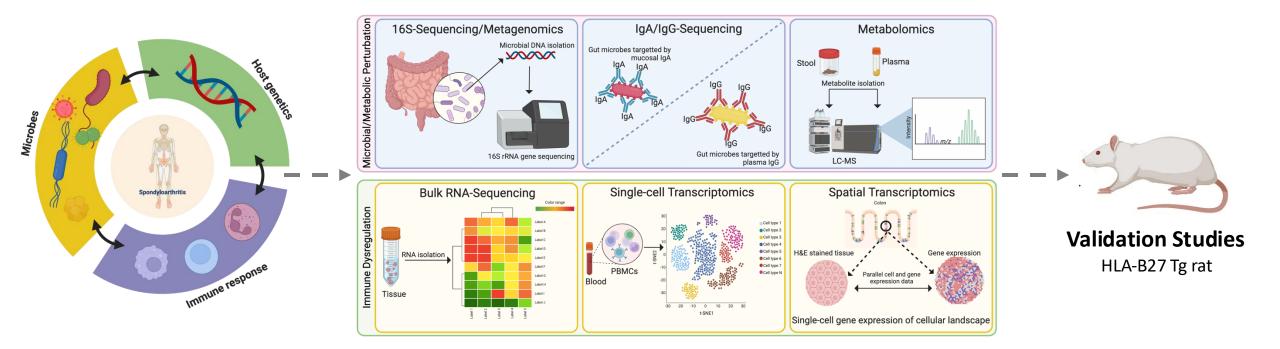
Gut Microbiome and its role in Rheumatology

Northwest Rheumatism Society Annual Meeting April 25th, 2025 Portland

Tejpal Gill, PhD Assistant Professor Director Of Basic Research in Rheumatology Division of Arthritis and Rheumatic Diseases Department of Medicine Casey Eye Institute Oregon Health & Science University (OHSU) No Disclosures

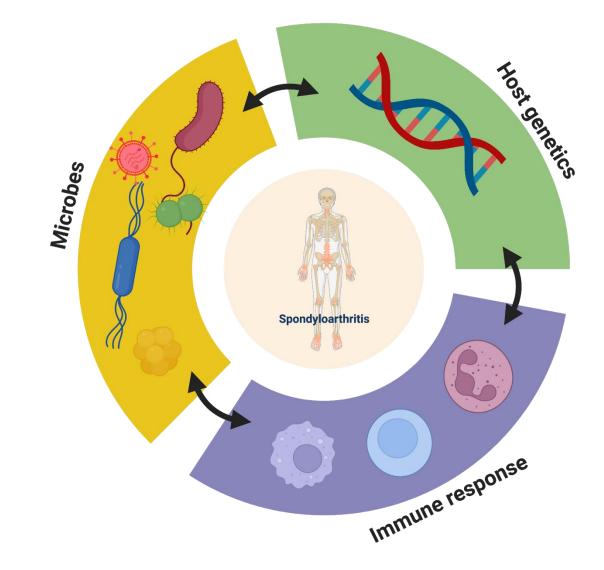
Determine host-microbe interactions in various spondyloarthropathies



https://www.ohsu.edu/school-of-medicine/gill-lab

Furst and Gill, Best Practice & Research Clinical Rheumatology, 2024

Host-Microbe Interactions in Spondyloarthritis: Focus on Axial Spondyloarthritis and Acute Anterior Uveitis



Outline

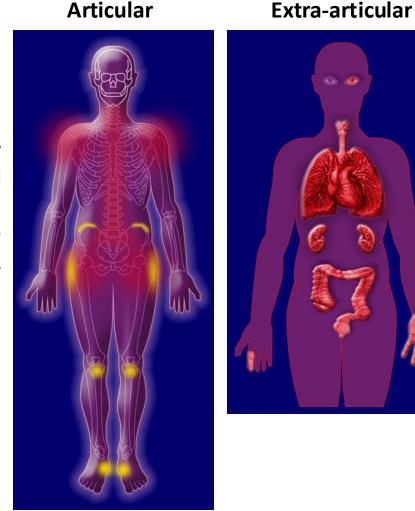
- 1. Spondyloarthritis
- 2. Effect of HLA-B27
- 3. Gut microbial dysbiosis and spondyloarthritis
- 4. Host-microbe interactions: Lessons from HLA-B27 transgenic rats
- 5. Host-microbe interactions in axial spondyloarthritis/acute anterior uveitis
 - Gut Microbial modulation: IgA Seq
 - Metabolic profiling of host and microbes LCMS)
 - Systemic host immune response (sc RNA-Seq and CITE Seq)

