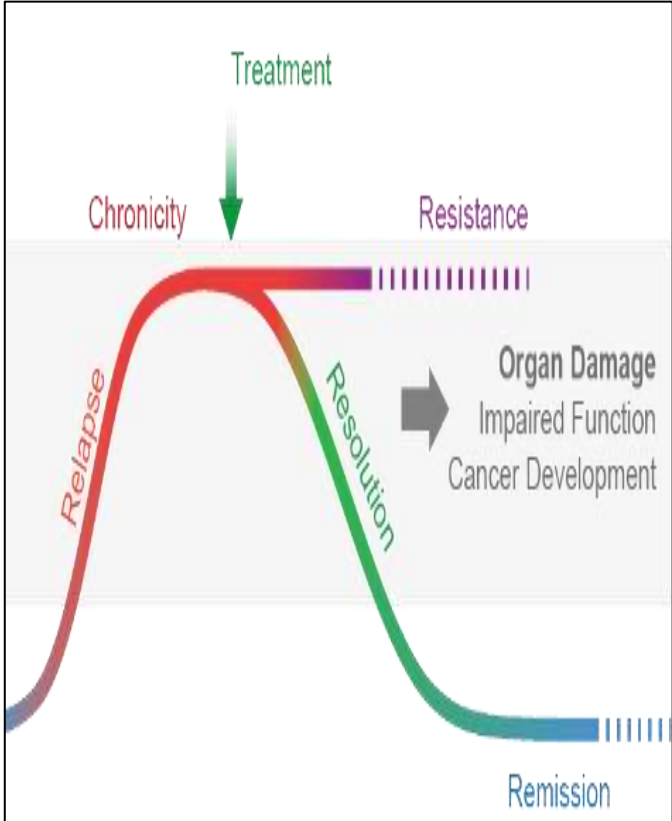
Cytokine inhibition: Better control but no cure of autoimmune disease



Schett G, McInnes IB and Neurath M.
 N Engl J Med 2021;385:628-39.



Resistance-Remission

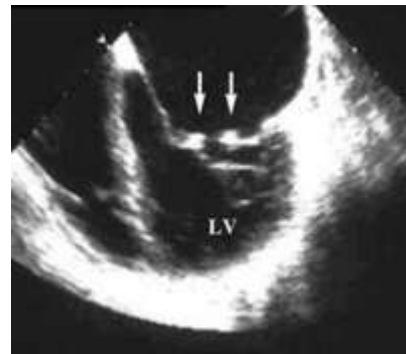
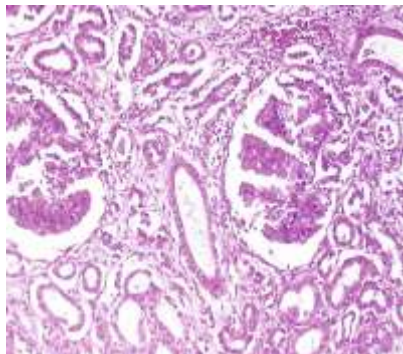
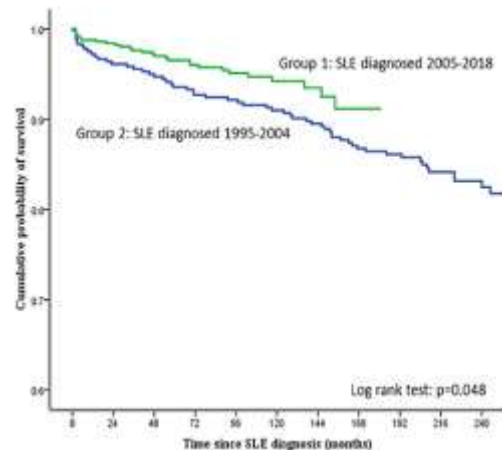


Relapse- Resistance

Systemic Autoimmune Disease can be life-threatening and are associated with increased mortality

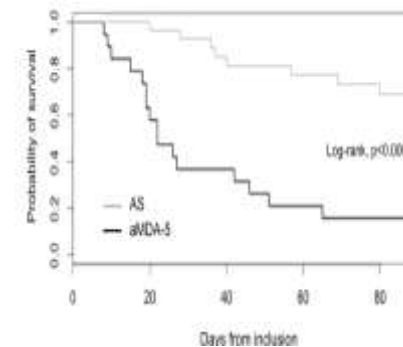
Systemic Lupus Erythematosus

doi.org/10.3389/fmed.2020.00552



Dermatomyositis/Polymyositis

DOI:10.1186/s13613-018-0433-3



January 2nd



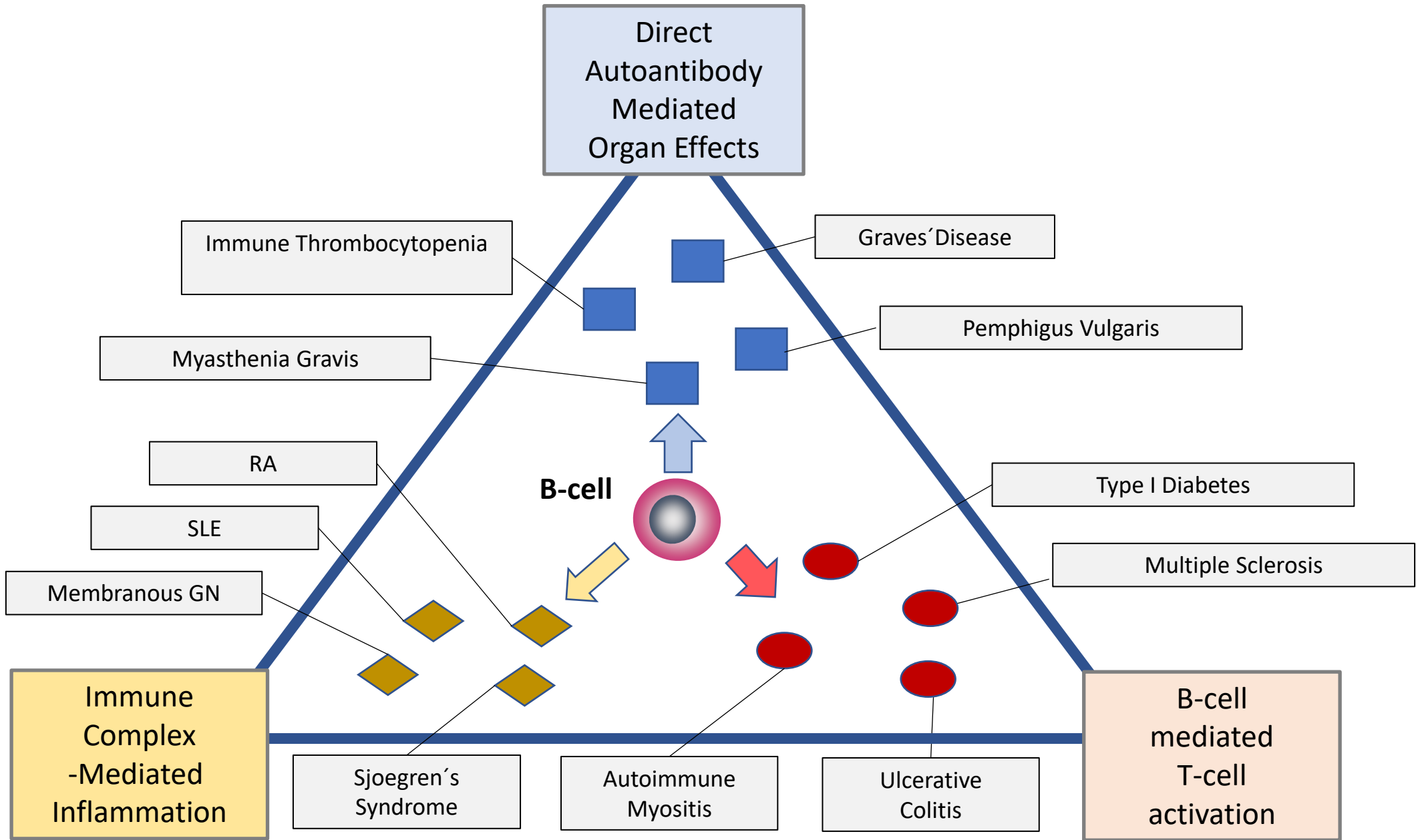
January 29th

Organ Damage
and Failure

Infections due to
chronic immune
suppression

Glucocorticoid
toxicities

Challenges for
reproduction

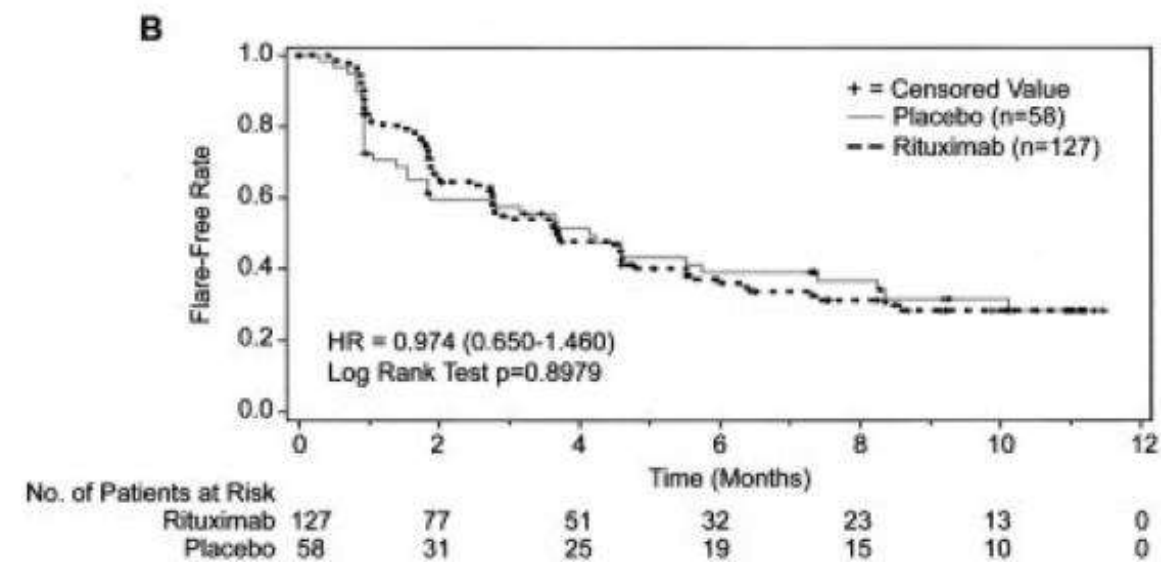
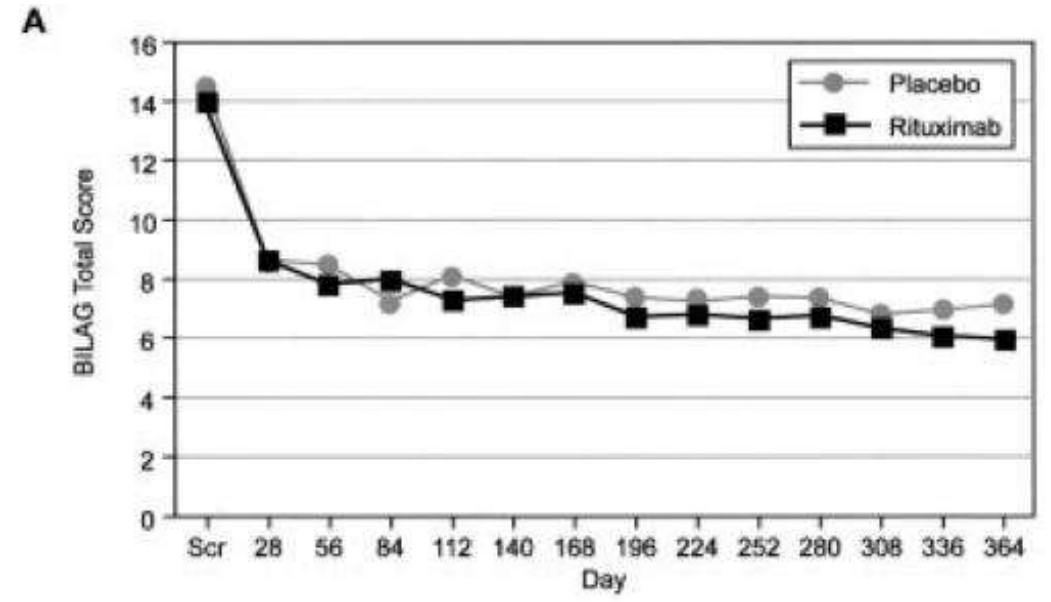


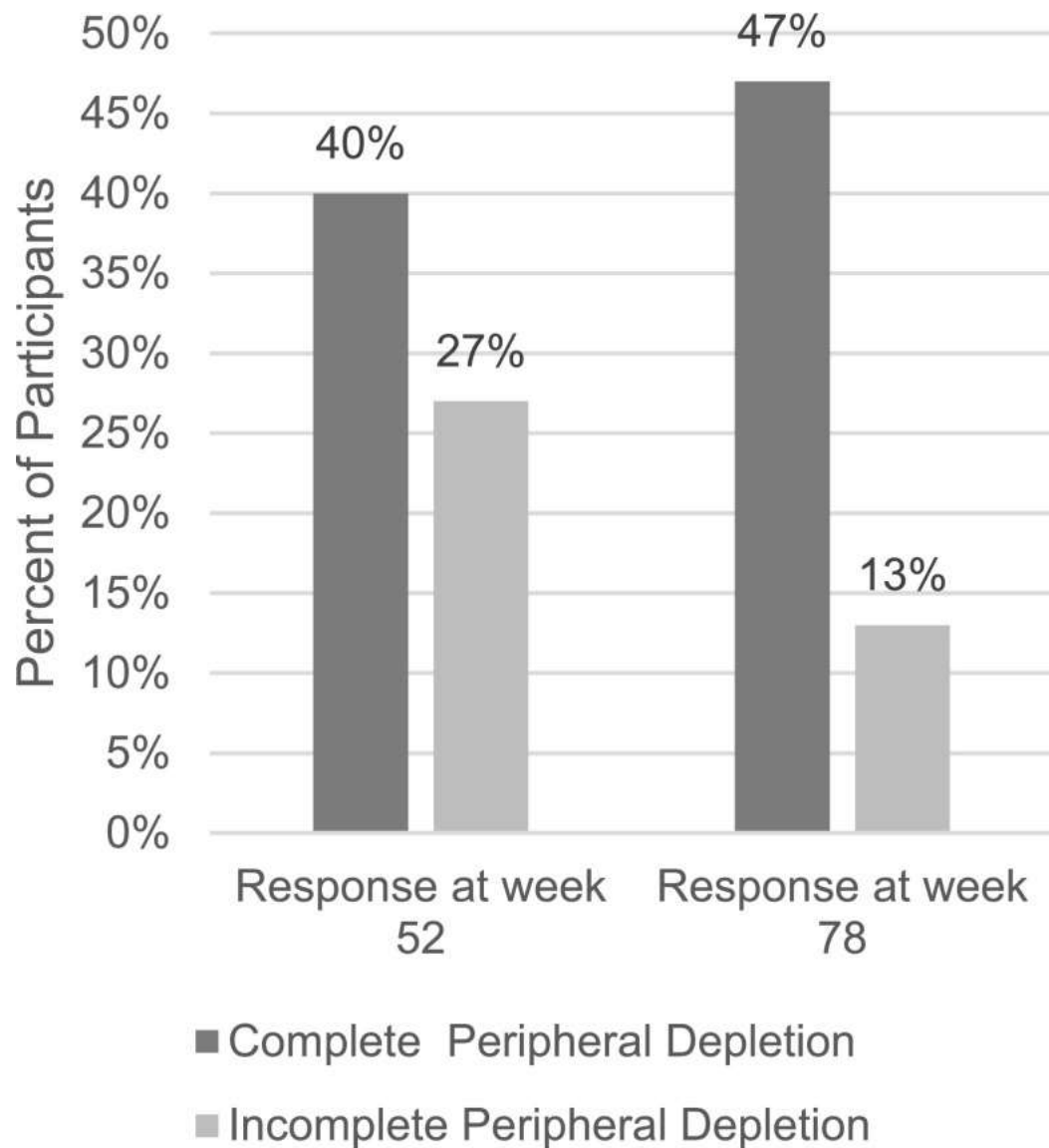
Randomized –controlled studies with B cell depleting MAb

Target	MAB	Population/ Mode	Comparator	Name	Phase	Outcome	PE
CD20	RTX	RA (MTX-IR)	PBO	-	II	ACR50	+
CD20	RTX	RA (MTX-IR)	PBO	DANCER	II	ACR20	+
CD20	RTX	RA (TNF-IR)	PBO	REFLEX	III	ACR20	+
CD20	RTX	RA (Re-dosing)	PBO	SUNRISE	III	ACR20	+
CD20	RTX	RA (Re-dosing)	PBO	SERENE	III	ACR20	+
CD20	RTX (dose)*	RA (MTX-IR)	RTX (dose)	MIRROR	III	ACR20	-
CD20	RTX+TNFi	RA (TNF-IR)	PBO+TNFi	-	II	Infections	-
CD20	RTX	RA (MTX naïve)	PBO	III	III	GmS score	+
CD20	RTX	AAV	CP	RACE	III	BVAS	+
CD20	RTX	AAV	AZA	MAINRITSAN	III	BVAS	+
CD20	RTX	AAV	AZA	MAINRITSAN2	III	BVAS	+
CD20	RTX	Pemphigus	MMF	PEMPHIX	III	PDAI	+
CD20	RTX	Myasthenia gravis	PBO	RINOMAX	III	QMG	+
CD20	RTX	Relapsing MS	PBO	HERMES	II	Relapse	+
CD20	RTX	Progressive MS	PBO	OLYMPUS	II/III	Progress	-
CD20	RTX	SLE (renal)	PBO	LUNAR	III	Renal Response	-
CD20	RTX	SLE (nonrenal)	PBO	EXPLORER	II/III	BILAG	-
CD20	RTX+BEL	SLE (renal)	RTX	CALIBRATE	II	Safety	-
CD20	RTX (early)	IIM	RTX (delayed)	RIM	II	DOI	+
CD20	RTX	PSS	PBO	TRACTISS	II	Fatigue/Dryness	-
CD20	RTX	SSc	PBO	DESIRES	II	mRSS	+
CD20	Ocrelizumab	RA (MTX-naive)	PBO	FILM	III	TSS	+**
CD20	Ocrelizumab	RA (MTX-IR)	PBO	STAGE	III	ACR20	+
CD20	Ocrelizumab	RA (TNF-IR)	PBO	SCRIPT	III	ACR20	+
CD20	Ocrelizumab	SLE (renal)	PBO	BELONG	III	RR	..**
CD20	Ocrelizumab	Relapsing MS	IFNb	OPERA	III	Relapse	+
CD20	Ocrelizumab	Progressive MS	PBO	ORATORIO	III	Progress	+
CD20	Obinutuzumab	SLE (renal)	PBO	NOBILITY	II	Renal Response	+
CD20	Ofatumumab	Relapsing MS	TFM	ASCLEPIOS	III	Relapse	+
CD20	Ublituximab	Relapsing MS	TFM	ULTIMATE	III	Relapse	+
CD19	Inebilizumab	NMOSD	PBO	N-MOmentum	II/III	Relapse	+
CD19/ FcγRII	Obexelimab	SLE (non-renal)	PBO	-	II	Relapse	-
CD22	Epratuzumab	SLE (non-renal)	PBO	EMBODY	III	BILAG	-
BAFFR	Ianalumab	PSS	PBO	VAY736A2201	II	ESSDAI	+
TACI	Telitacicept	SLE	PBO	-	II	SRI-4	+

Negative RCT with rituximab in SLE

Rituximab did not improve SLE disease activity (BILAG score) and flare-free survival in patients with SLE as compared to placebo in a randomized controlled study





B cell depletion and SLE response

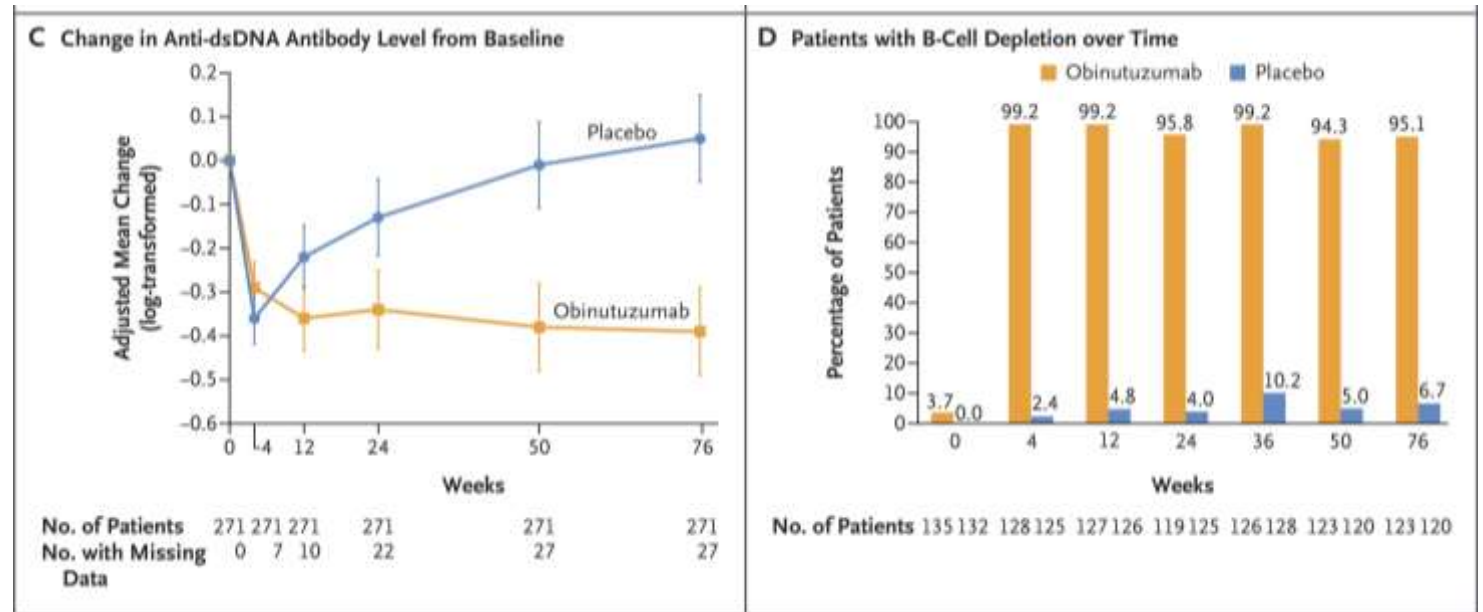
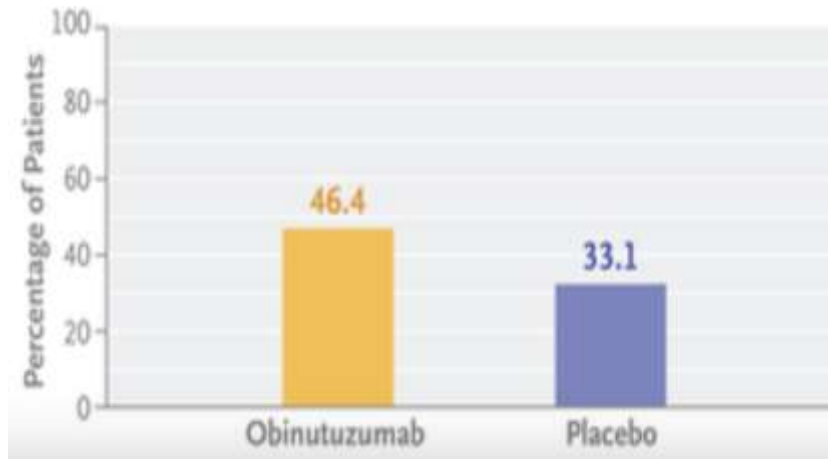
Rituximab works better in SLE with complete depletion of peripheral B cells

Post hoc analysis of the LUNAR trial

Glycoengineered anti-CD20 Mab obinutuzumab shows efficacy in LN

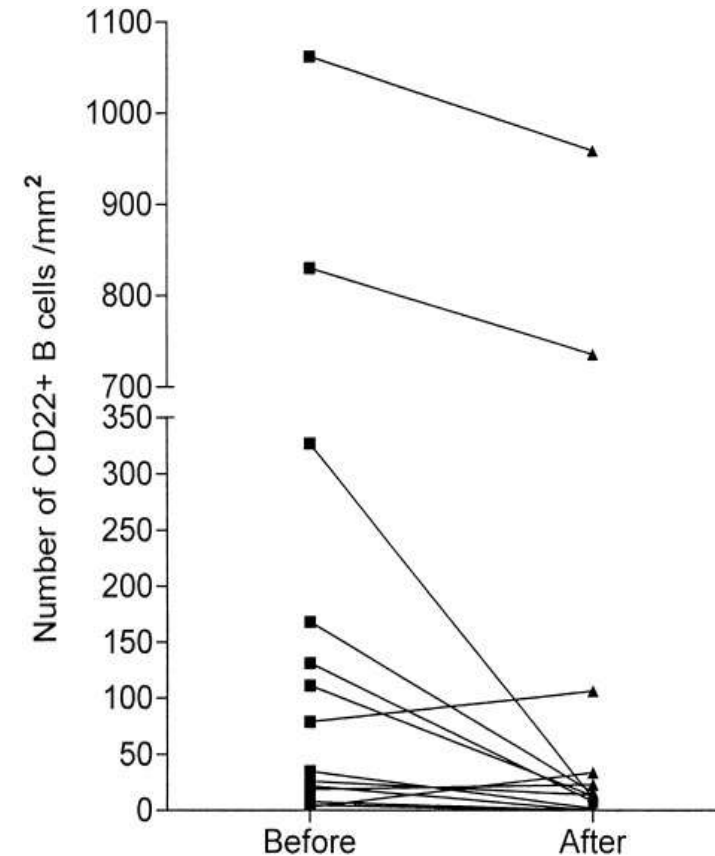
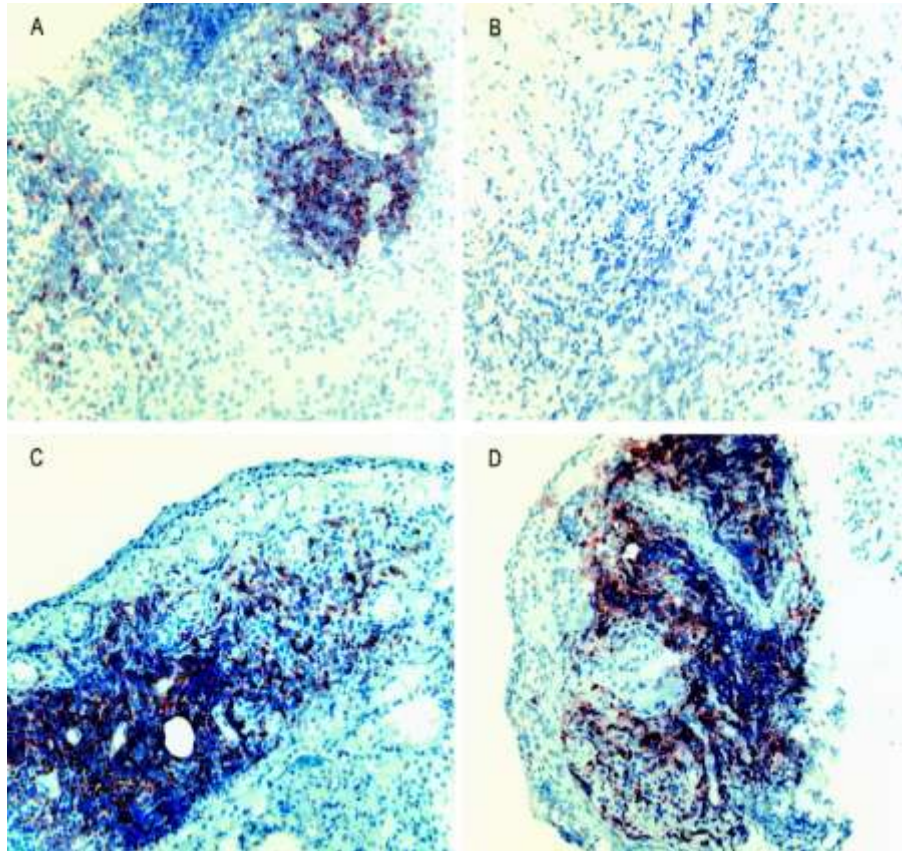
Complete Renal Response

Adjusted difference 13.4 percentage points
(95% CI 2.0 to 24.8); $p = 0.02$



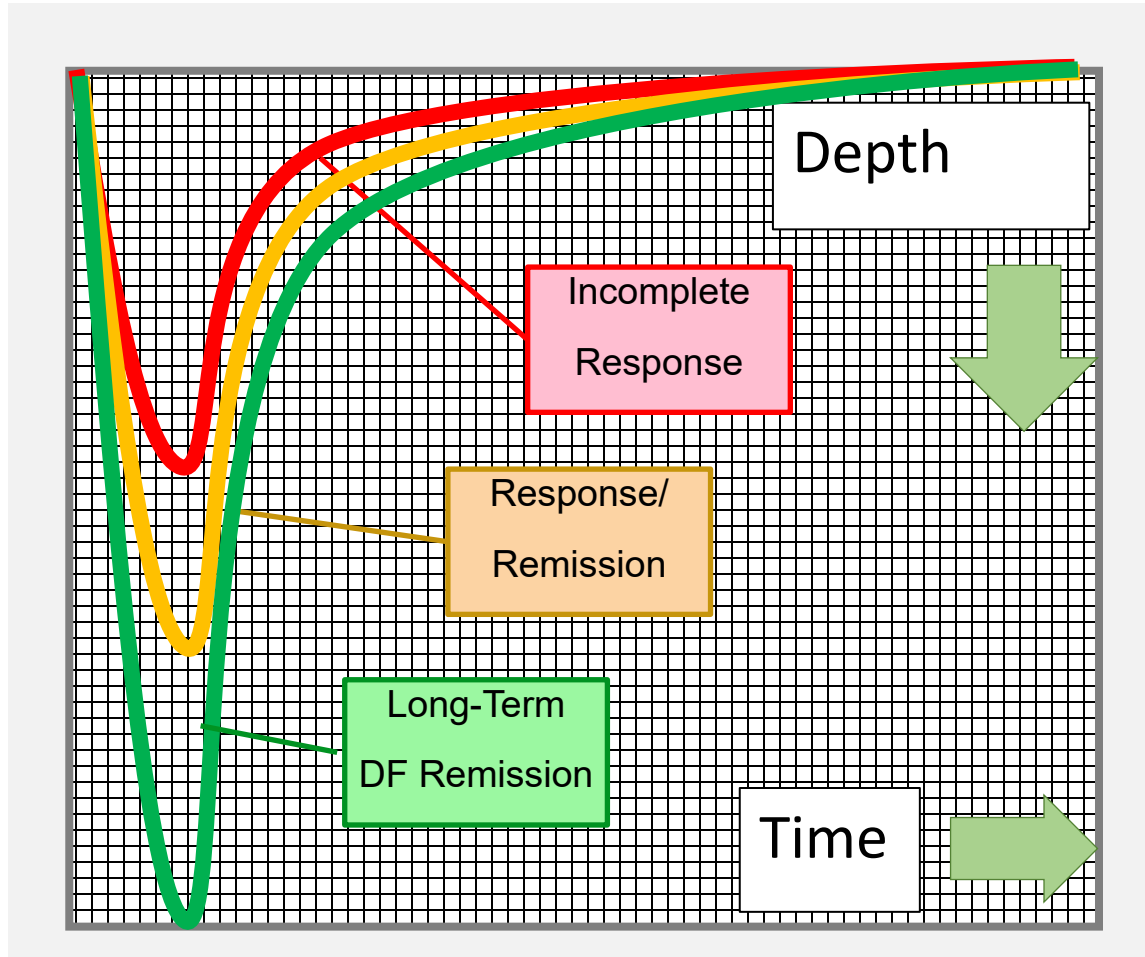
Data from the phase 3 REGENCY study

Limitation of B cell depletion via anti- CD20 Mab



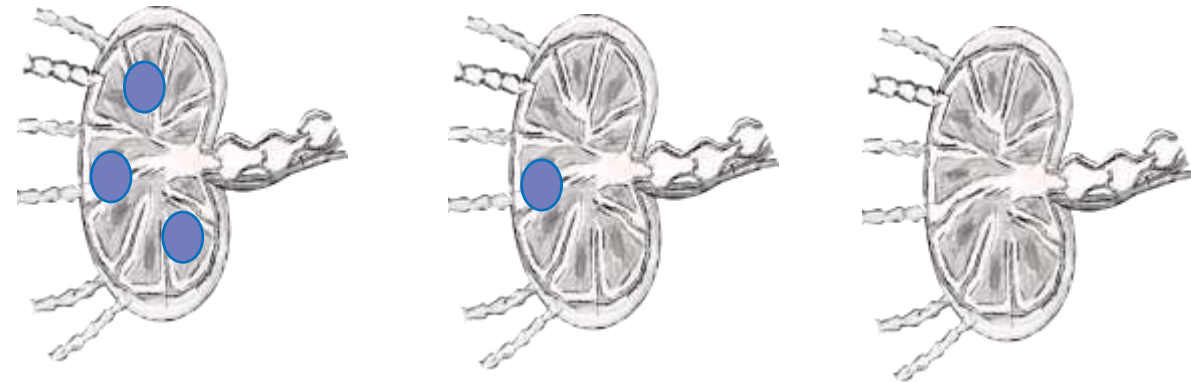
Analysis of synovial biopsies from RTX-treated patients with RA

Depth of B cell depletion in the tissue

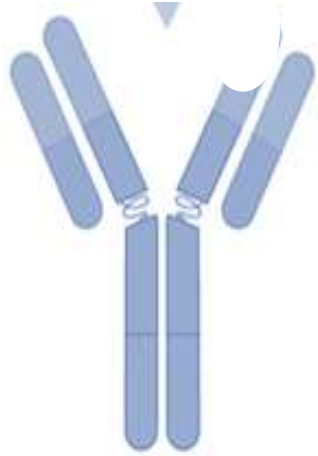


HYPOTHESIS

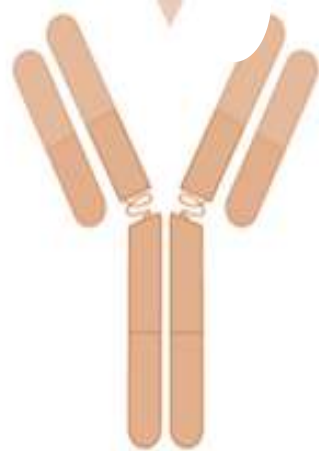
Long-term Drug-Free Remission of autoimmune disease may require deep B-cell depletion in the lymph nodes, which is not achieved by conventional B-cell depleting agents



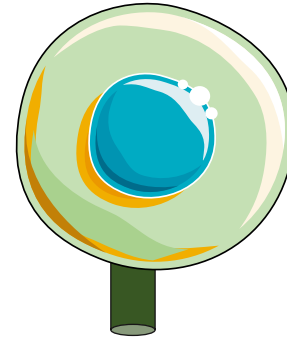
Taking biological principles of host defence as drugs



IgG antibody
against measles



IgG antibody
against CD20



Cytotoxic T cell



CAR T-cell

High specificity, no chemical toxicity

How do CAR T-cells work?