Spondyloarthritis is a group of diseases with common clinical manifestations

Group of diseases

- Axial spondyloarthritis
- Acute anterior uveitis
- Psoriatic arthritis
- Juvenile idiopathic arthritis
- Reactive arthritis
- Undifferentiated spondyloarthritis

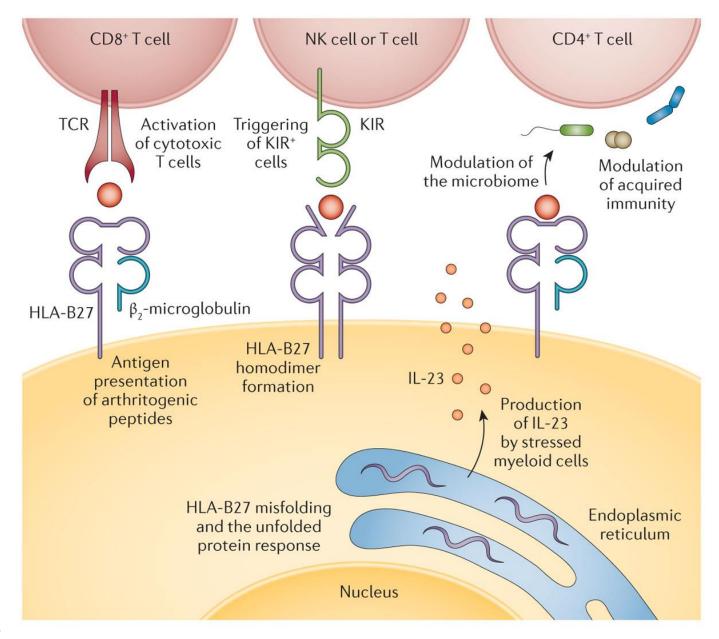
Enthesitis Axial skeletal inflammation Peripheral arthritis Dactylitis Abnormal bone formation



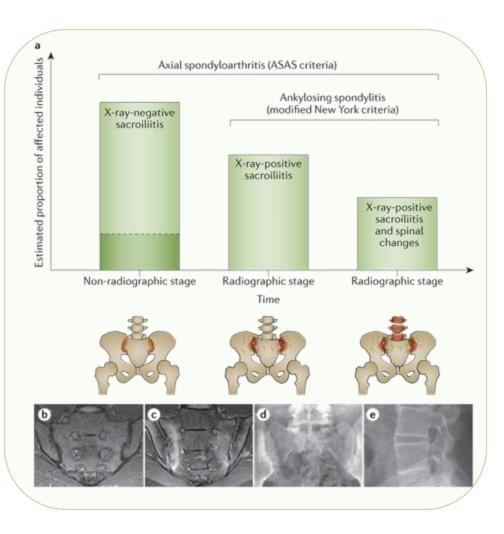
Clinical manifestations

AAU GI inflammation Psoriasis Cardiac and pulmonary

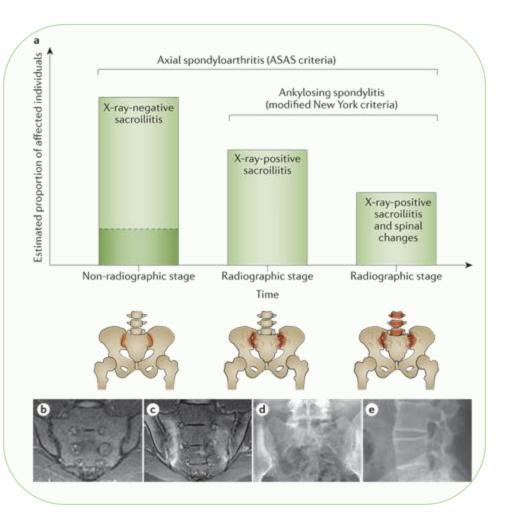
Proposed mechanisms underlying HLA-B27 associated spondyloarthritis pathogenesis