Recognition Process



“Good” Target Approach



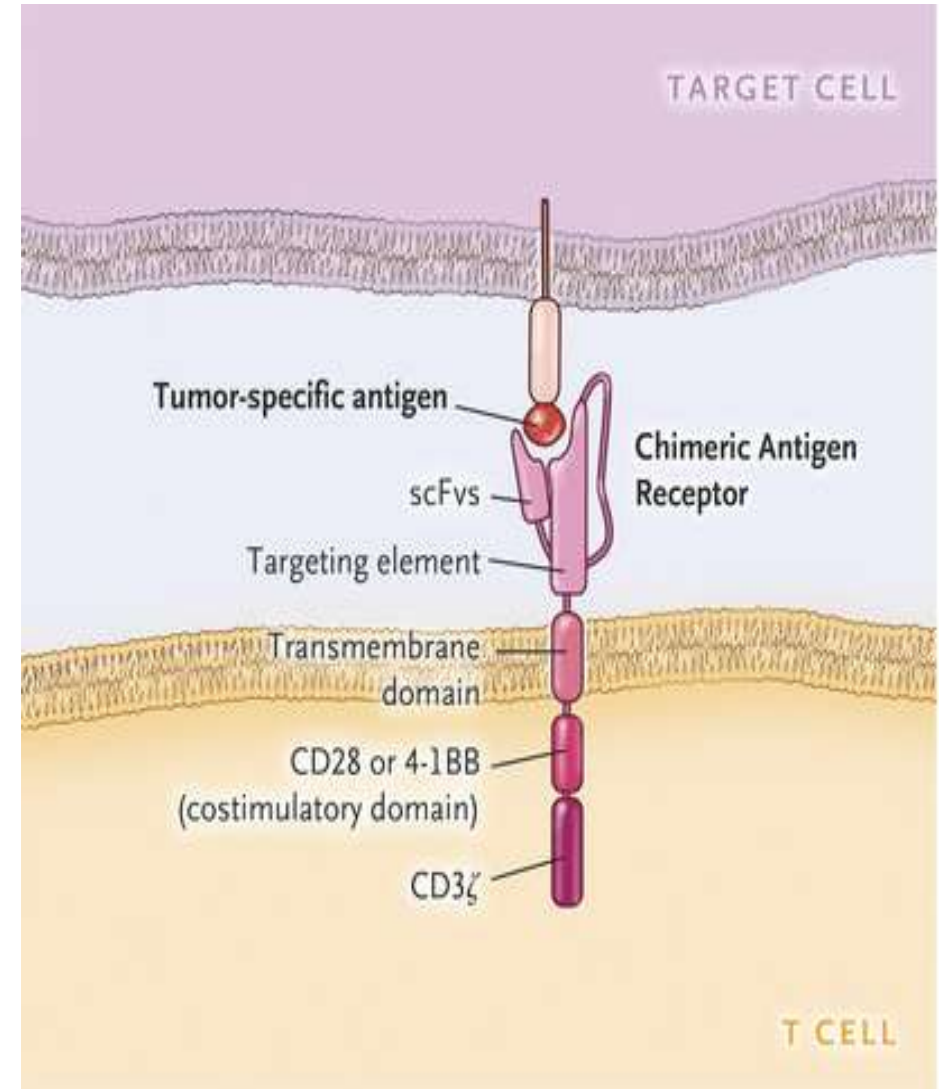
“Bad” Target Avoid



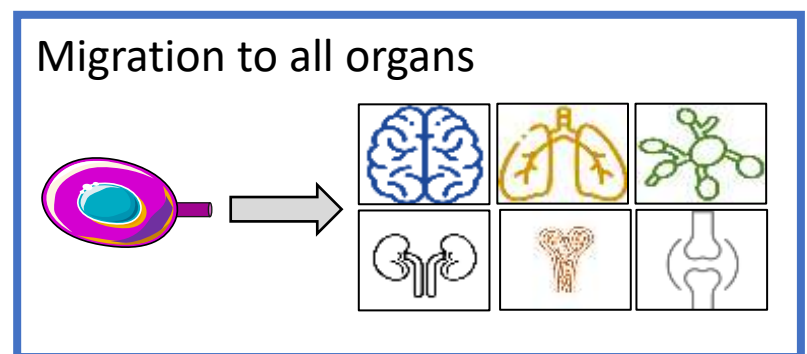
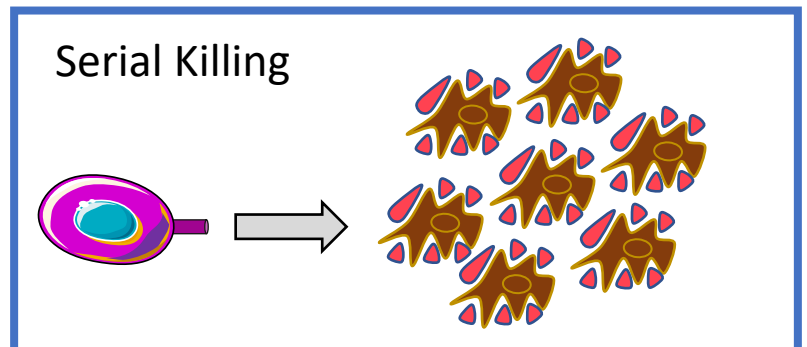
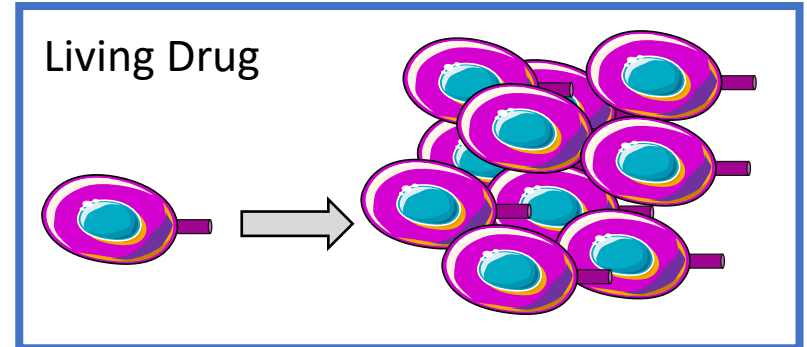
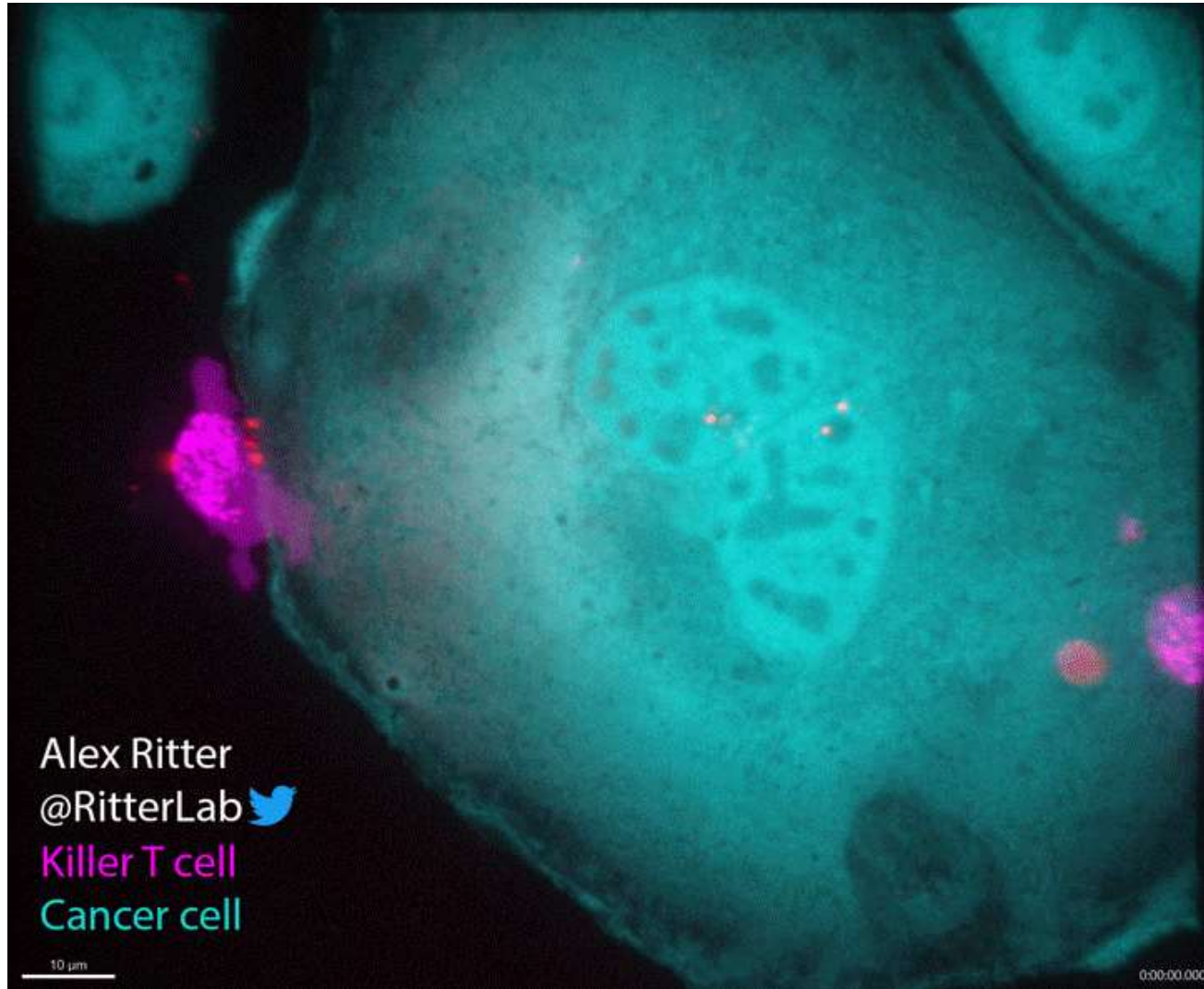
Activation Process



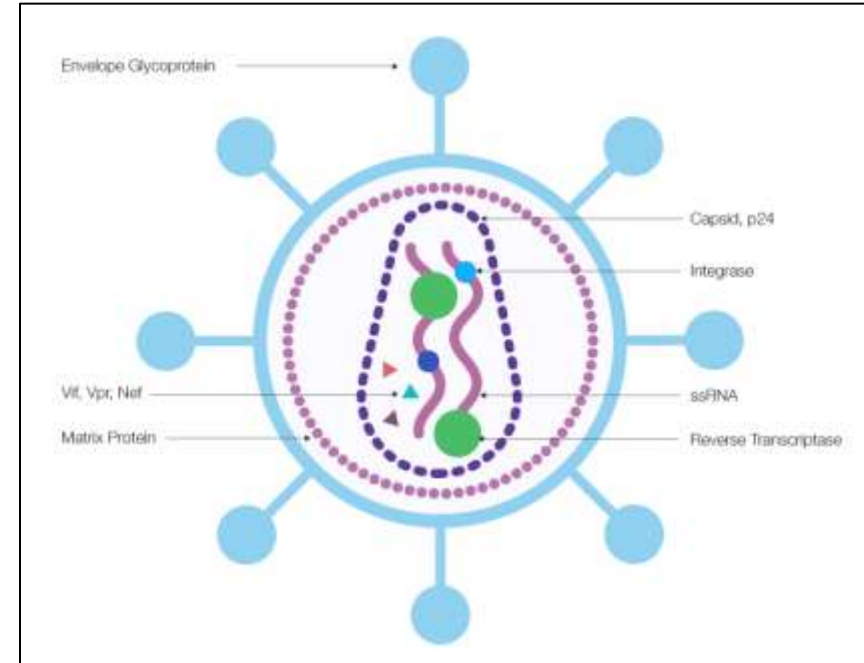
Kill the Target



CAR T-cells effectively kill target cells



A lentiviral vector brings the CAR to the T-cells



DNA Integration

The CAR is given from the mother to the daughter cell

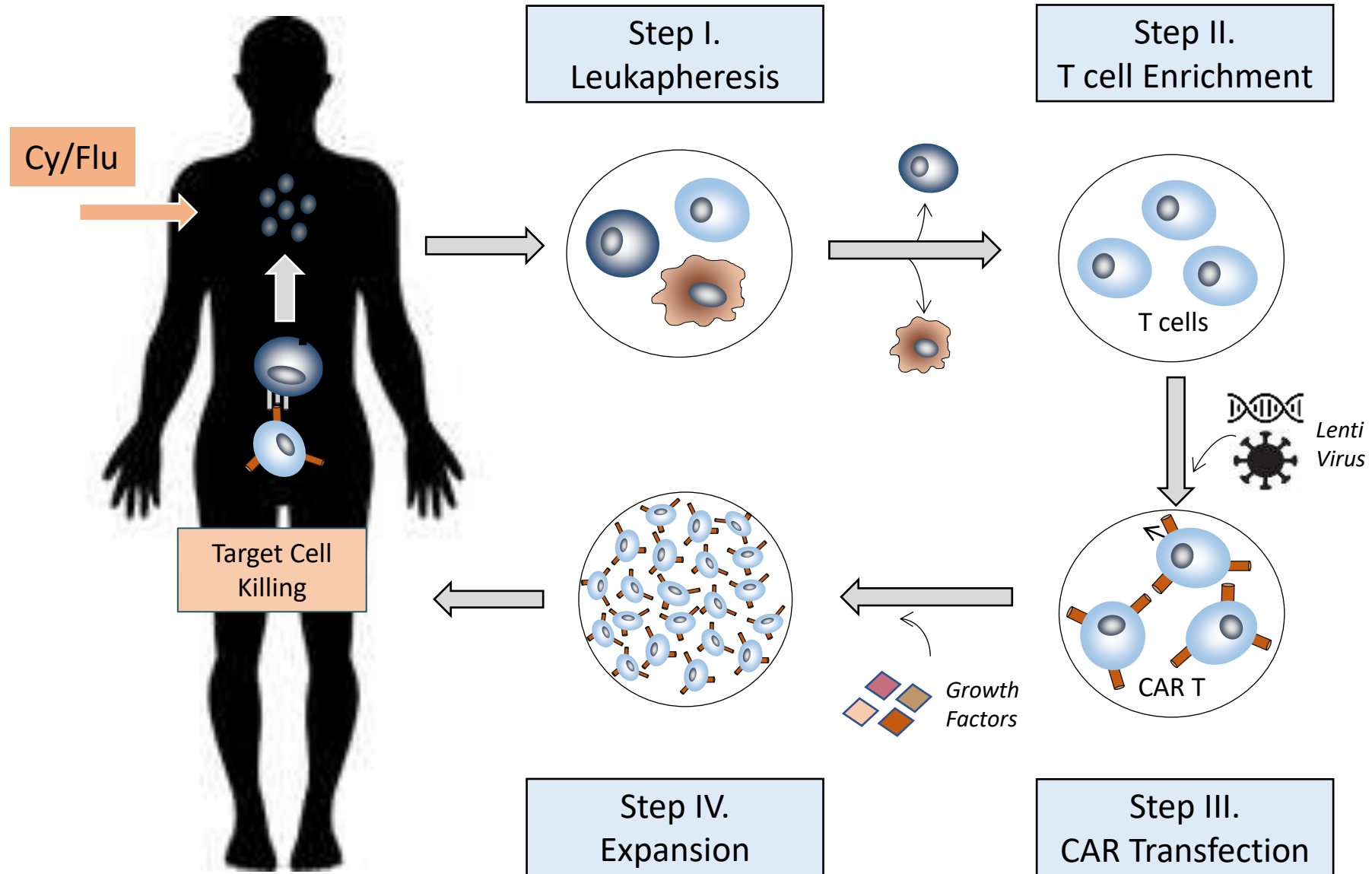
Broad Transfection:

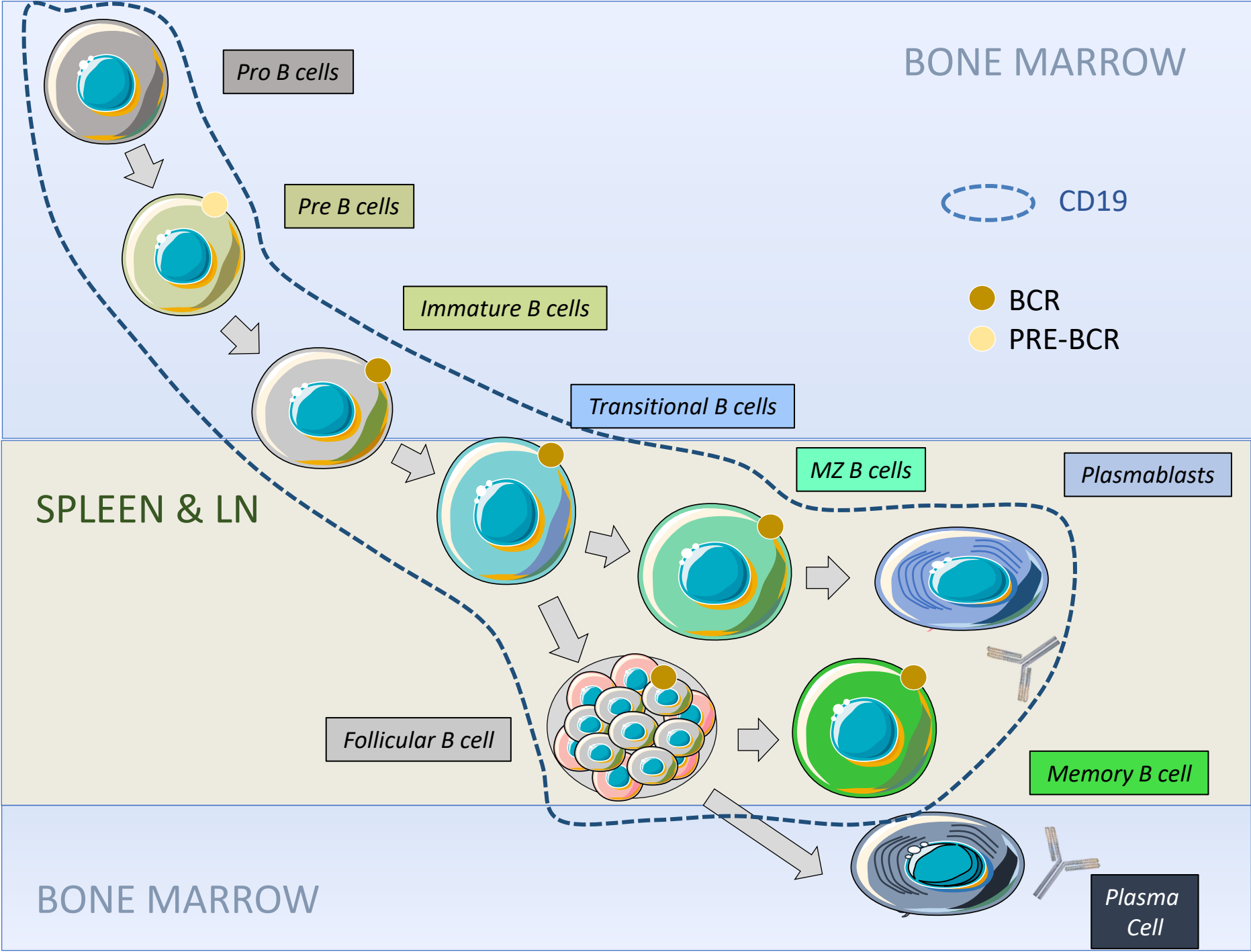
Transfection of dividing and resting cells

High Cargo Capacity:

8- bis 10.000 Bases

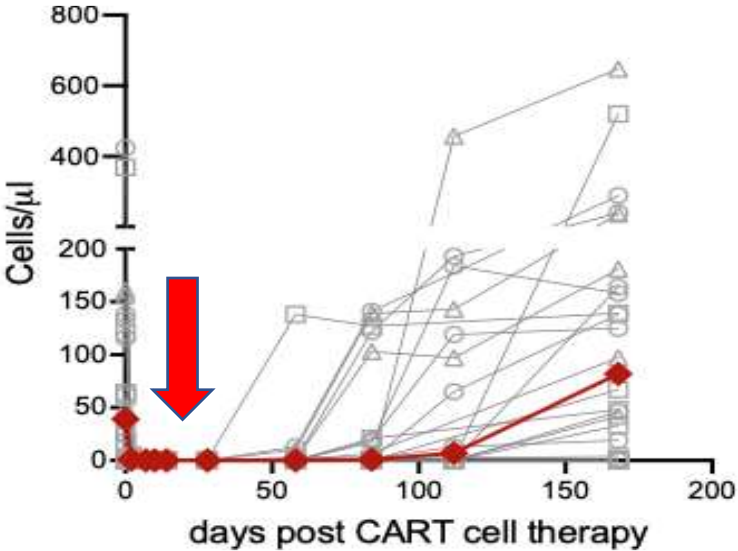
Procedure of autologous CAR T cell therapy





Complete B-cell depletion the blood and organs

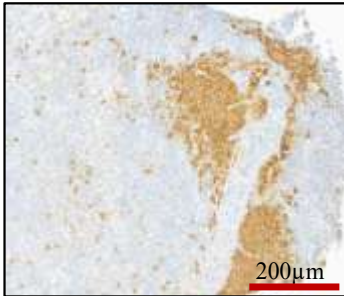
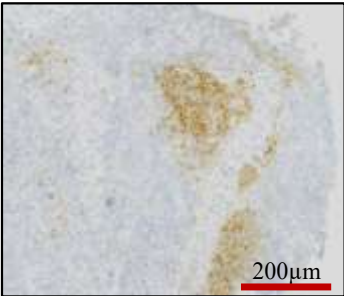
Short but complete B-cell depletion in the peripheral blood; Eradication of B-cells in the lymph nodes as a difficult-to-deplete compartment as well as full depletion in inner organs, even in the gut bearing large amounts of B-cells



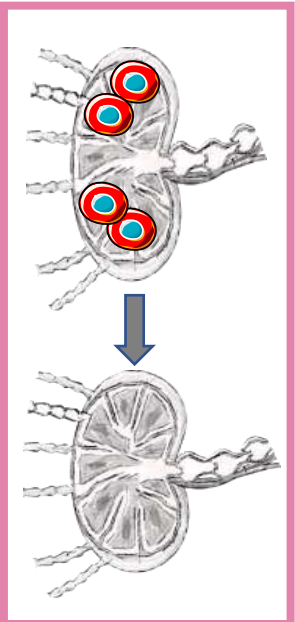
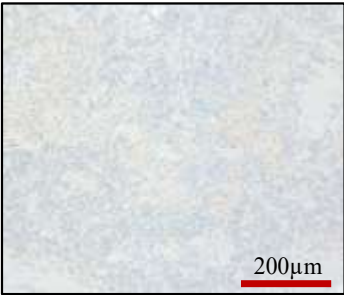
CD19+

CD20+

Before



After

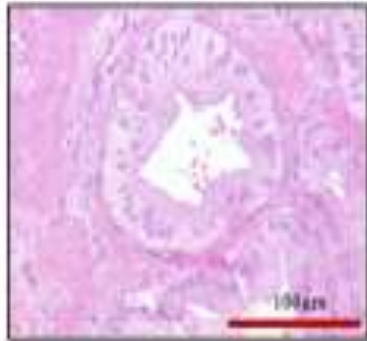
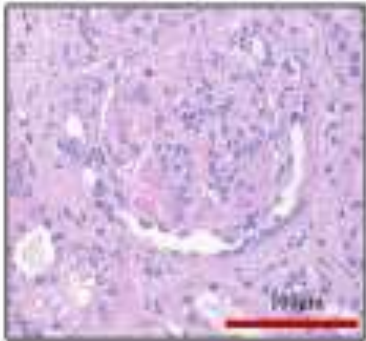
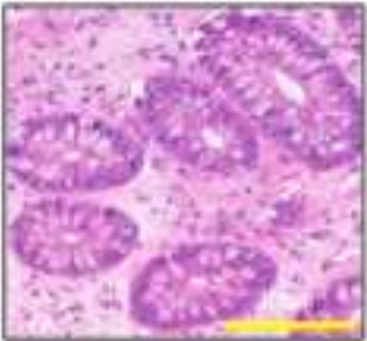


COLON

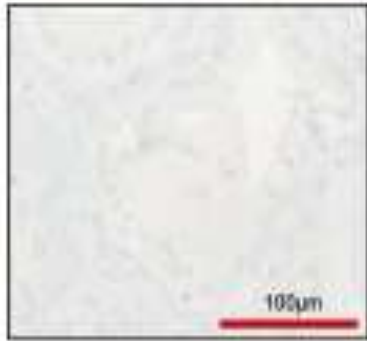
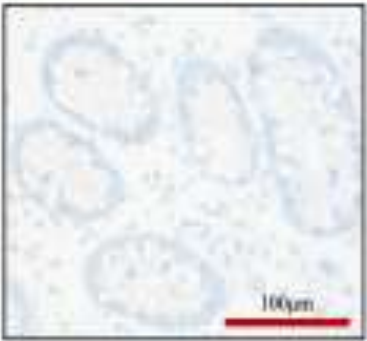
KIDNEY