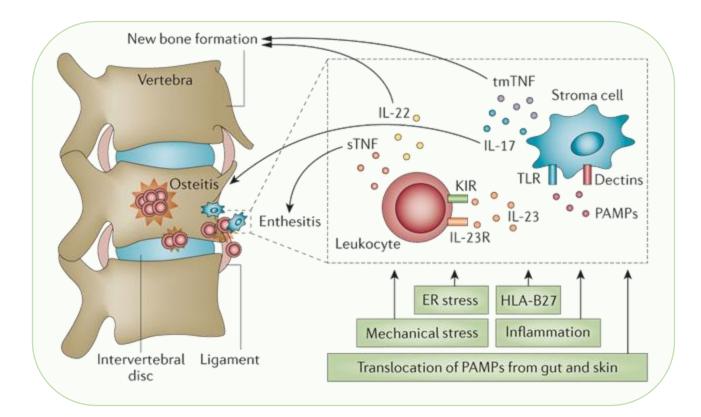


Spectrum of axial spondyloarthritis



The pathophysiology of axial spondyloarthritis





Why suspect gut microbiota in spondyloarthritis?

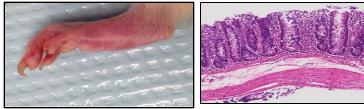
Gut inflammation is common in spondyloarthritis

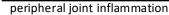
- patients have gut inflammation
 - ~50-70% subclinical
 - ~6-10% IBD
- 50-80% of IBD patients have arthritis

Experimental spondyloarthritis in rodents is highly dependent on gut microbiota

- Gut flora required in HLA-B27 transgenic rats
- SpA-prone (SKG) mice gut microbiota influence the incidence/severity of arthritis/ileitis

HLA-B27 Tg rat model of spondyloarthritis





gastrointestinal inflammation

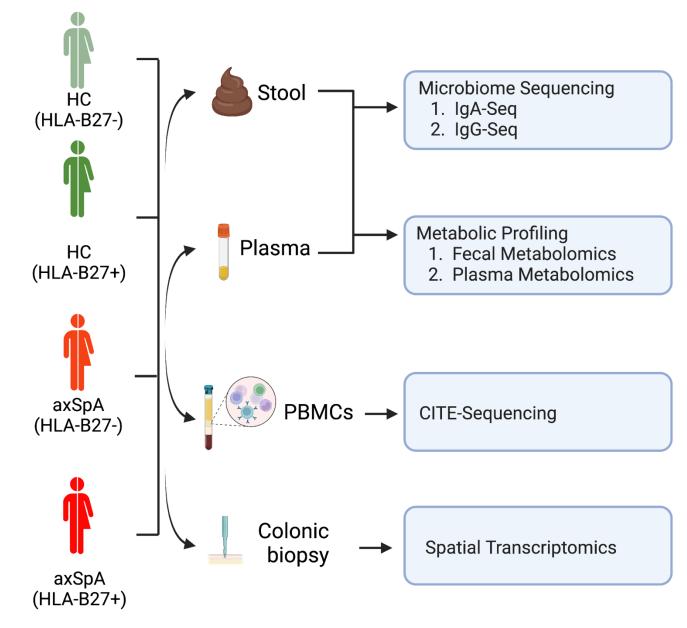


Host-microbe interactions underlying axial spondyloarthritis pathogenesis

Host-microbe interactions underlying PsA Nominated by OHSU for Pew Biomedical

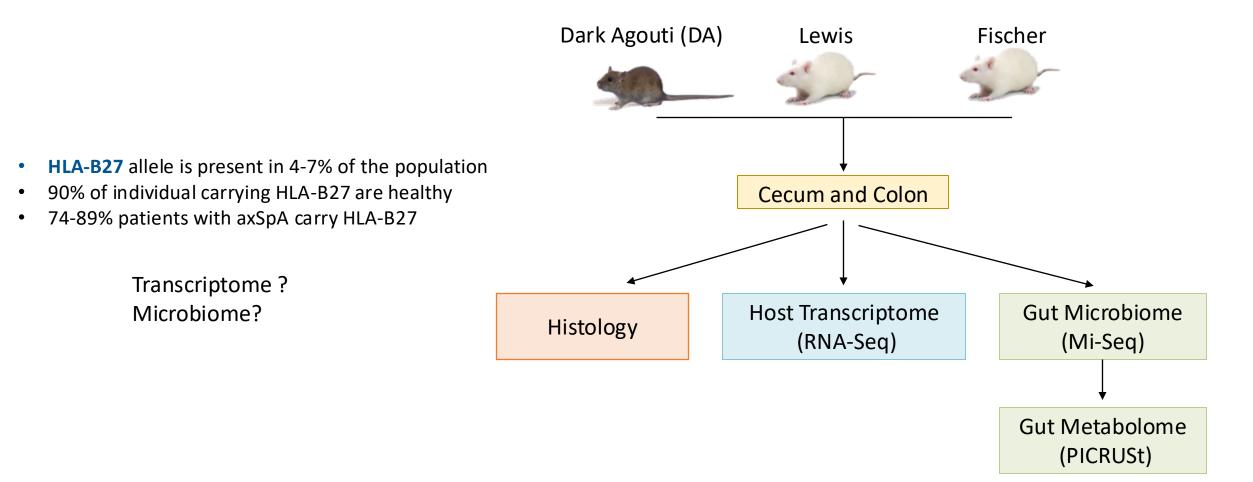
Specific Aims:

- 1. To investigate IgA and IgG immune response to gut microbes in axSpA
- 2. Functional characterization of cellular phenotypes underlying axSpA immunopathogenesis.
- 3. Effect of inflammatory metabolites/metabolic pathways on development of axSpA

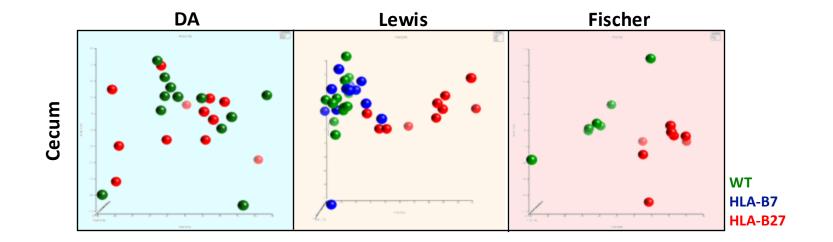


How does HLA-B27 shape the gut microbiome?

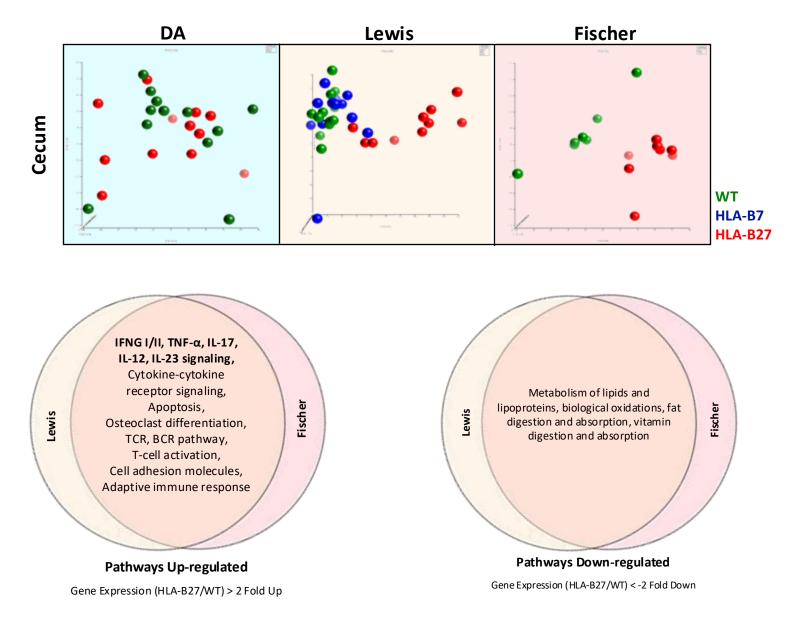
Hypothesis: By examining effects of HLA-B27 on gut microbiota in different rat backgrounds we could identify microbes that cause or promote SpA



HLA-B27 associated Inflammatory gene expression signature overlaps in Lewis and Fischer rats

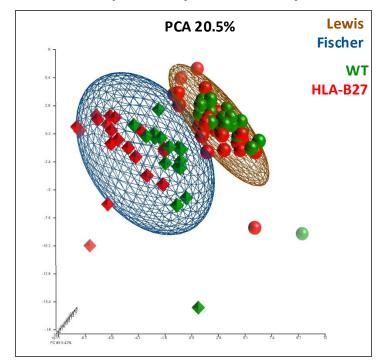


HLA-B27 associated Inflammatory gene expression signature overlaps in Lewis and Fischer rats