GALLBLADDER

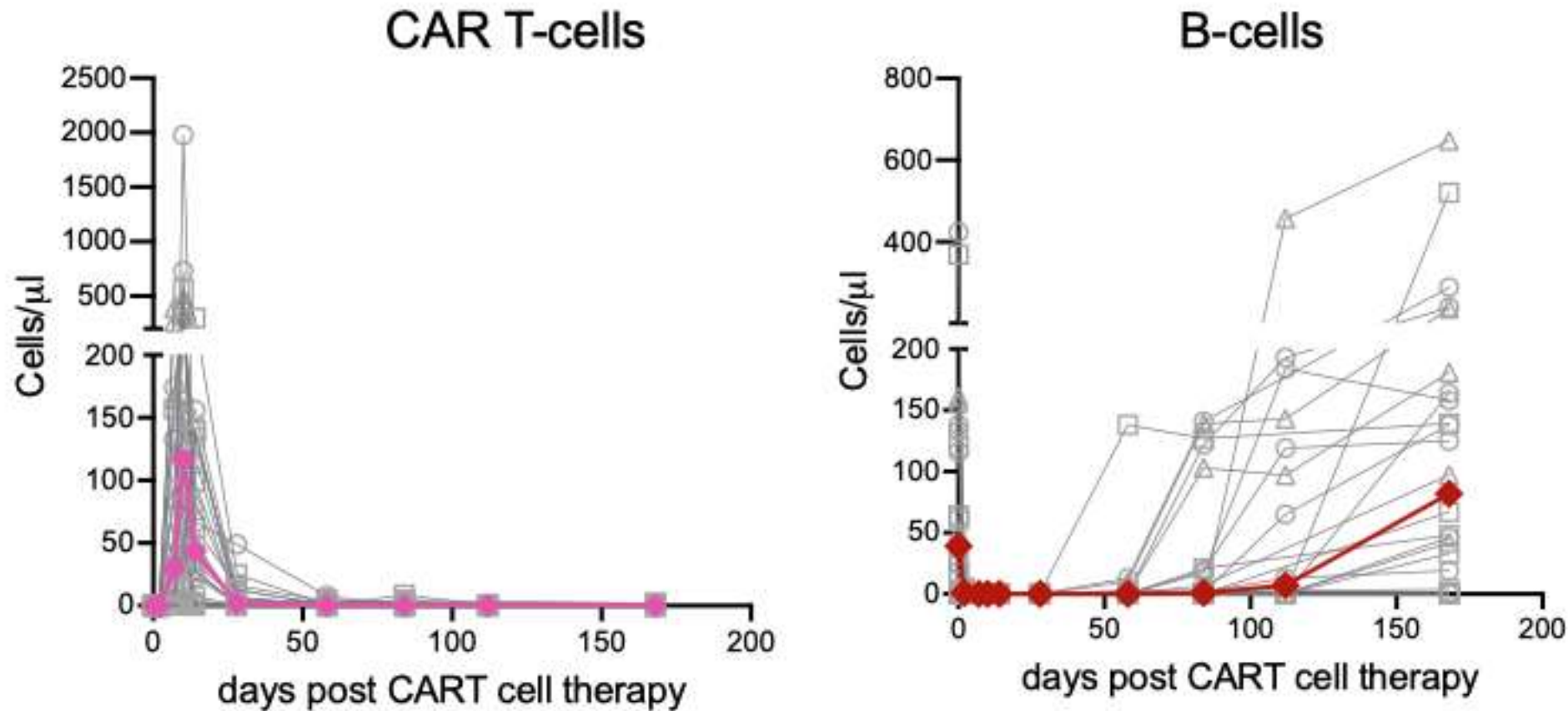
HE



CD19+

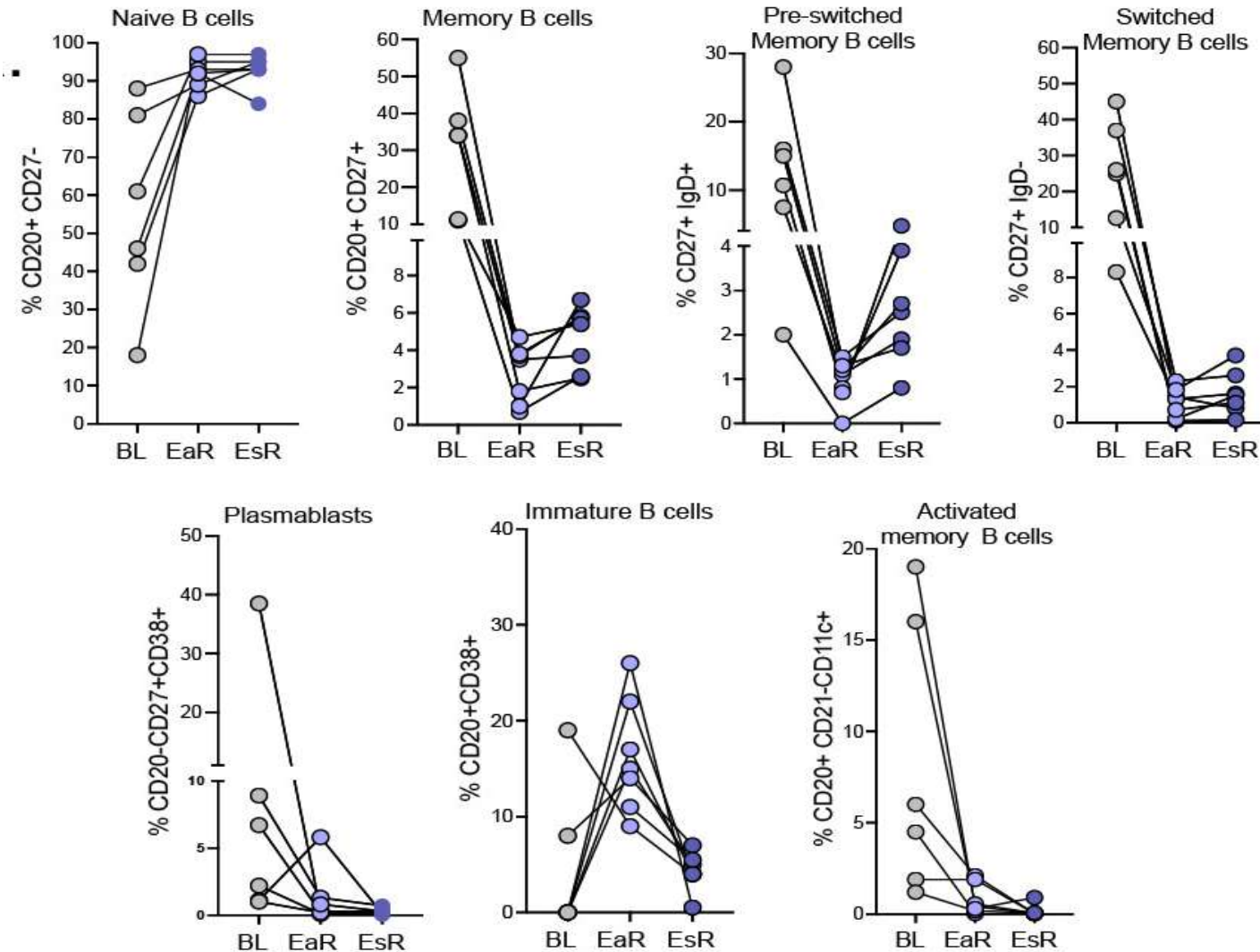


Insights from CASTLE study: Homogeneous dynamics of CAR T-cell expansion and B cell depletion

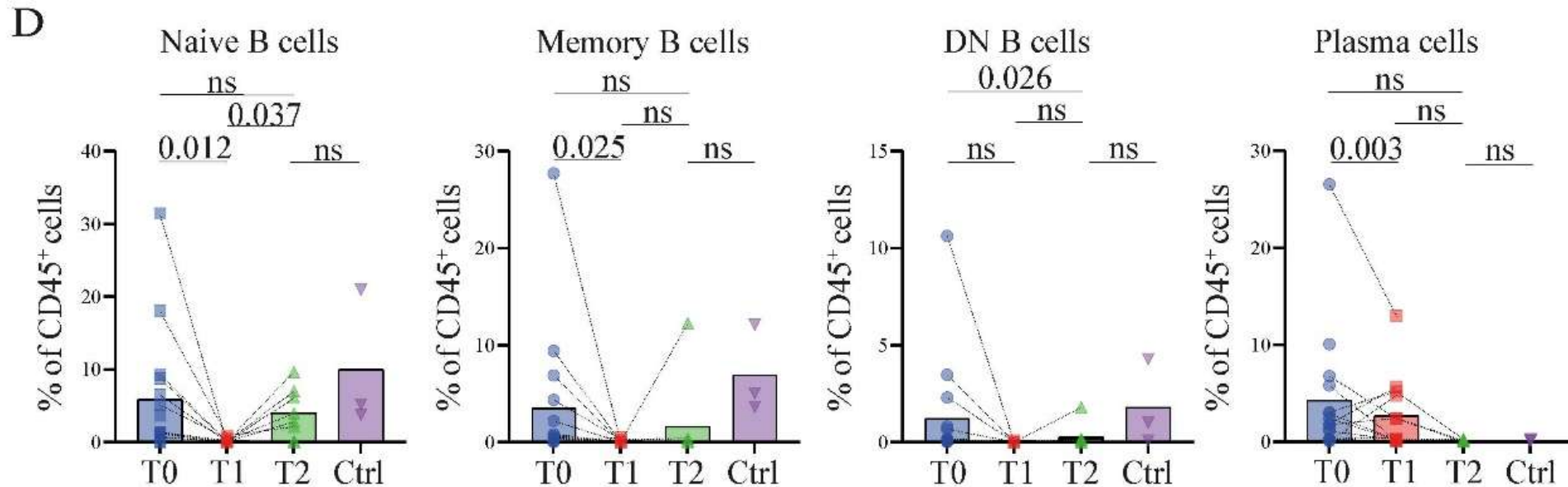
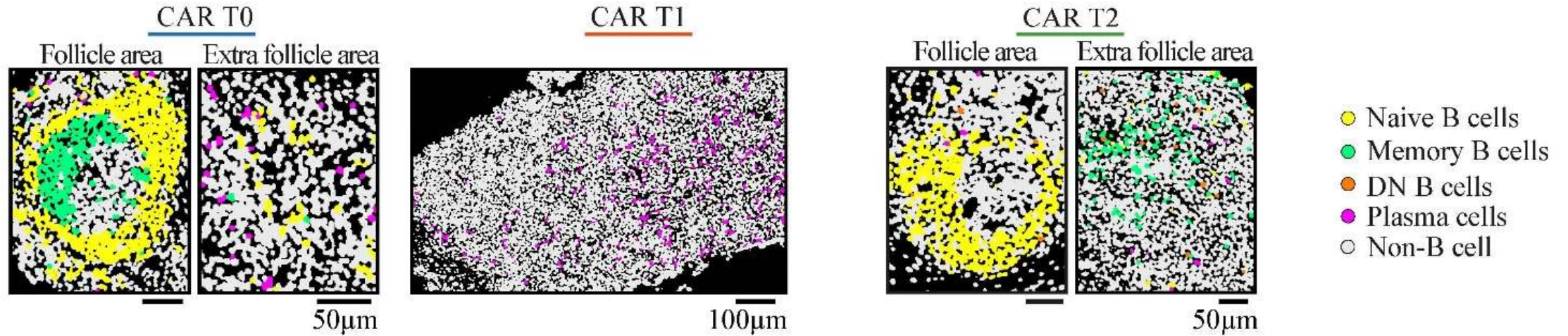


24 patients with autoimmune disease (10 SLE, 9 SSc and 5 IIM) receiving autologous CAR T-cell therapy with a second generation 4-1BB lentiviral vector and standard lymphodepletion

Analysis of memory B cells and plasmablasts in early and established reconstitution of B cells

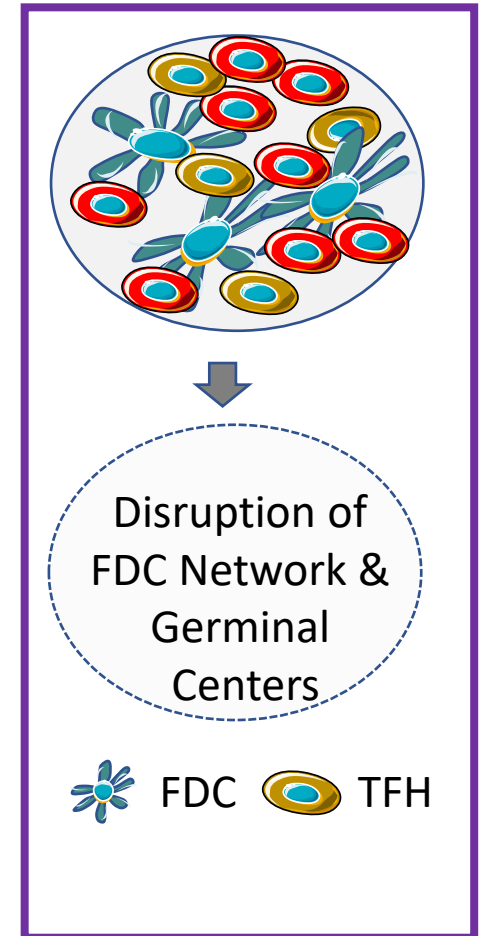
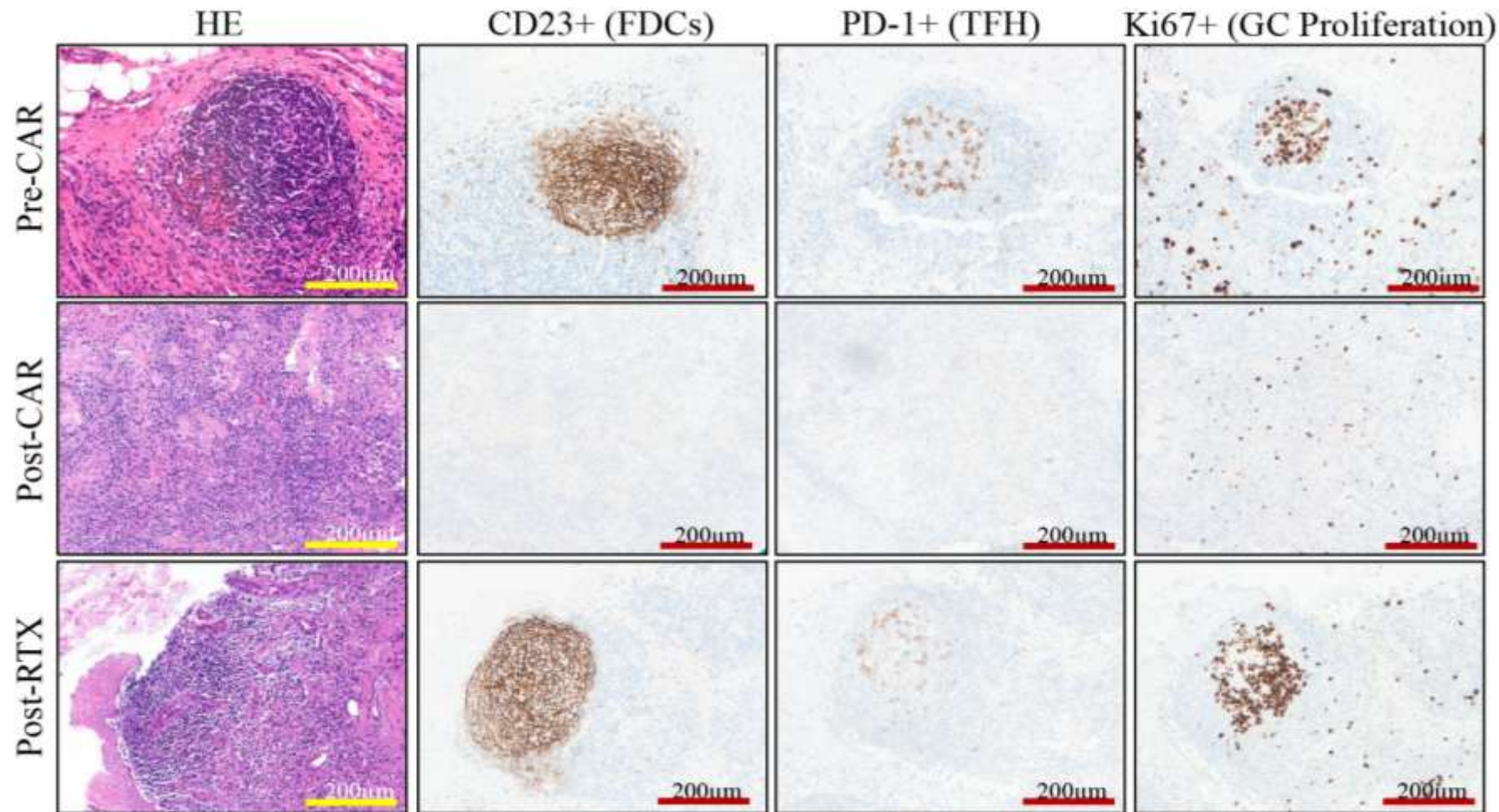


Re-establishment of a naïve B-cell compartment in LN after CAR T-cells



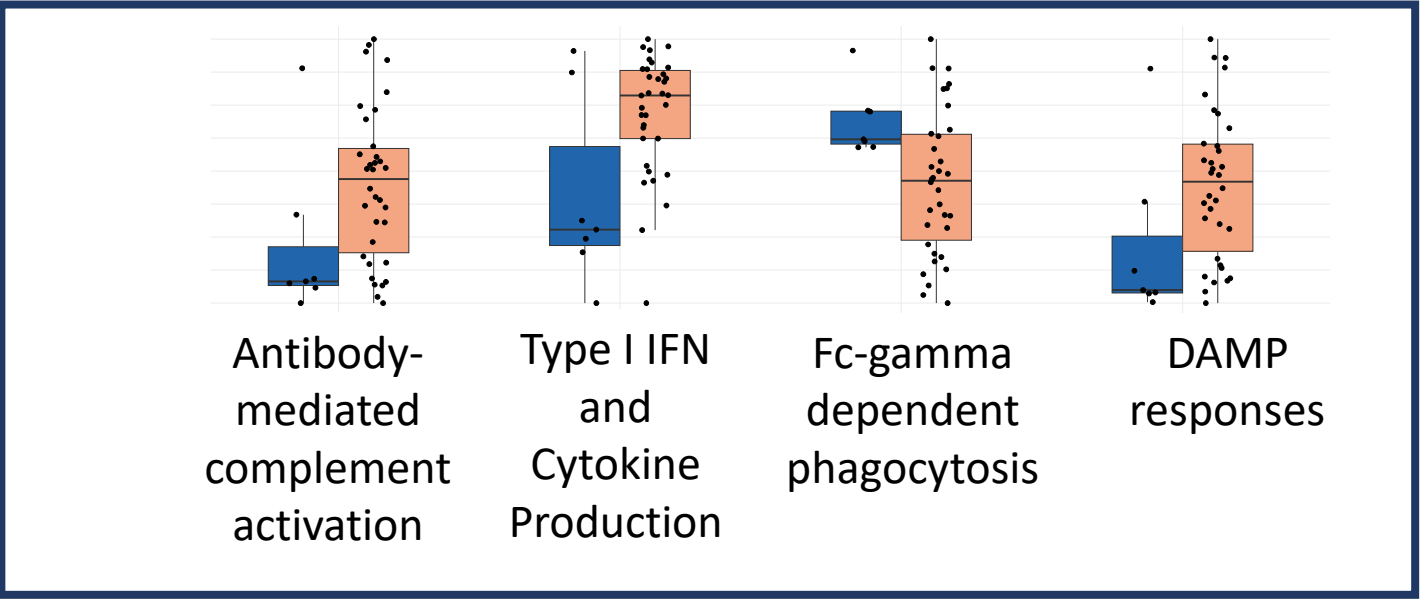
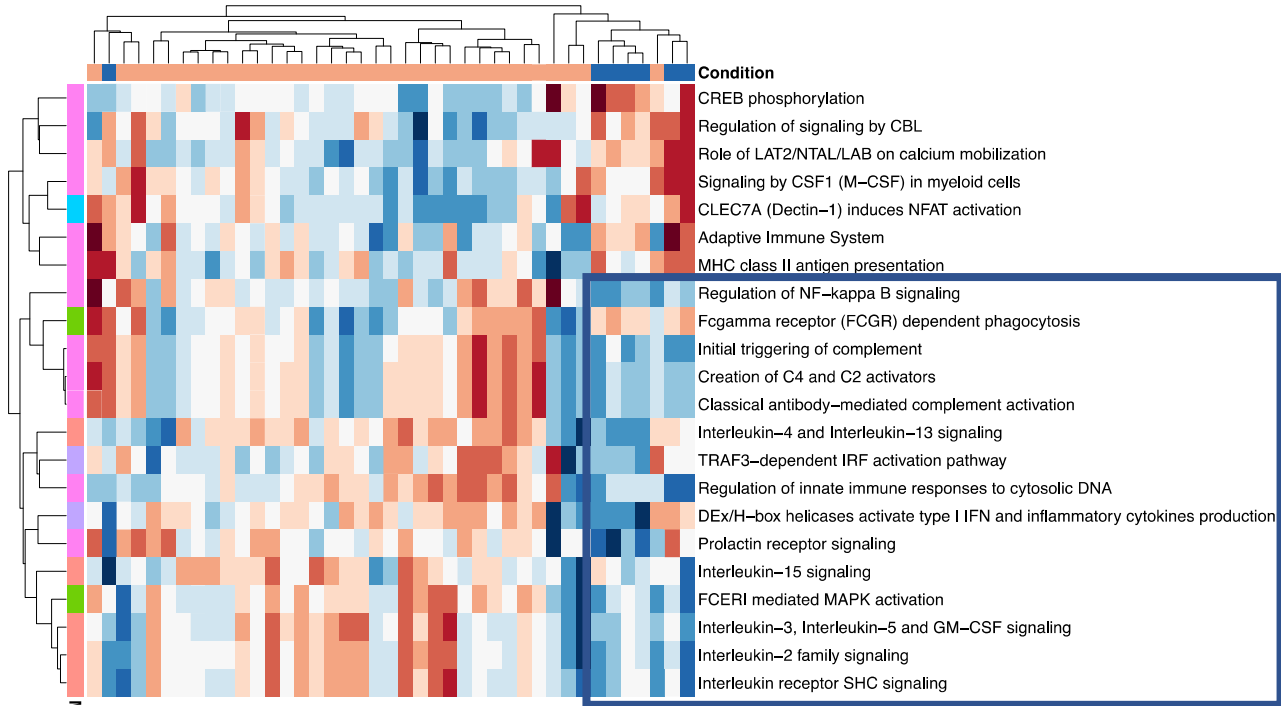
Mass cytometry based analysis and lymph nodes of SLE patients before and after CD19-CAR T-cell therapy

Disruption of germinal center in the lymph nodes



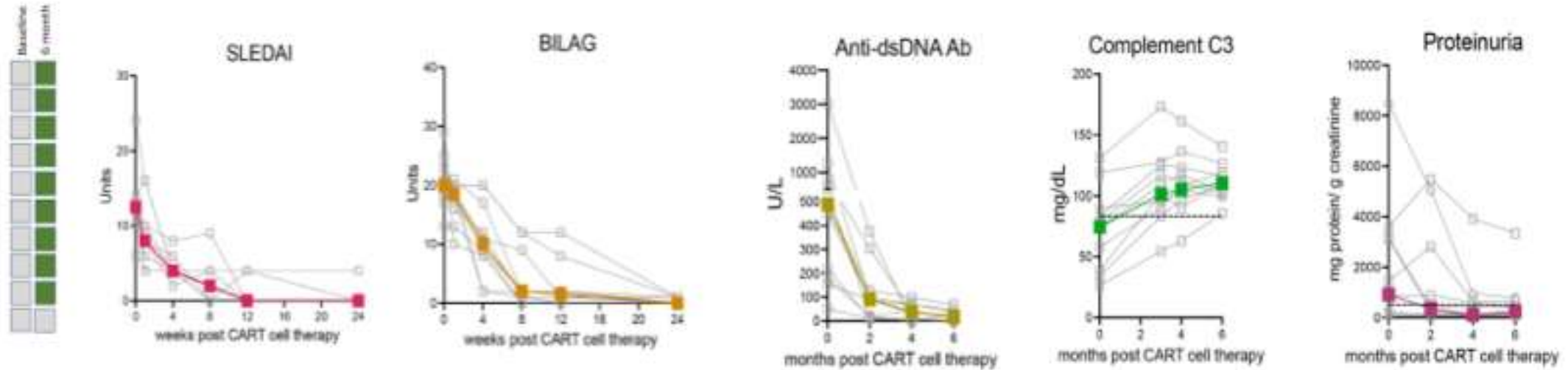
Deep and widespread downregulation of immune pathways after CAR T-cell therapy compared to standard immuno-suppression in SLE

Garantziotis P et al. Ann Rheum Dis 2025



High-level responses in Systemic Lupus Erythematosus

Consistent effects in all disease domains; induction of Remission



Baseline

6 months



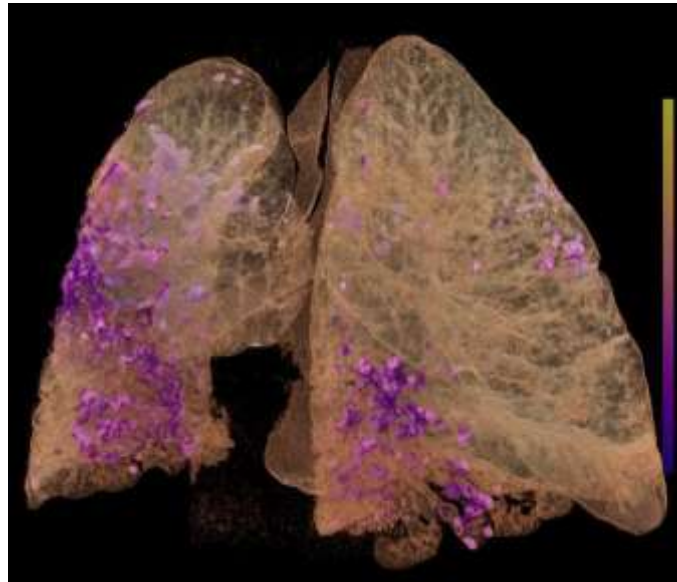
Baseline

6 months

Regression of fibroblast activation and clinical improvement in patients with systemic sclerosis



Baseline



6-months

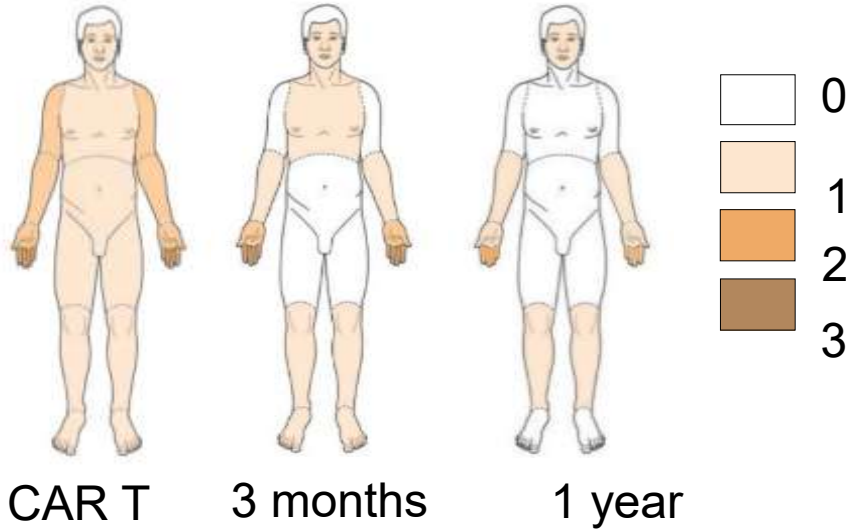
FVC improvement from 2.8 L to 3.2 L (+14,1%) =400 mL
 DLCO improvement from 4.2 to 5.4 mmol/(ml*kPa) (+29.5%)

	FVC 5%	mRSS	HAQ	PGA	PhyGA	CRISS 25 2/5	CRISS 25 3/5	CRISS 50 2/5	CRISS 50 3/5
Pat 1	Green	White	Light Green	White	Light Green	Green	Green	White	White
Pat 2	Green	Green	Green	Light Green	Green	Green	Green	Green	Green
Pat 3	Green	Green	Light Green	Green	Green	Green	Green	Green	Green
Pat 4	Green	Green	Green	White	Green	Green	Green	Green	Green
Pat 5	Green	Green	Green	White	Green	Green	Green	Green	Green
Pat 6	White	Light Green	White	Green	Green	Green	Green	Green	White
Pat 7	Green	White	Green	White	Green	Green	Green	Green	Green
Pat 8	Green	Green	Light Green	Green	Green	Green	Green	Green	Green
Pat 9	Green	Light Green	Green	Green	Green	Green	Green	Green	Green

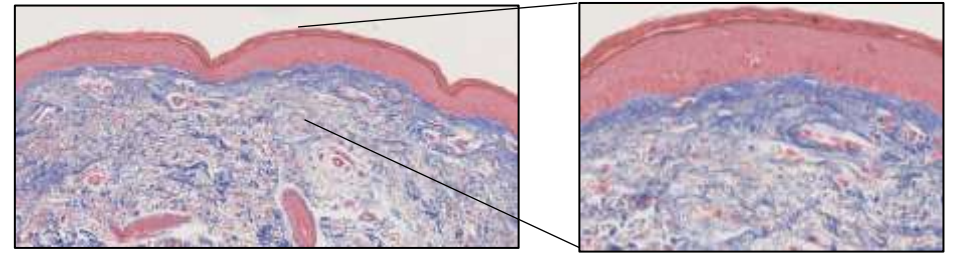
Responses in systemic sclerosis with CAR-T cells

Improvement in mRSS and partial restoration of the skin papillae

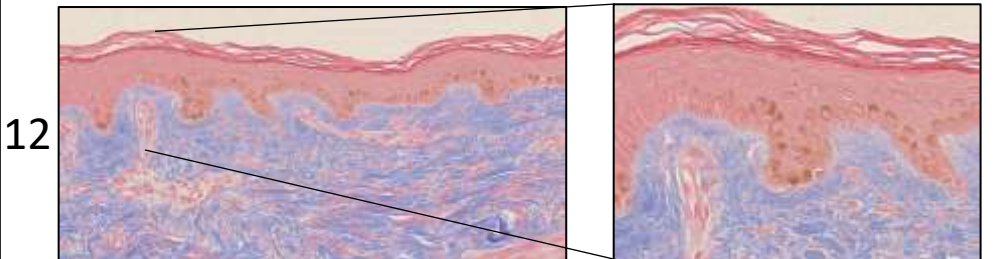
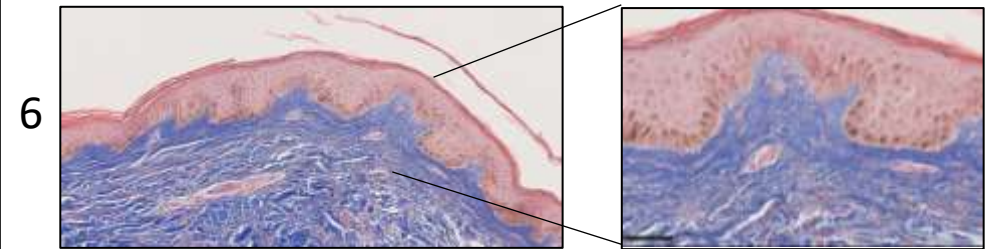
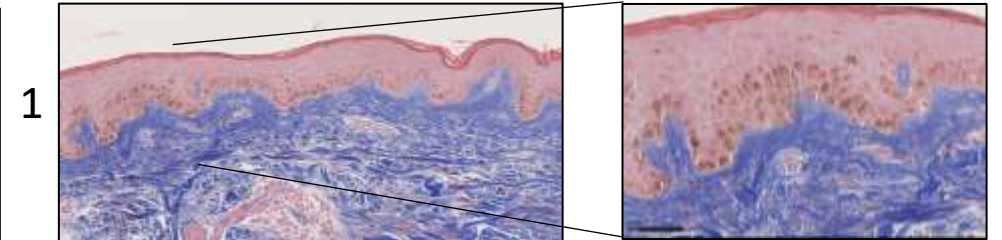
mRSS



Pre CAR T



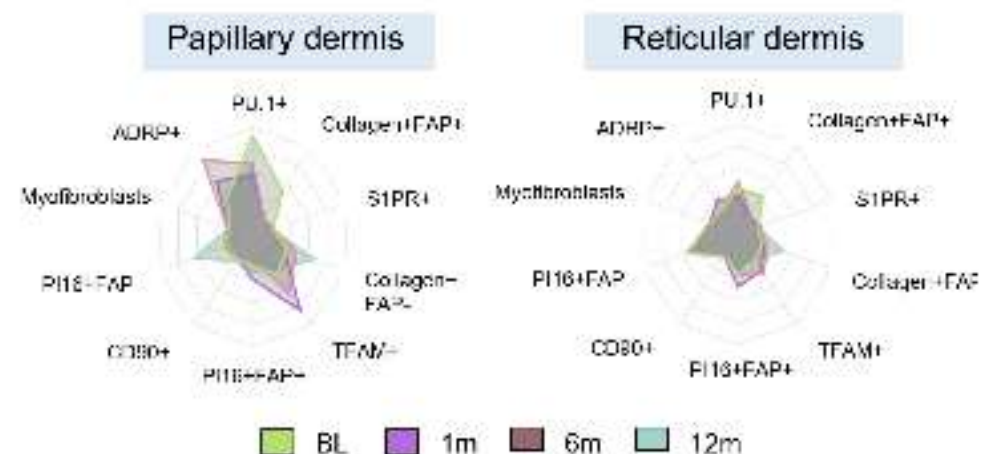
Months Follow Up



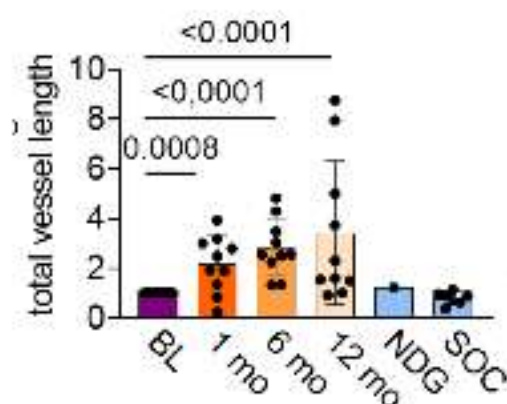
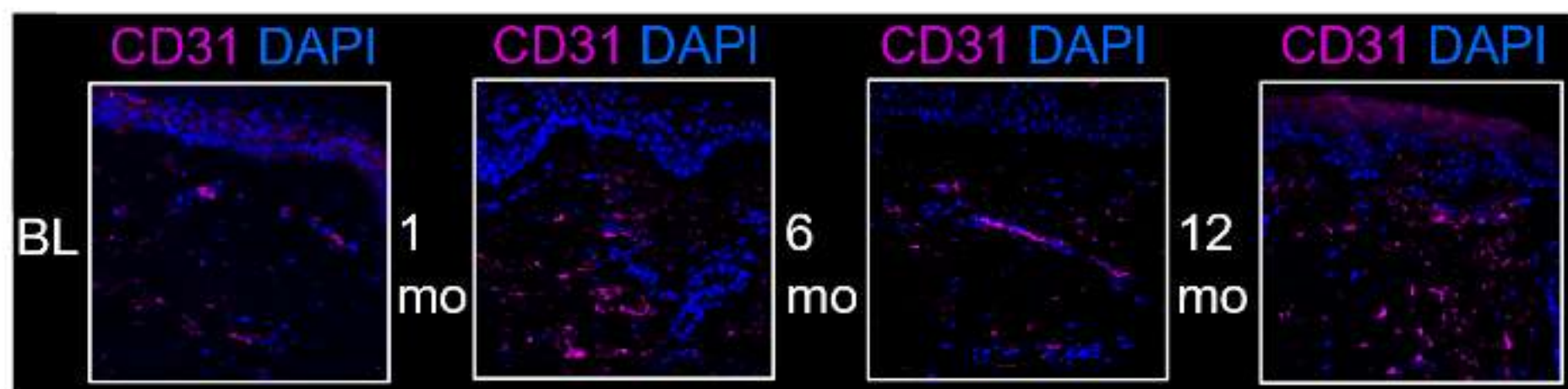
Digital ulcerations



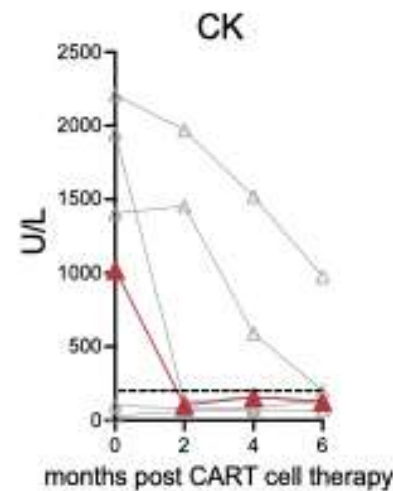
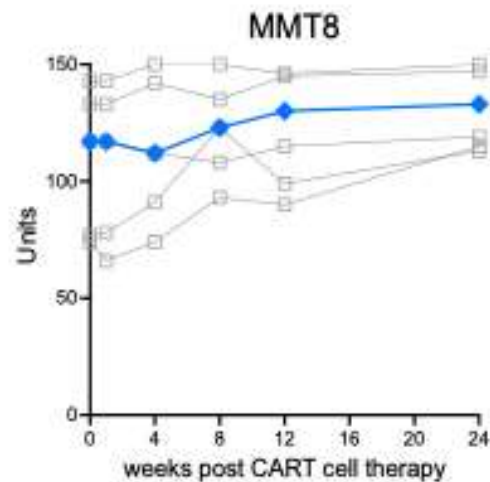
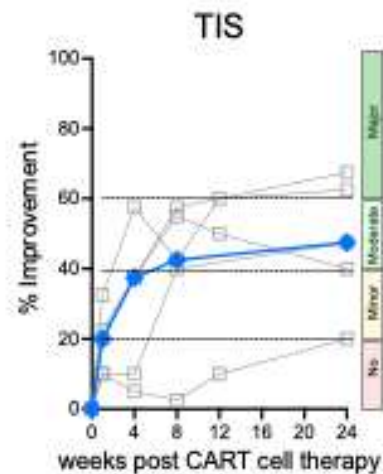
Molecular remodeling of the skin after CAR-T cells



Change of the fibroblast landscape towards a regulatory non-matrix producing phenotype especially in the papillary dermis; Increase of blood vessels in the dermis with reconstruction of papillary structure



Responses in Idiopathic Inflammatory Myositis



Effects of on main outcomes in IIM

1 Jo-1+, 1 MI-2 + 2 HMG-CoAR +, 1 MDA5+

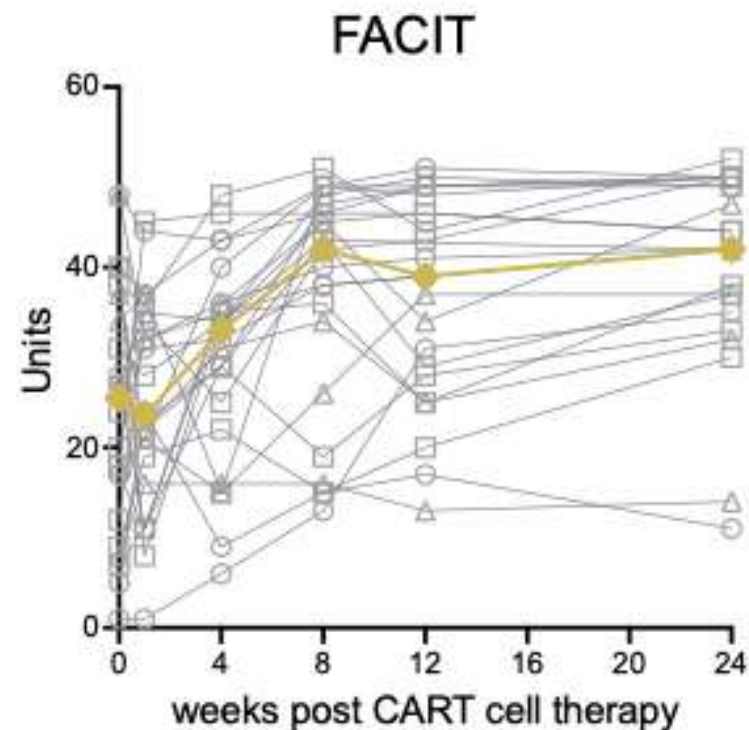
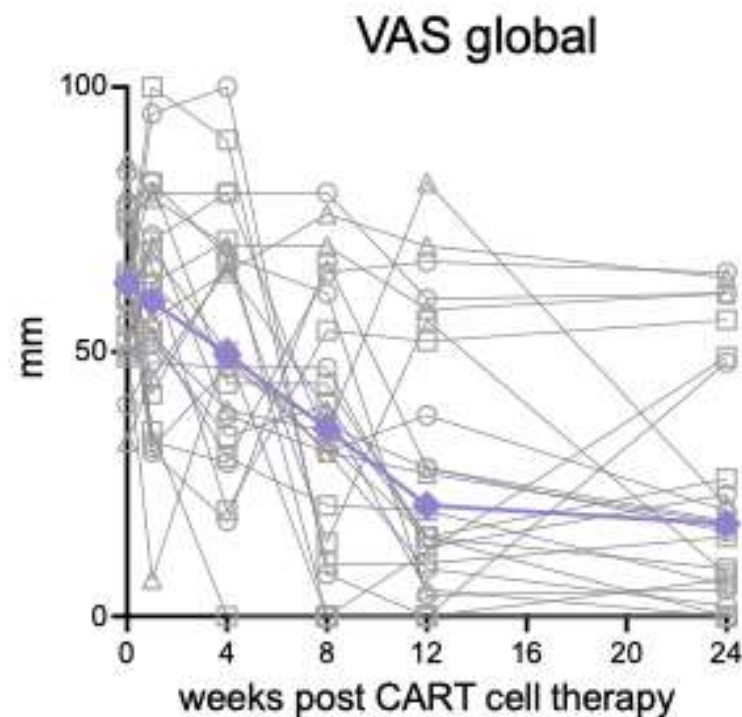
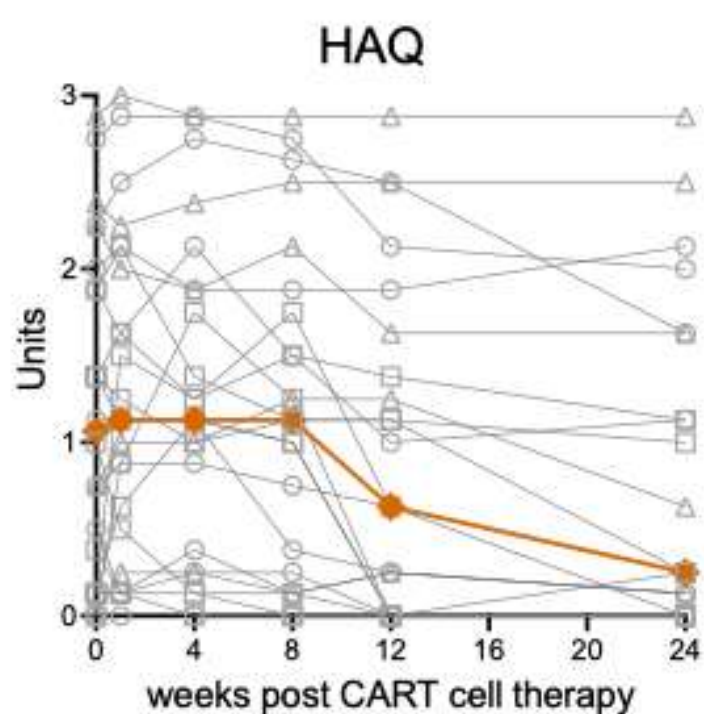