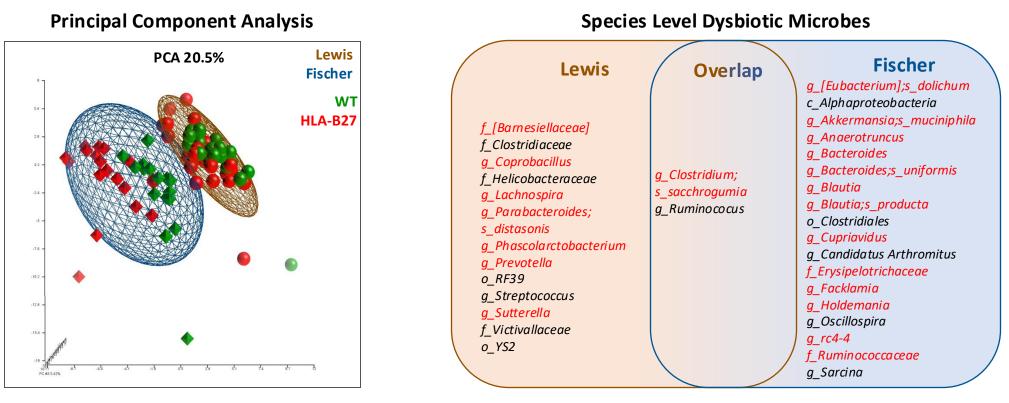
HLA-B27 associated microbial dysbiosis is non-overlapping in Lewis and Fischer backgrounds

Principal Component Analysis



Cecum Lumen

HLA-B27 associated microbial dysbiosis is non-overlapping in Lewis and Fischer backgrounds

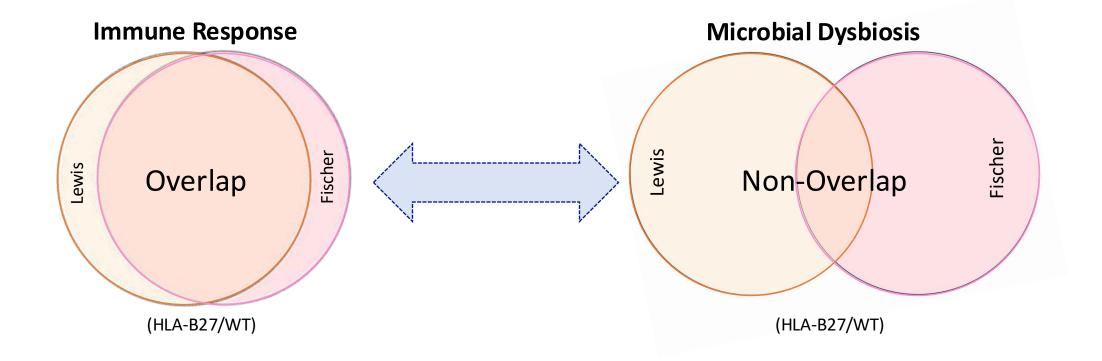


Cecum Lumen

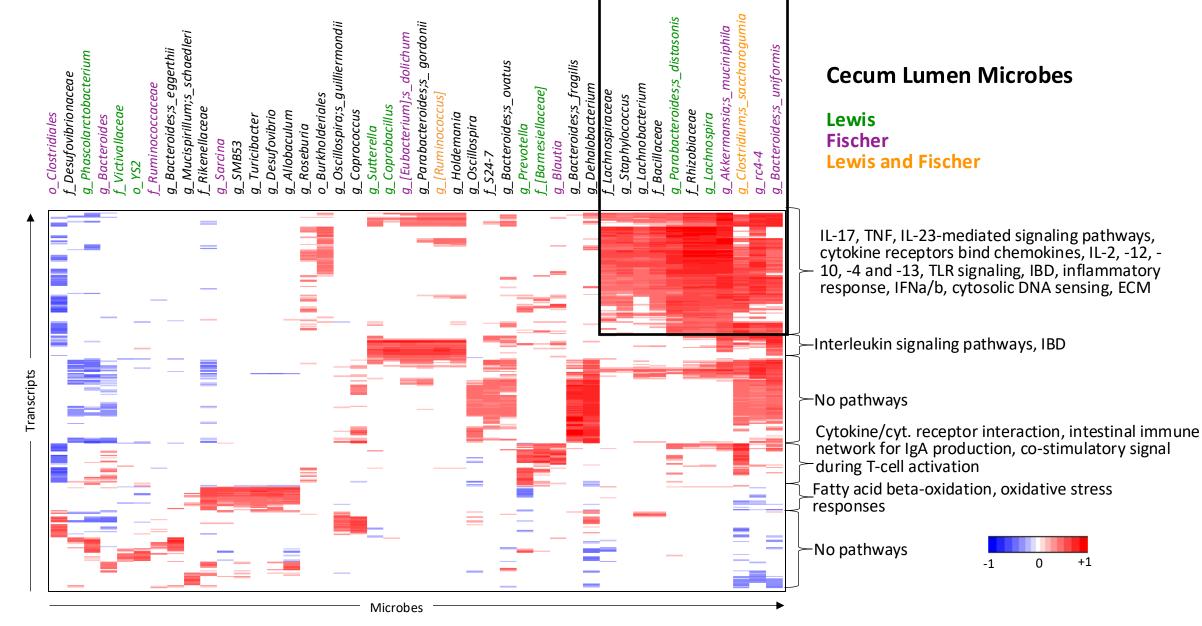
Cecum Lumen (HLA-B27/WT)