Before

After

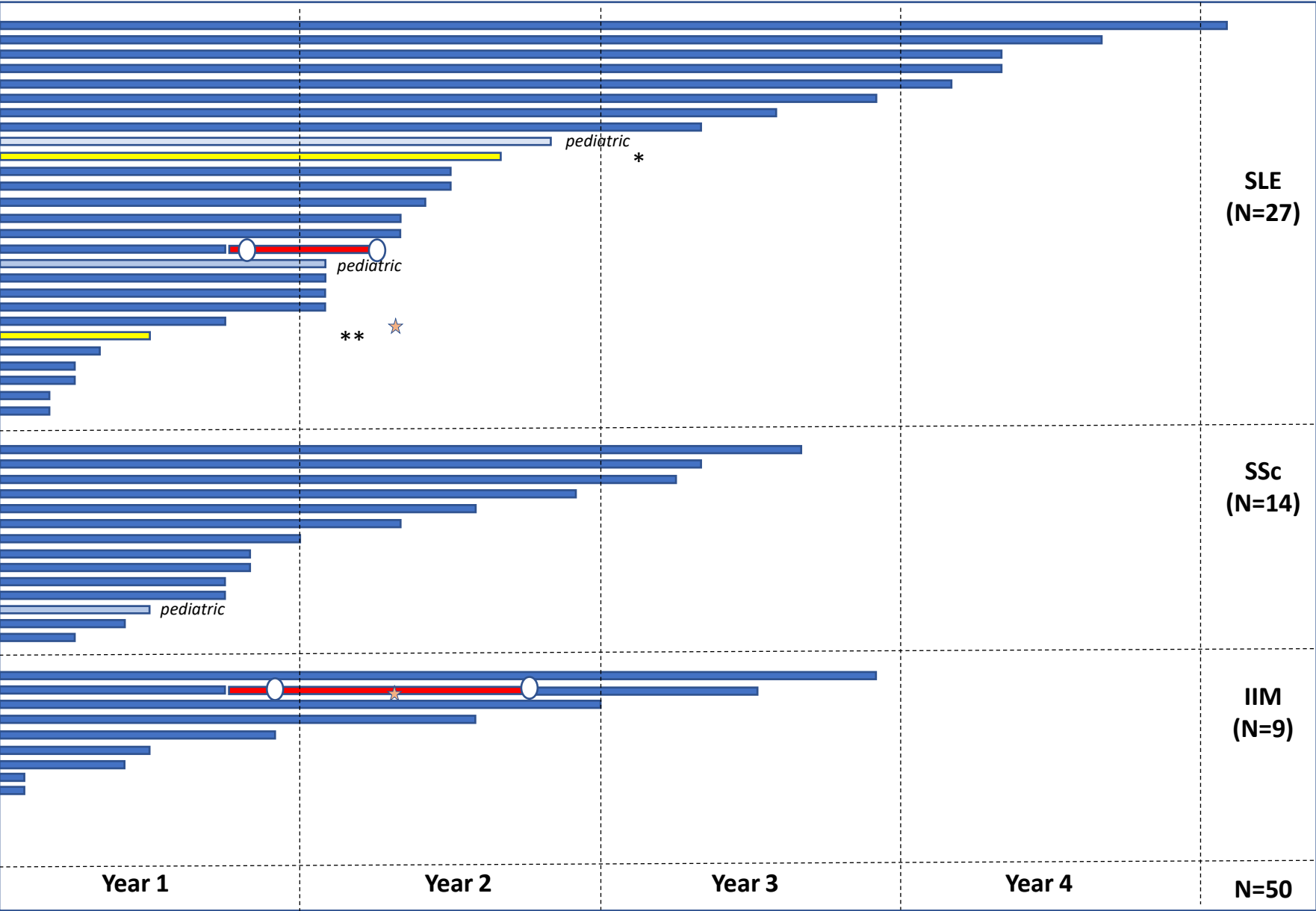
FAPI-PET based “staging” of IIM and effects of CAR T cells

Improvement of function, life quality and fatigue



24 patients with autoimmune disease (10 SLE, 9 SSc and 5 IIM) receiving autologous CAR T-cell therapy with a second-generation 4-1BB lentiviral vector and standard lymphodepletion

Long-Term Effects in a nutshell

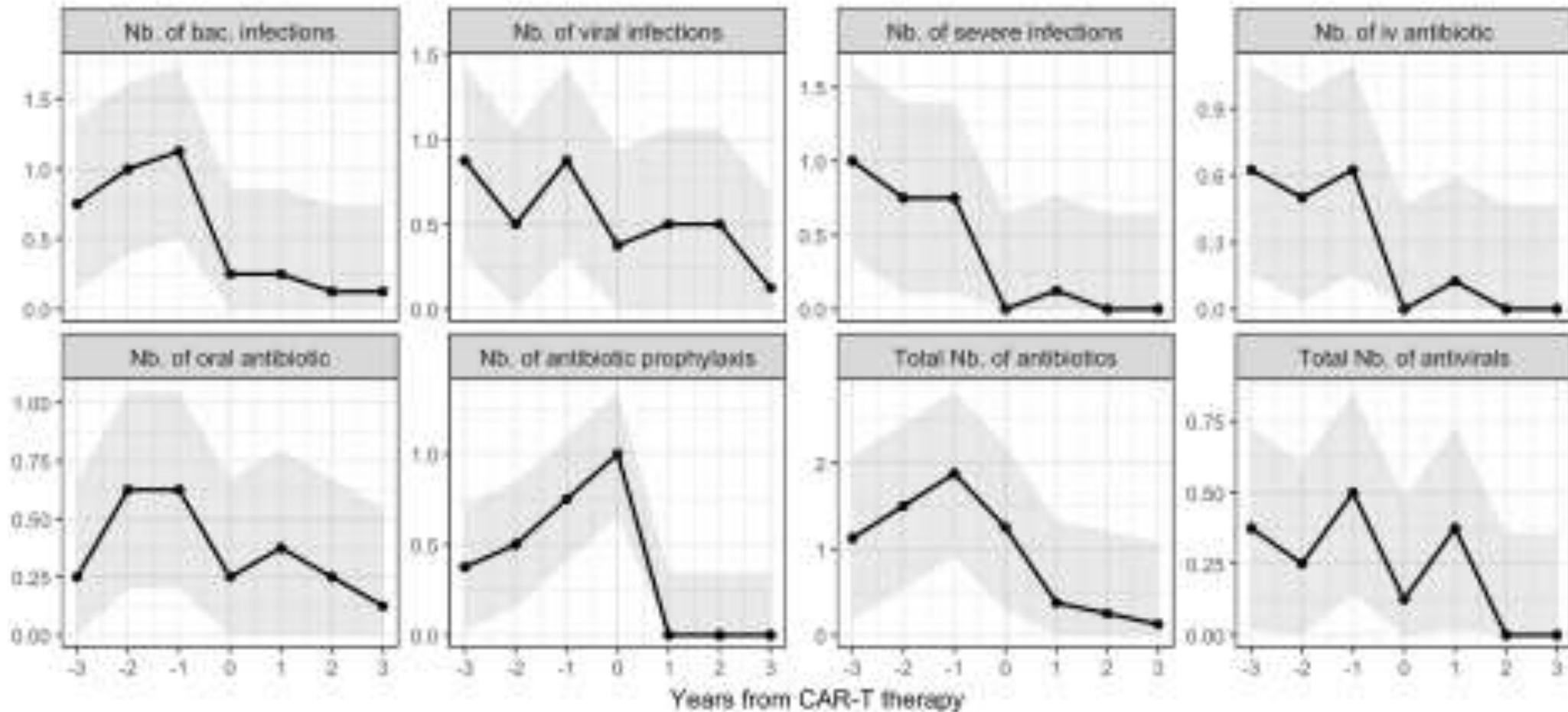


50 patients
72,5 patient years

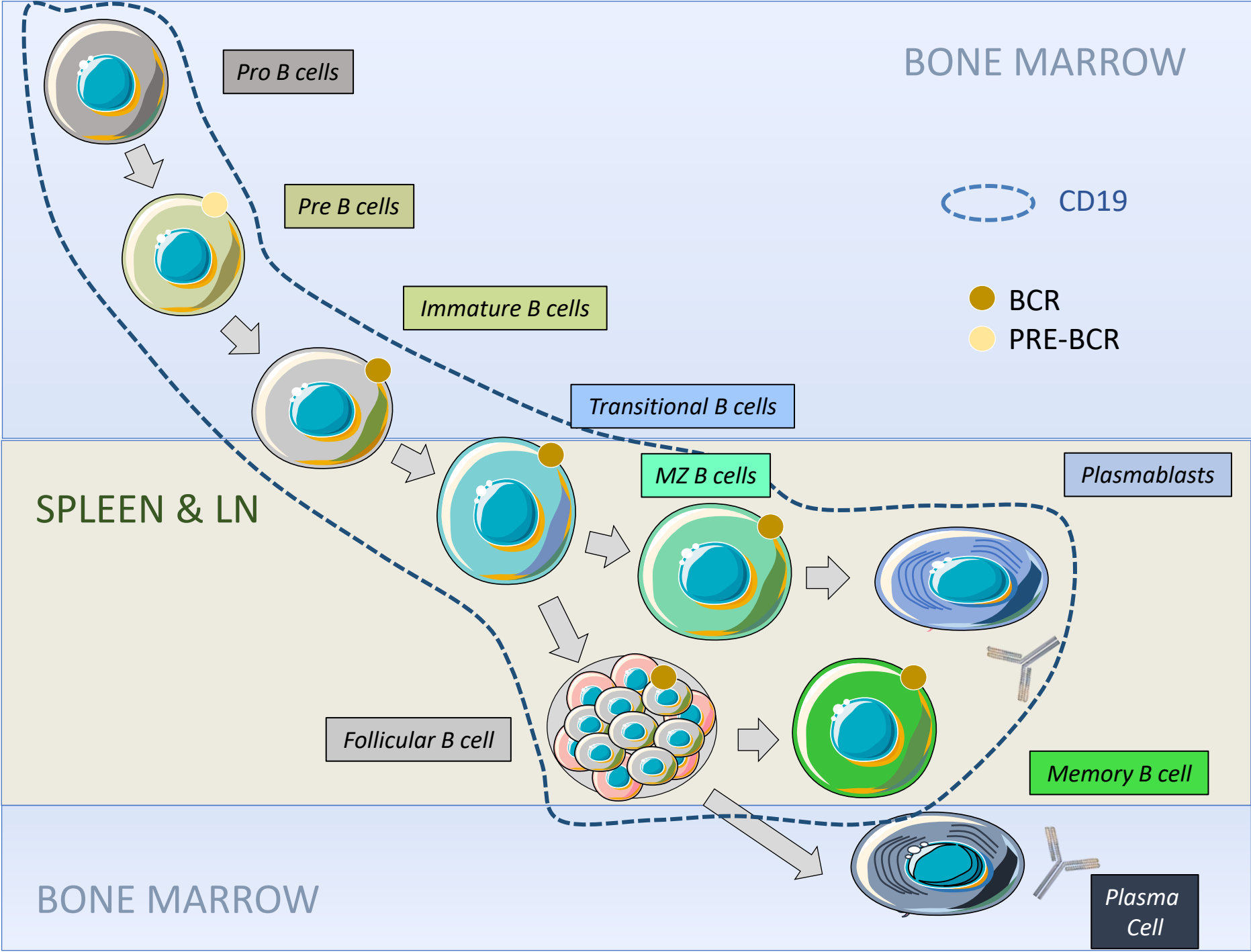
- 0 deaths
- 2 relapses
- 96% off drugs
- 92% in remission (SLE, IIM) or no progress (SSc)

*SLE:renal damage due to thombotic microangiotahy
**SLE: transverse myelitis (so far not improved)

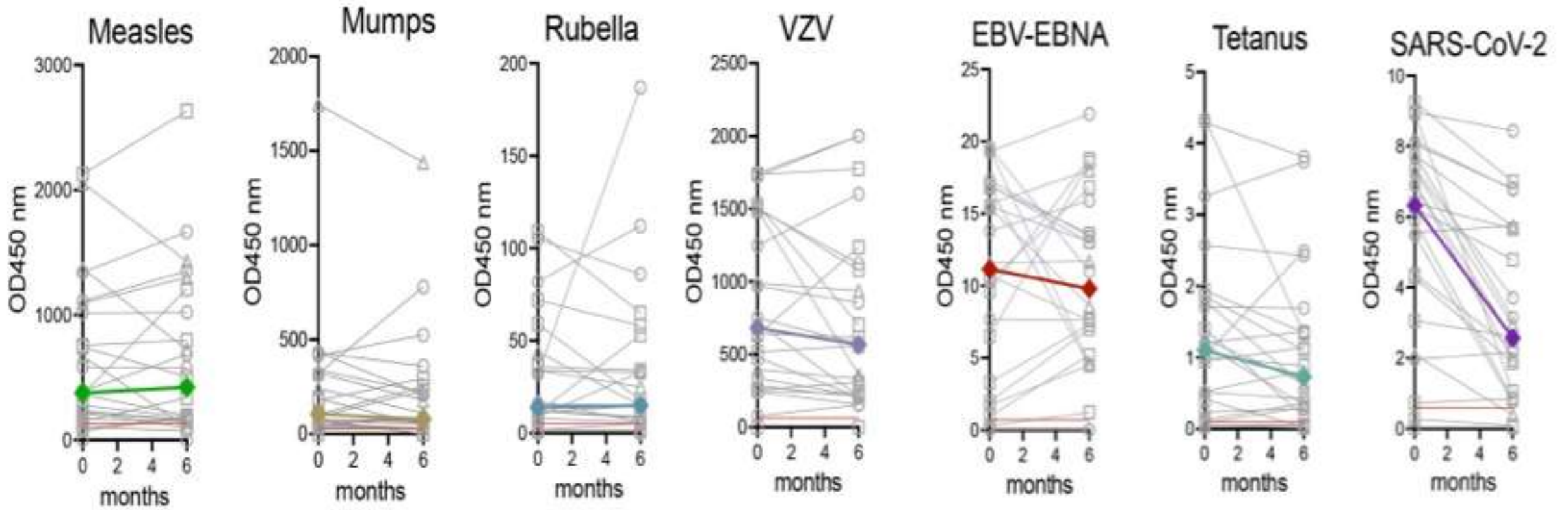
Sustained decrease in infection rates after CAR T-cell therapy



Data from 8 SLE patients with >3 years drug-free remission

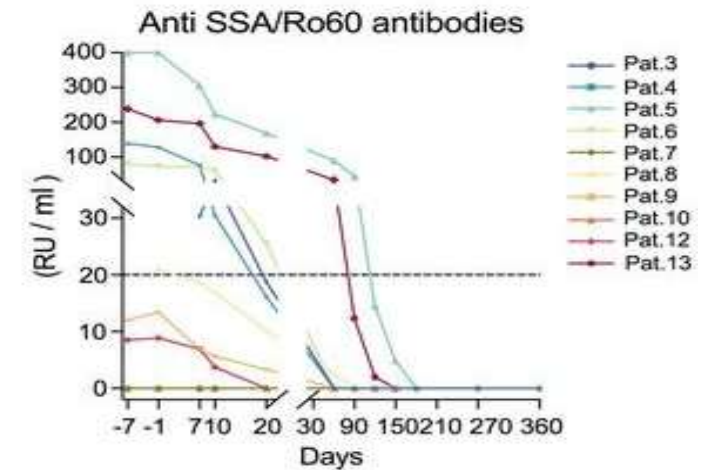
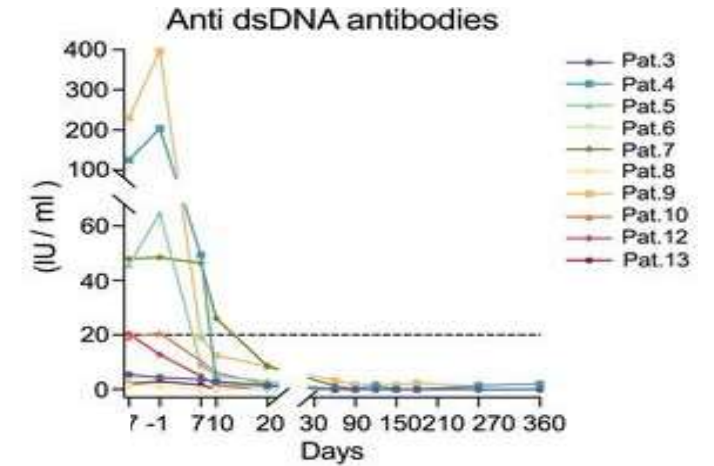
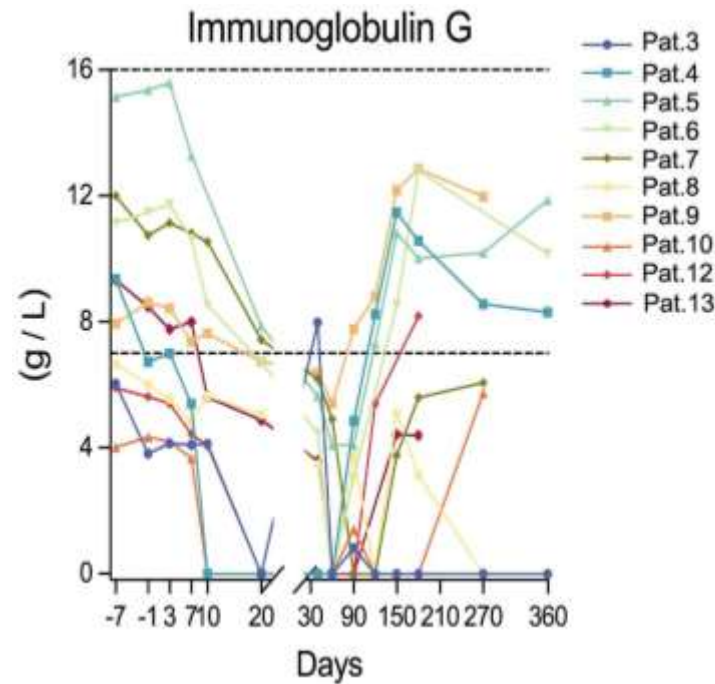
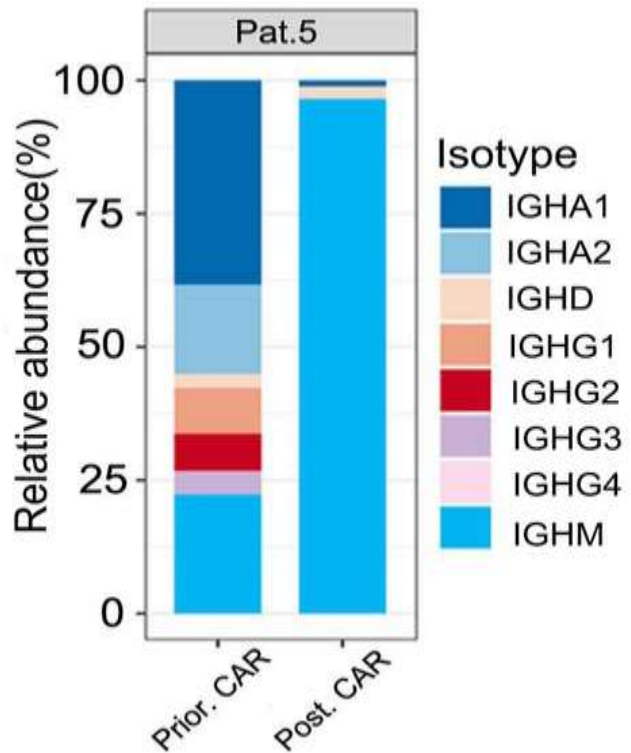


Vaccination-related antibodies

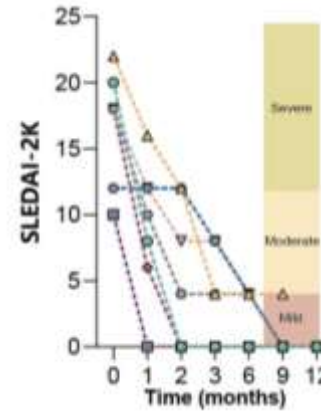
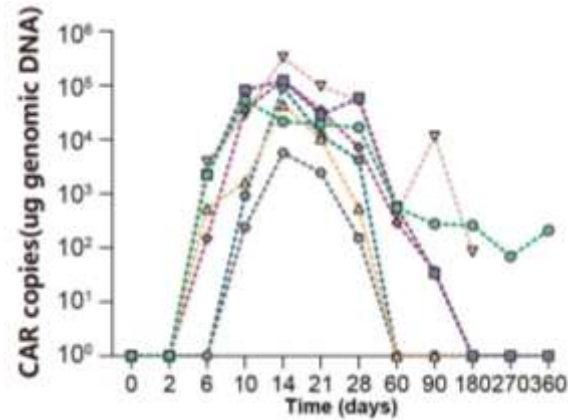
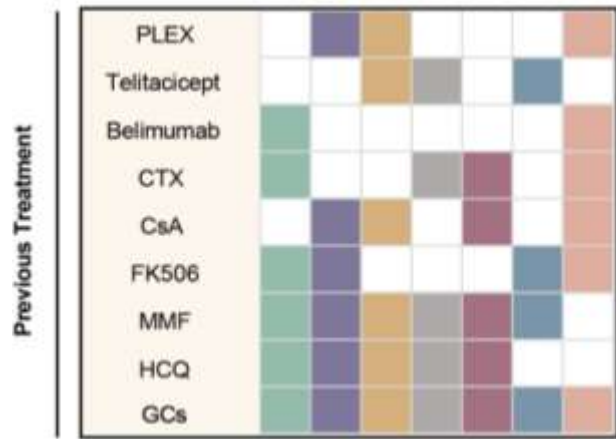


CD19/BCMA CAR T- cells in SLE

3 x10⁶ CAR T-cells /kg body weight in 13 SLE patients
Clinical efficacy: 9 achieved DORIS remission and 12 LLDAS
SLEDAI decreased from 10.6 to 2.7

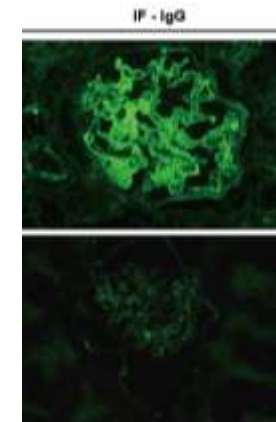
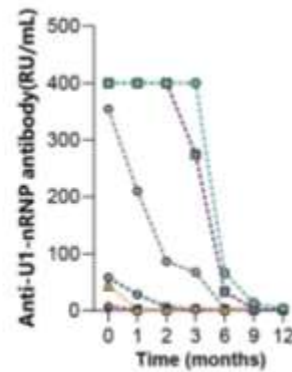
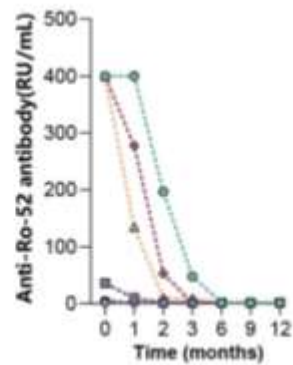
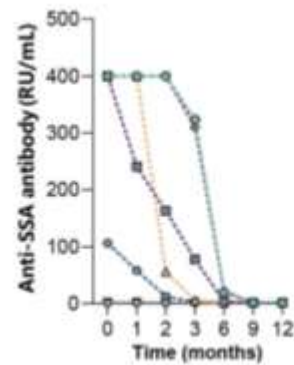
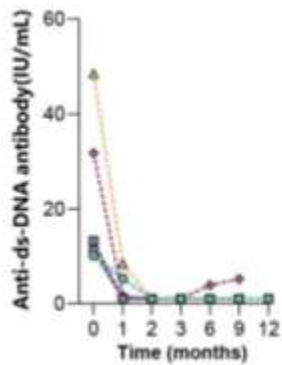


BCMA CAR T- cells in SLE

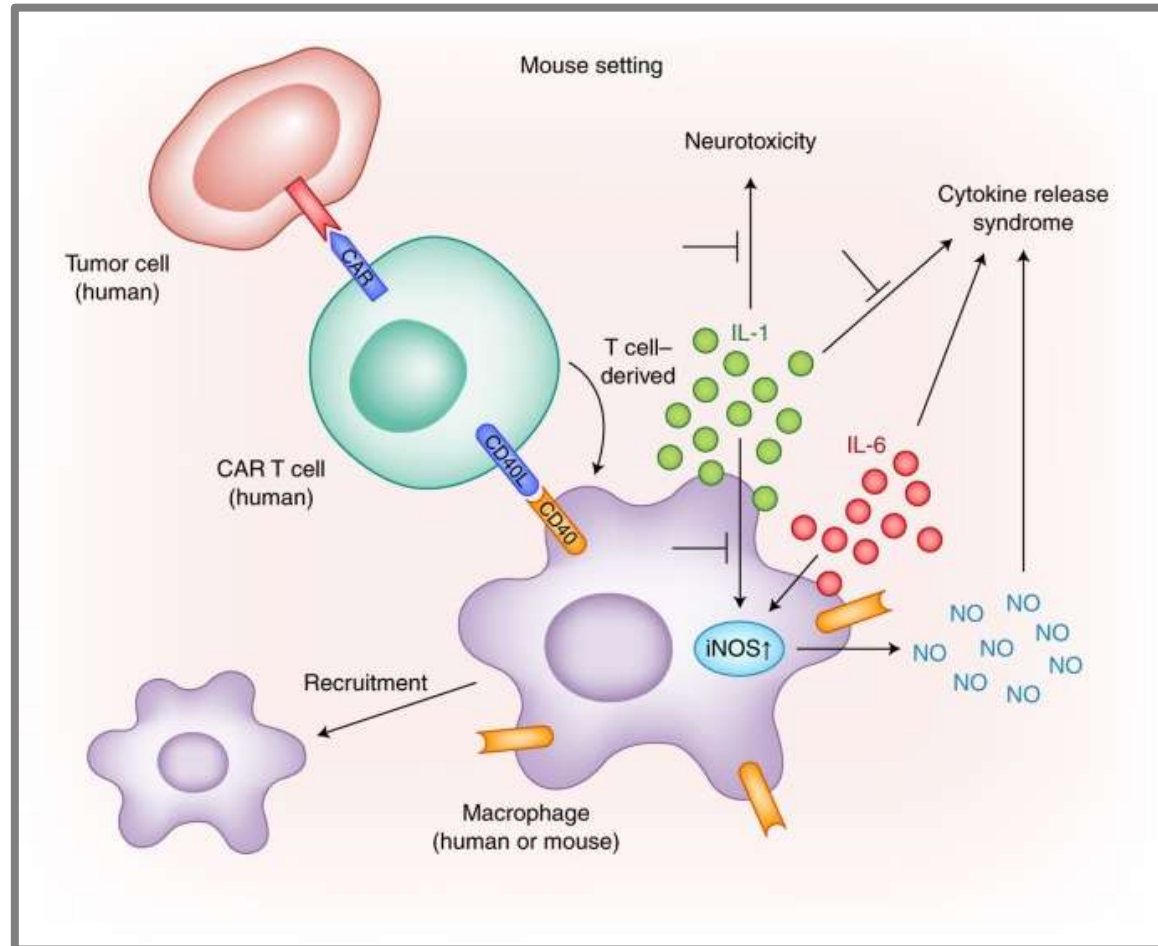
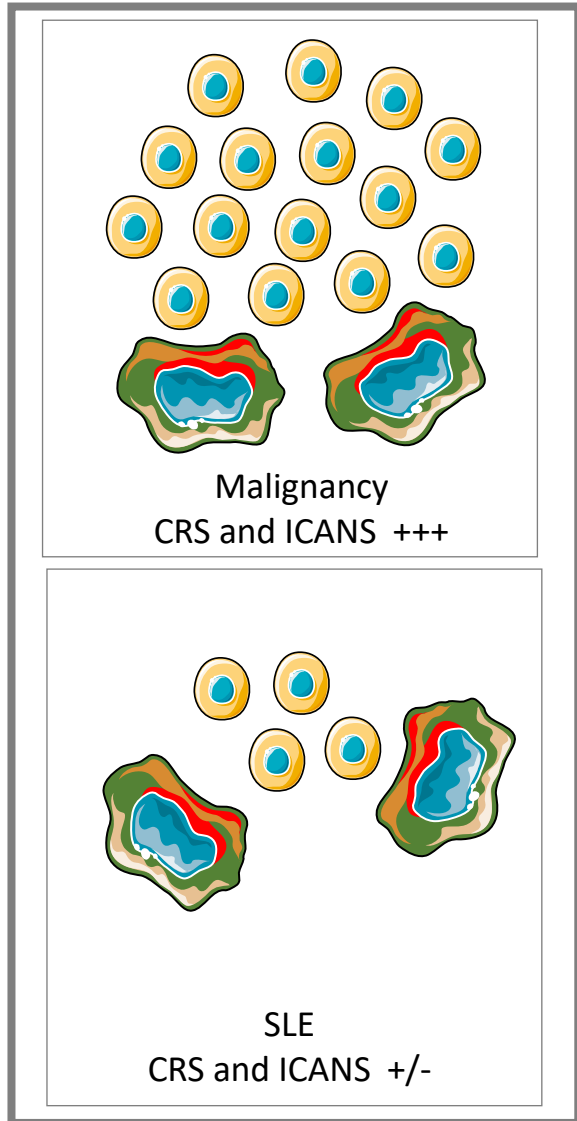


Seven biopsy-confirmed LN patients
 (4x WHO IV, 1x WHO IV/V, 1x WHO III, 1x WHO III/V)

Autologous 4-1BB based second generation CAR

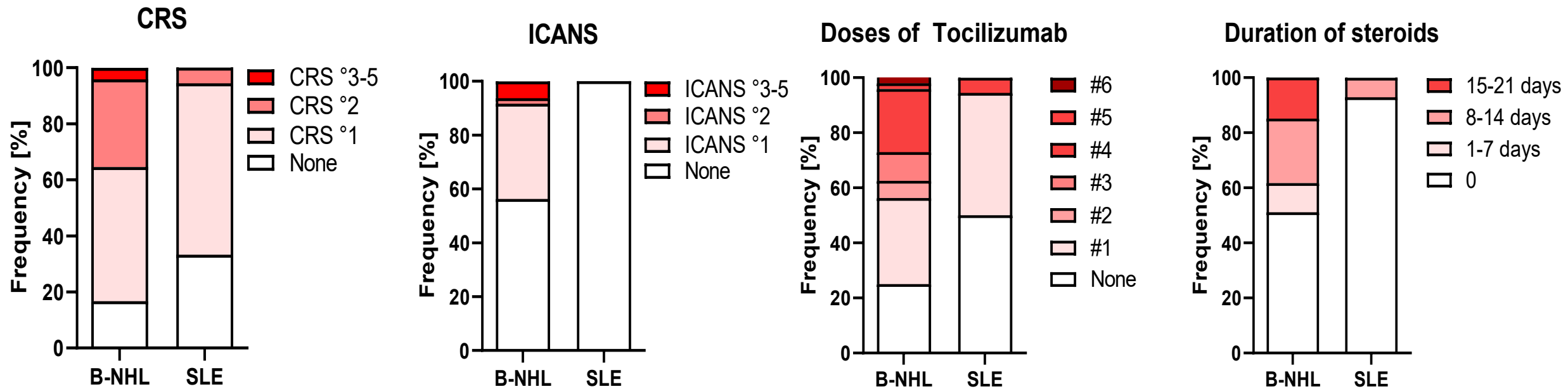


Tolerability (Cytokine Release Syndrome)

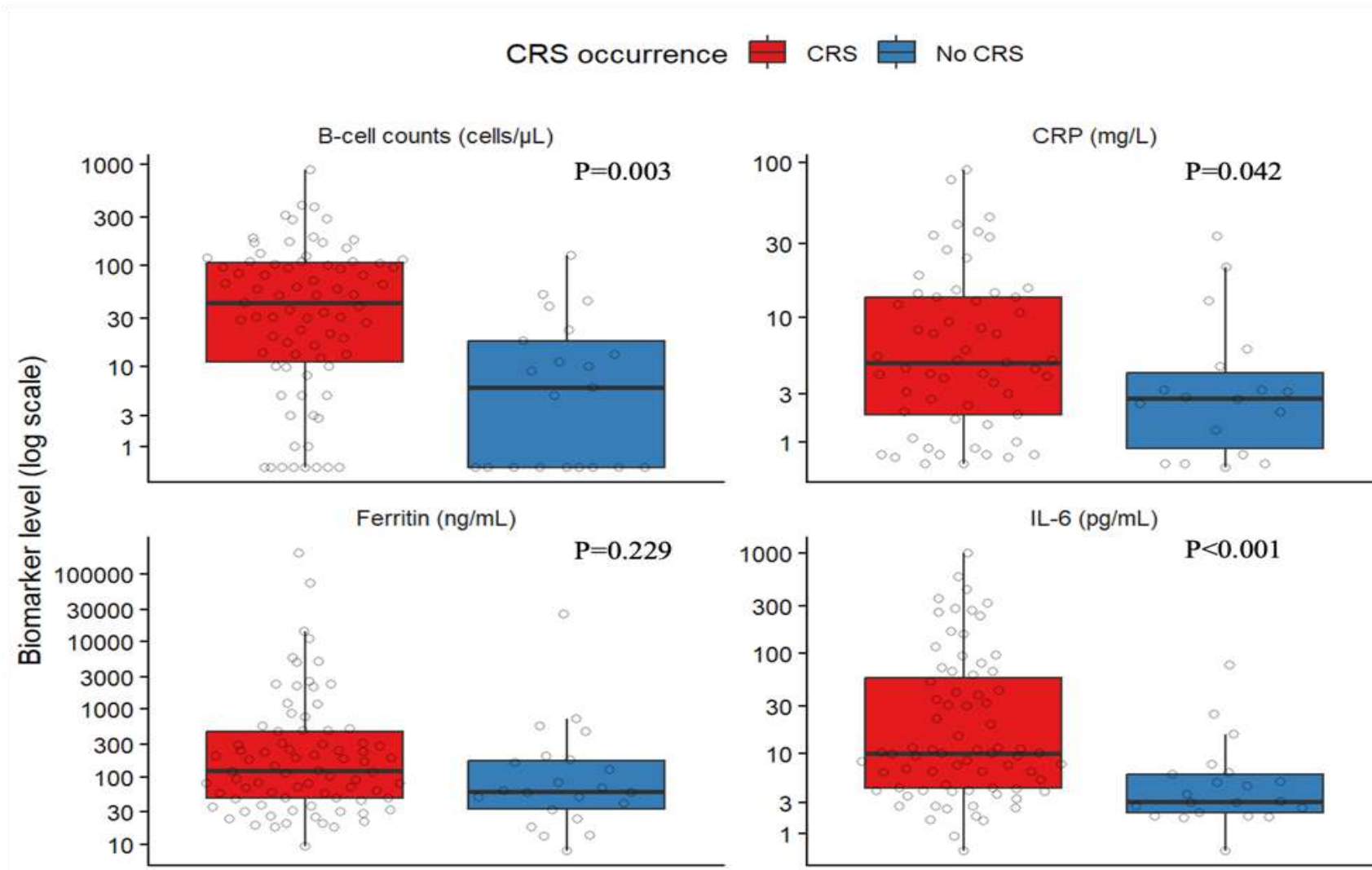


-  Autoreactive B cell
-  B cells
-  Naïve B cells
-  Plasmablasts
-  Plasma Cells
-  CAR T Cells

Safety of CAR T-cell therapy in AID is different from NHL



B-cell counts and inflammation are associated with CRS



Analyses from 108 patients with AID treated with CAR T-cells

Local Immune effector Cell-Associated Toxicity Syndrome (LICATS)

LICATS is

- mild
- self-limited
- organ-specific

LICATS occurs at a median time of 10 days after the CAR T-cell infusion



Onset (Day 21)



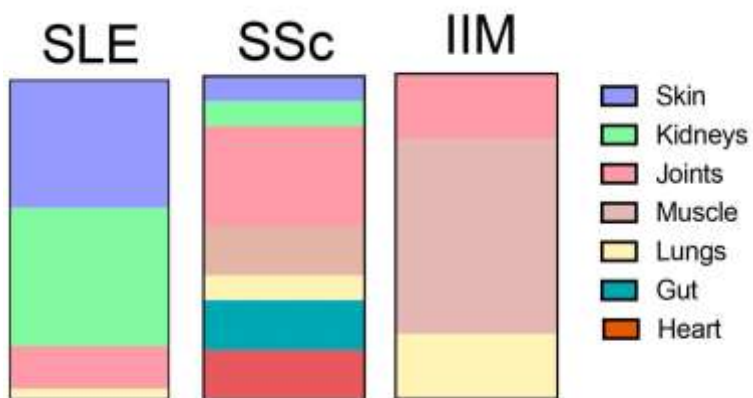
After prednisolone treatment



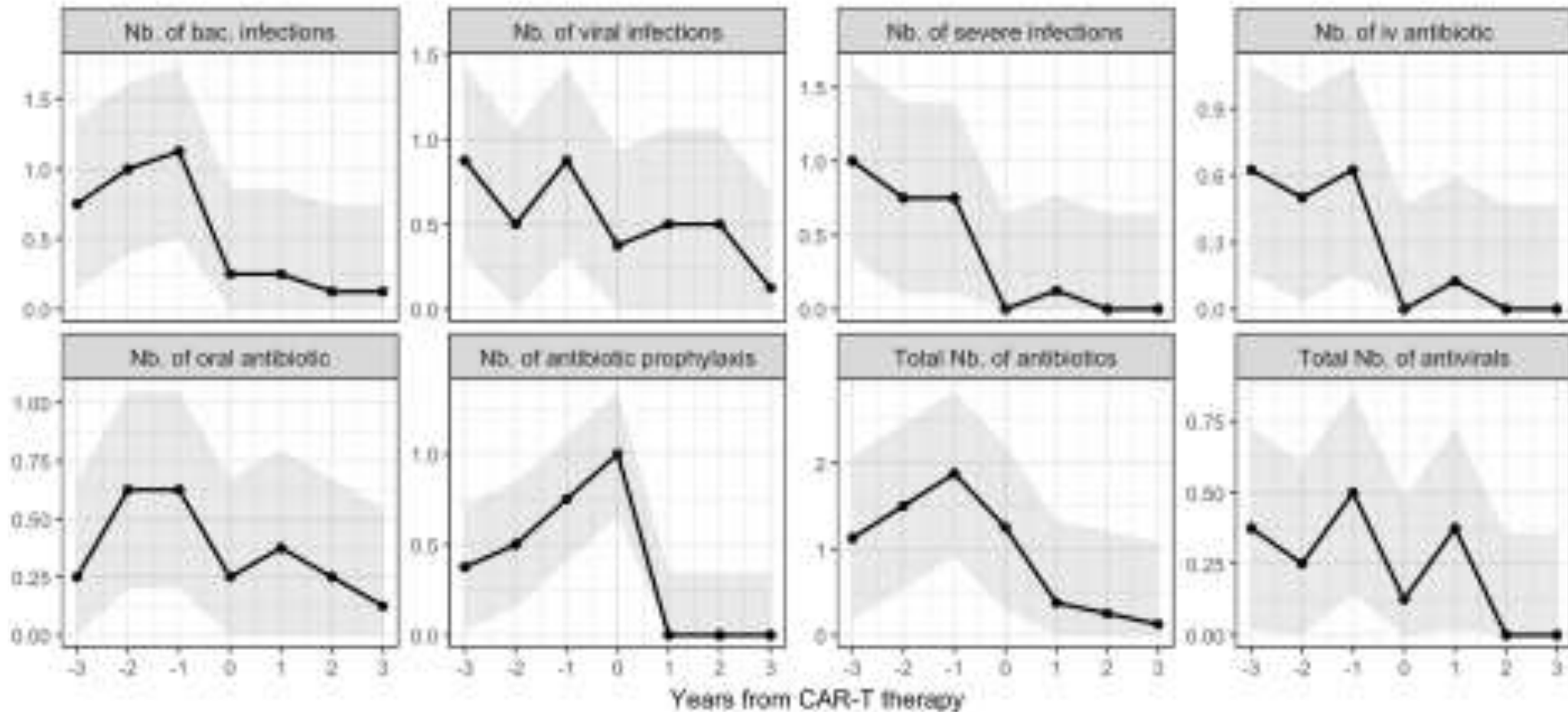
Onset (Day 21)