Increased/Decreased Relative Abundance

What is the relation between diverse gut microbes and host immune response in SpA?

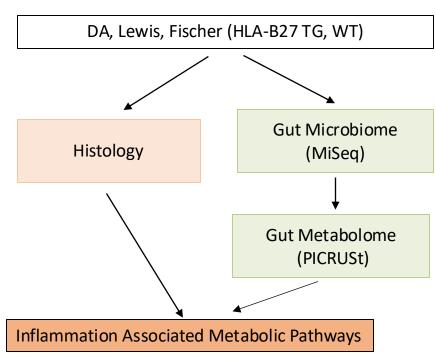


Different microbes correlate with shared inflammatory pathways in Lewis and Fischer rats



Gill et al., Arthritis & Rheumatol 2018 Gill et al., Arthritis & Rheumatol 2019

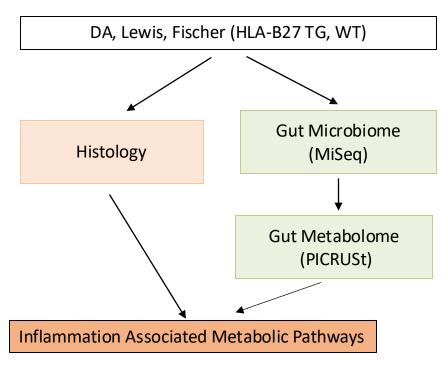
Common metabolic pathways are perturbed during gut inflammation in HLA-B27 Tg Lewis and Fischer rats



- Butanoate
- Propanoate
- LPS biosynthesis
- Steroid and steroid hormone biosynthesis
- Bacterial chemotaxis
- Flagellar assembly
- Oxidative phosphorylation

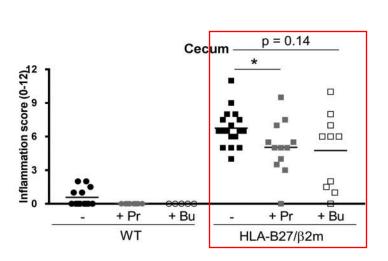
Gill et al., Arthritis & Rheumatol 2018 Gill et al., Arthritis & Rheumatol 2019

Common metabolic pathways are perturbed during gut inflammation in HLA-B27 Tg Lewis and Fischer rats



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Gill et al., Arthritis & Rheumatol 2018 Gill et al., Arthritis & Rheumatol 2019

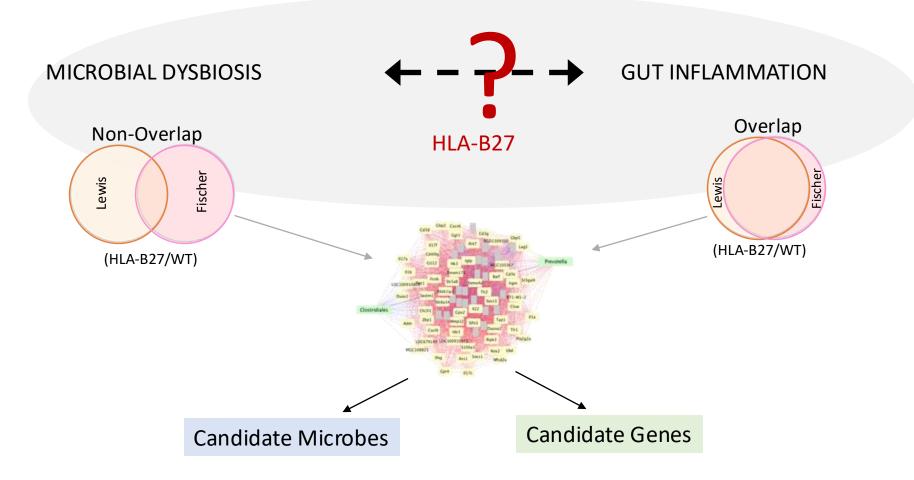


- Similar effects were seen in the colon
- Decrease in IL-1b, Il17A, IFNg expression

Asquith et al., Arthritis & Rheumatol, 2017

How does HLA-B27 shape the gut microbiome?

HLA-B27 is associated with gut microbial dysbiosis and host immune dysregulation



Gill et al., Arthritis & Rheumatol 2018 Gill et al., Arthritis & Rheumatol 2019

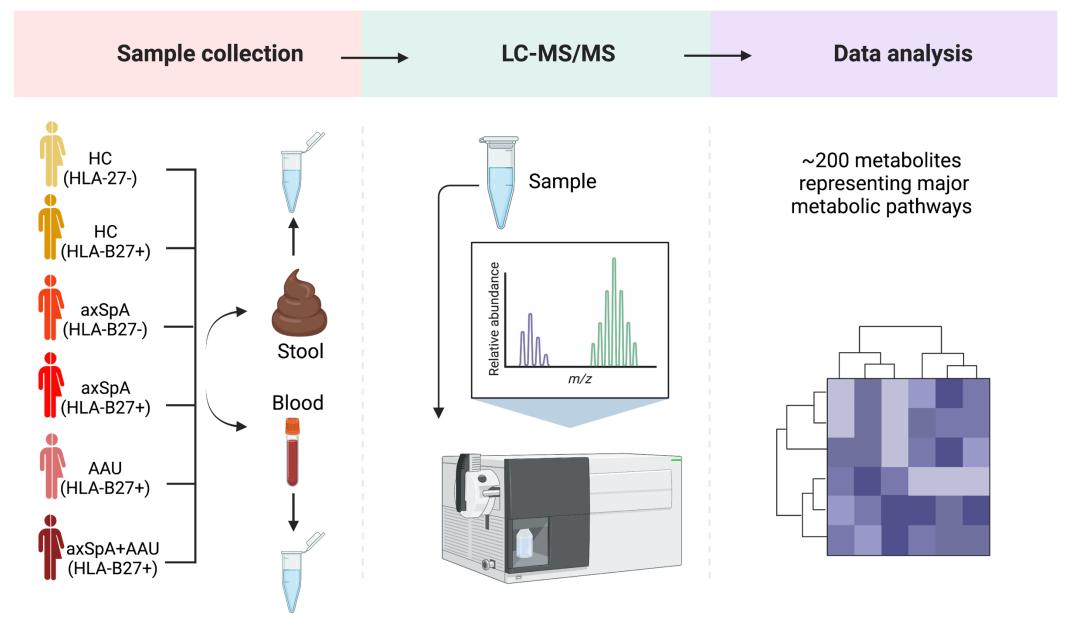
How does HLA-B27 alter host immune response to gut microbes?

- 1. Characterize mucosal IgA response to oral and fecal microbiota in axial spondyloarthritis and acute anterior uveitis patients
- 2. Investigate host-microbe interactions in axial spondyloarthritis and acute anterior uveitis patients through
 - Fecal and plasma metabolic profiling
 - Single cell expression signatures in PBMCs

How does HLA-B27 alter host immune response to gut microbes?

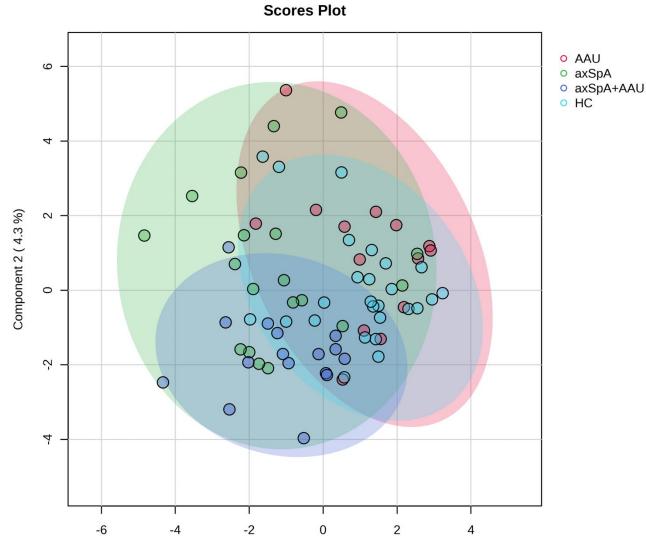
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Fecal and plasma metabolic profiling of axSpA and AAU patients