After prednisolone treatment

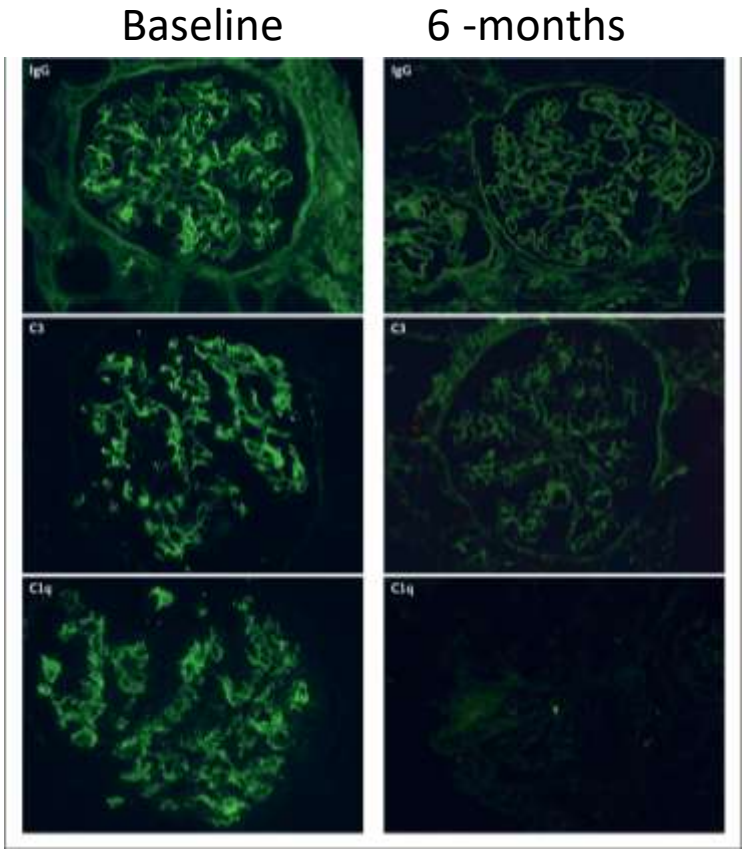
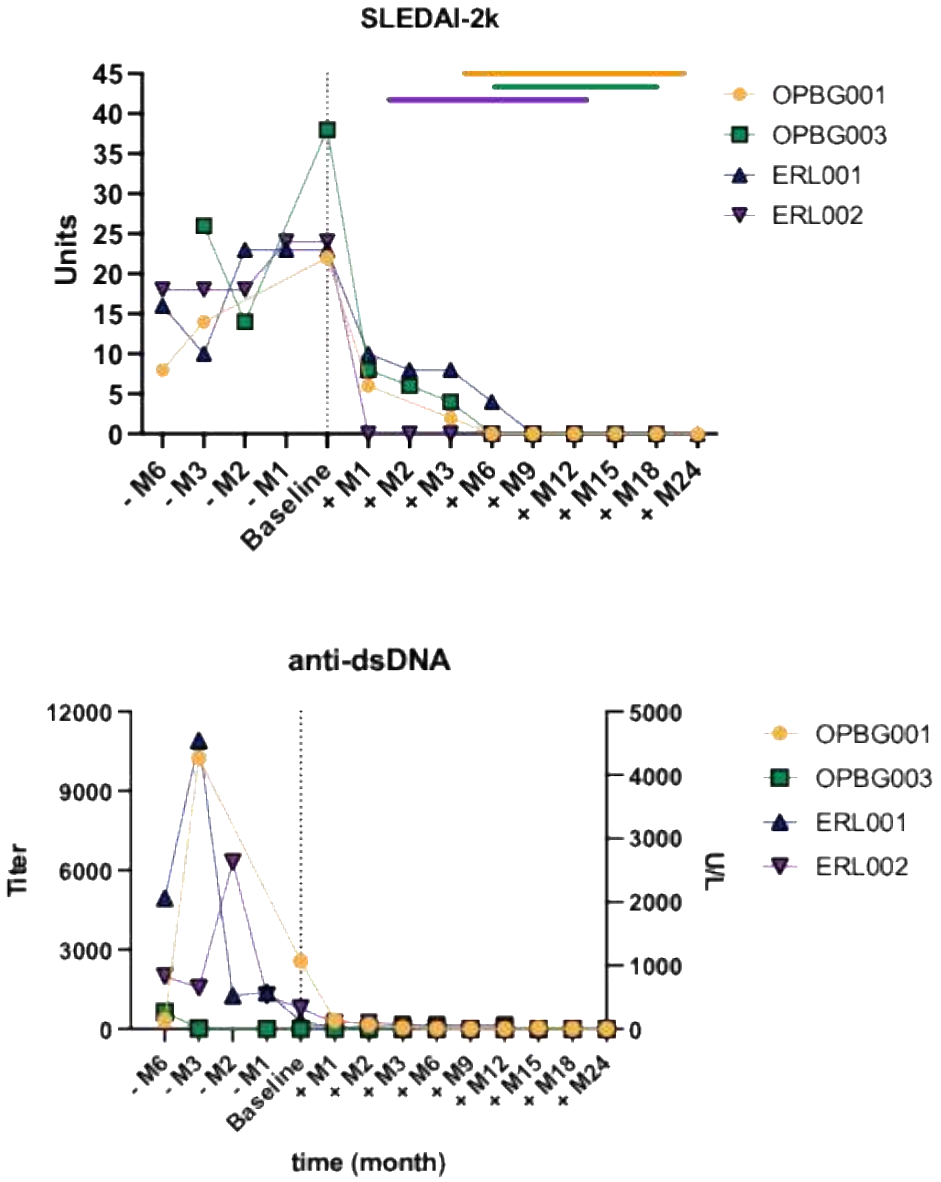


Sustained decrease in infection rates after CAR T-cell therapy

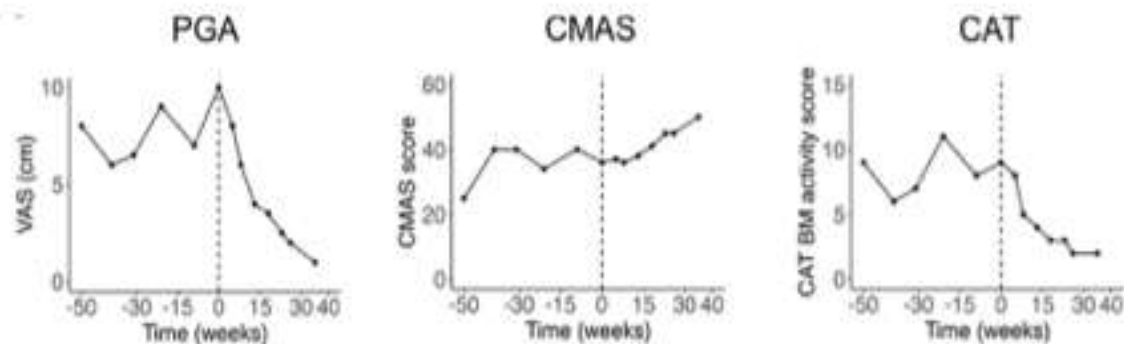
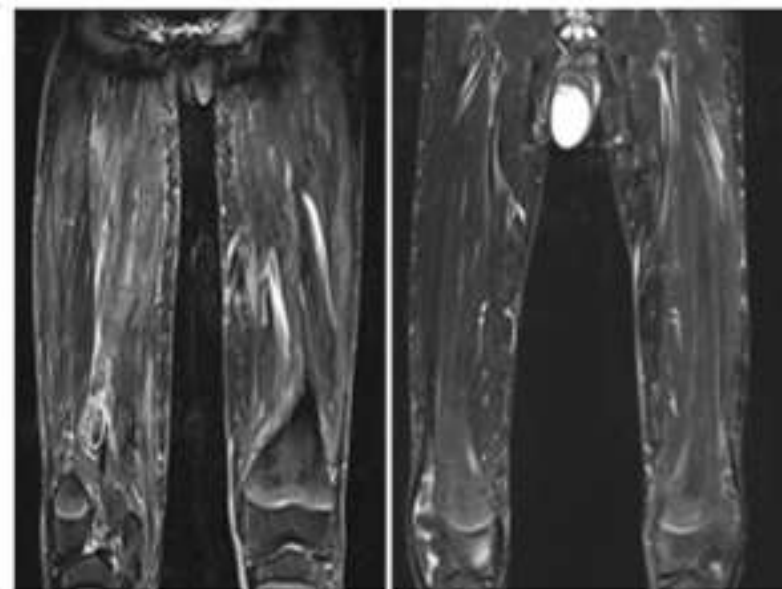


Date from 8 SLE patients with >3 years drug-free remission

CD19-CAR-T cell therapy in pediatric SLE

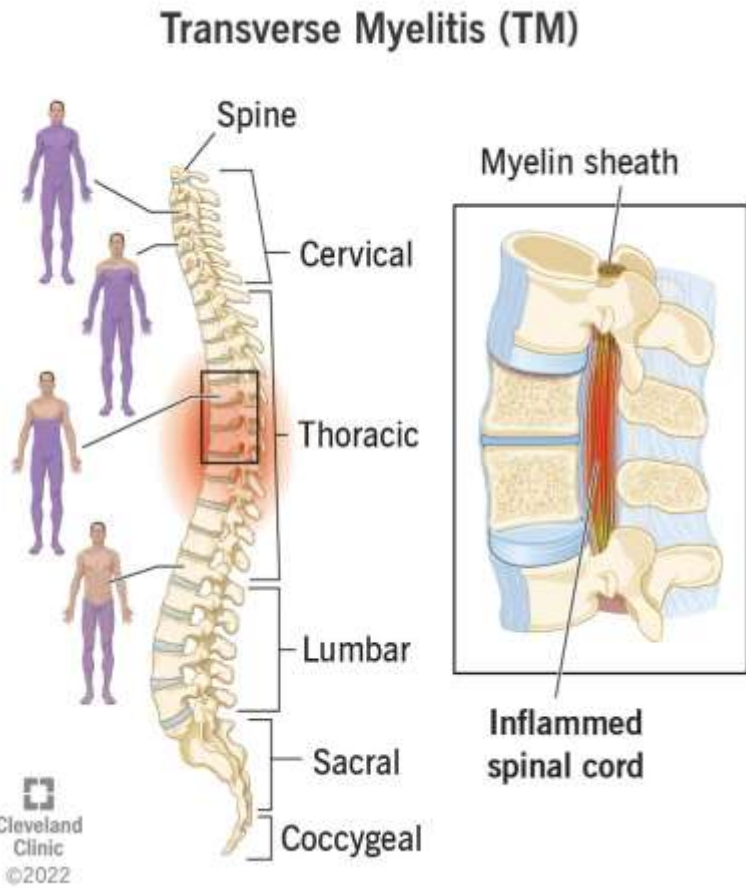


CAR T Cell therapy in a Patient With Juvenile Dermatomyositis

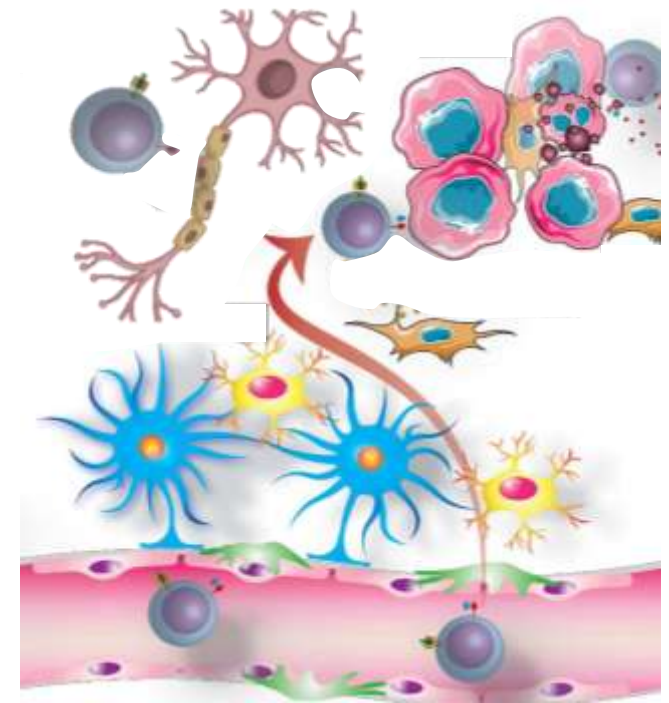


Physician Global Assessment the Childhood Myositis Assessment Scale (CMAS), and the Cutaneous Assessment Tool Binary Method (CAT BM)

Can CAR T-cells affect AID in the CNS?



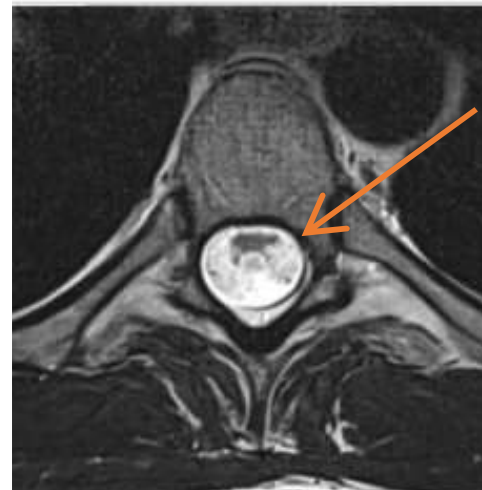
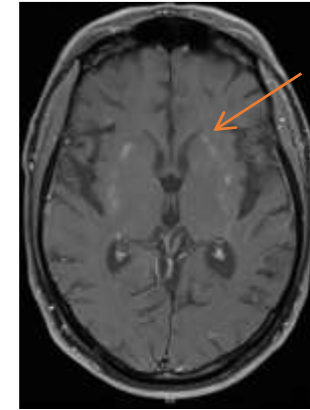
CNS affection in SLE



CAR T-cells have "full access" to the brain and can cross the blood-brain abrier



20-year old man with SLE and severe CNS involvement with subtotal paraplegia: Progressive course despite HCQ, GLC, MTX, RTX and CYP treatment as well as plasmapheresis

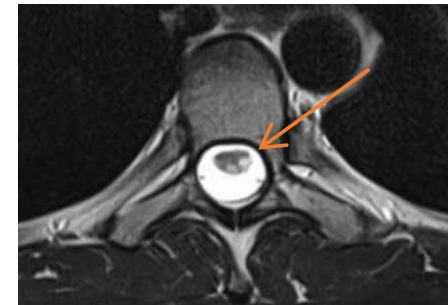
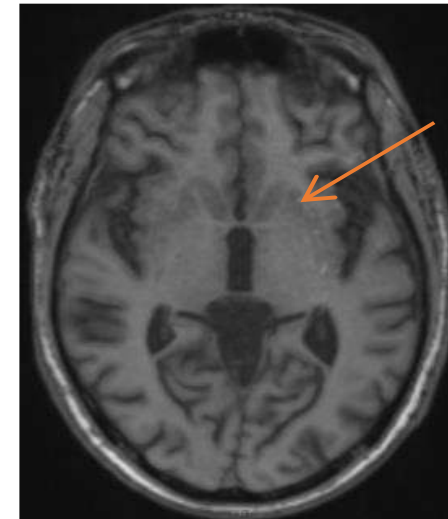


SLEDAI_2K (points)	20
MMT8 (points)	34
VAS_global (mm)	90
HAQ	2,63
FACIT	23

Improvement of neuro- lupus after CAR T-cells



SLEDAI_2K (points)	20	0
MMT8 (points)	34	91
VAS_global (mm)	90	10
HAQ	2,63	2,13
FACIT	23	48



Summary

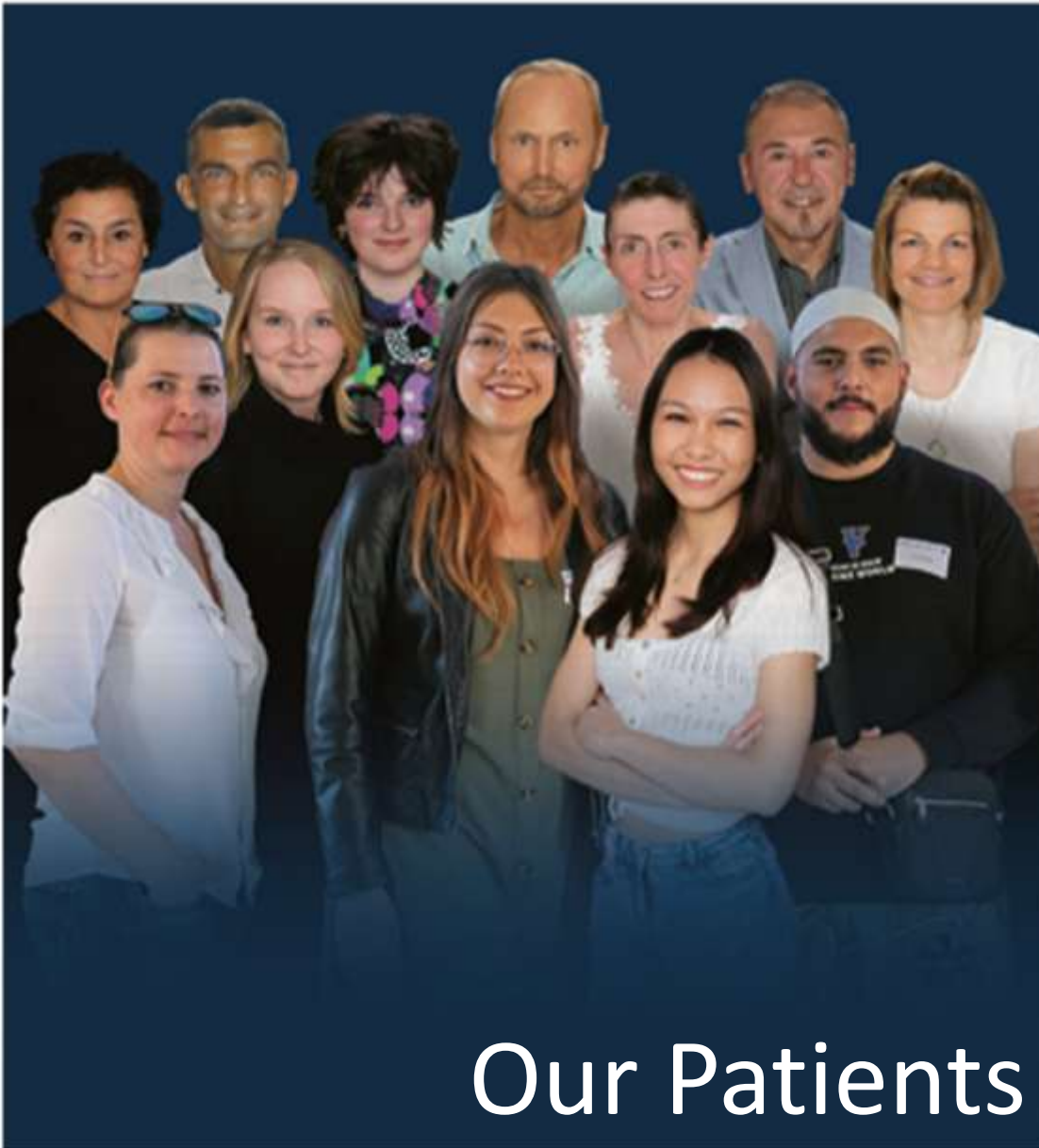
CAR T-cells represent an inducible and reversible B-cell knockout that allows to **understand**:

- the reconstitution of B-cell memory
- the source of autoantibodies and vaccination-induced antibodies
- the interaction of B-cell with other cells

B-cell depletion and its consequences can be **monitored** very well (CAR T-cell expansion; peripheral B-cell depletion, tissue depletion, autoantibody levels, vaccination-induced antibody levels, immunoglobulin levels).

The methods of CAR T-cell mediated depletion of B-cells **rapidly develop** and may likely improve scalability of this therapeutic approach.

New insights in the pathophysiology of disease and definition of **disease subsets**.



Our Patients

Key People Involved

Melanie Hagen
Andreas Wirsching
Ricardo Grieshaber-Boyer
Carlo Tur
Maria-Gabriella Raimondo
Laura Bucci
Janina Auth
Christina Bergmann
Jule Taubmann
Luis Muñoz
Tobias Rothe

Aline Bozec
Sebastian Böltz
Panagiotis Garatziotis
Koray Tascilar
Fabian Hartmann
Louis Schuster
Andreas Mackensen
Michael Aigner
Simon Völkl
Fabian Müller

Leibniz Award