2a. Metabolic profiling

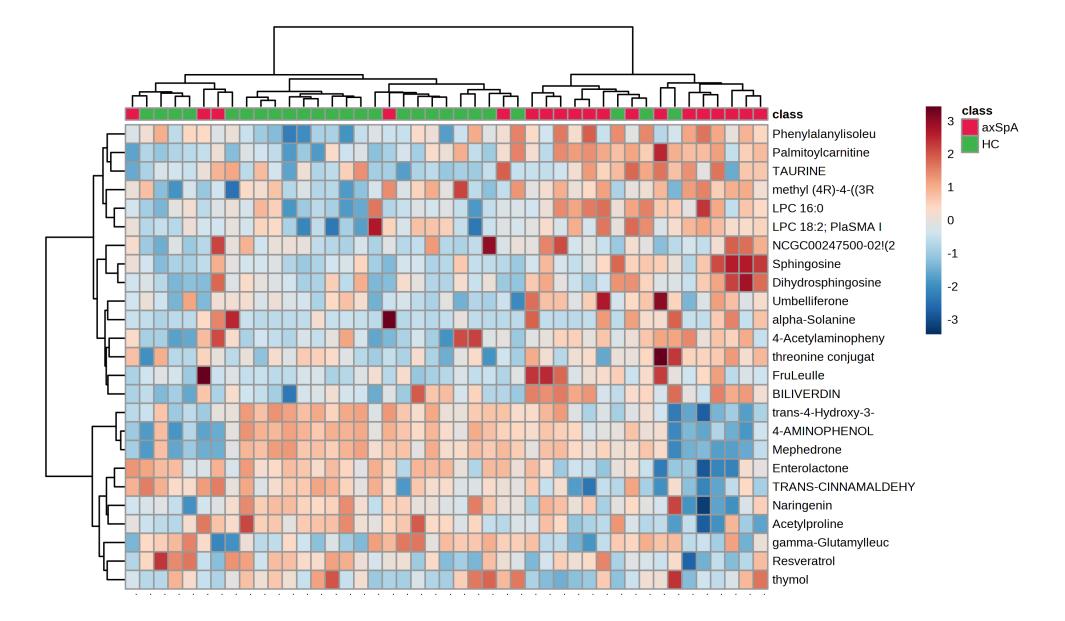
Altered fecal metabolites in patients with axSpA, AAU and axSpA+AAU



Component 1 (5.1 %)

2a. Metabolic profiling

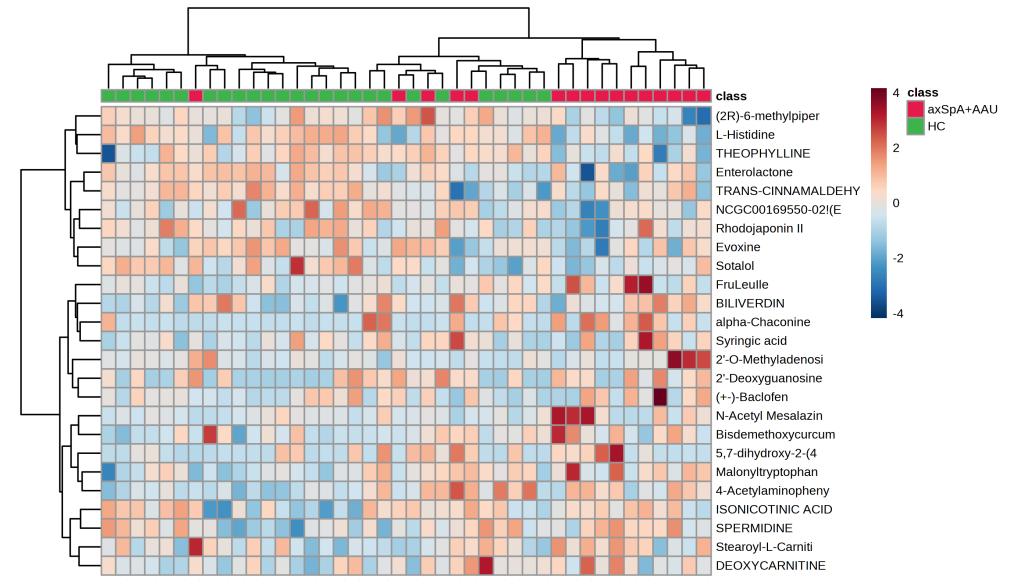
Fecal metabolic profile is altered in axSpA patients in comparison with healthy controls



2a. Metabolic profiling

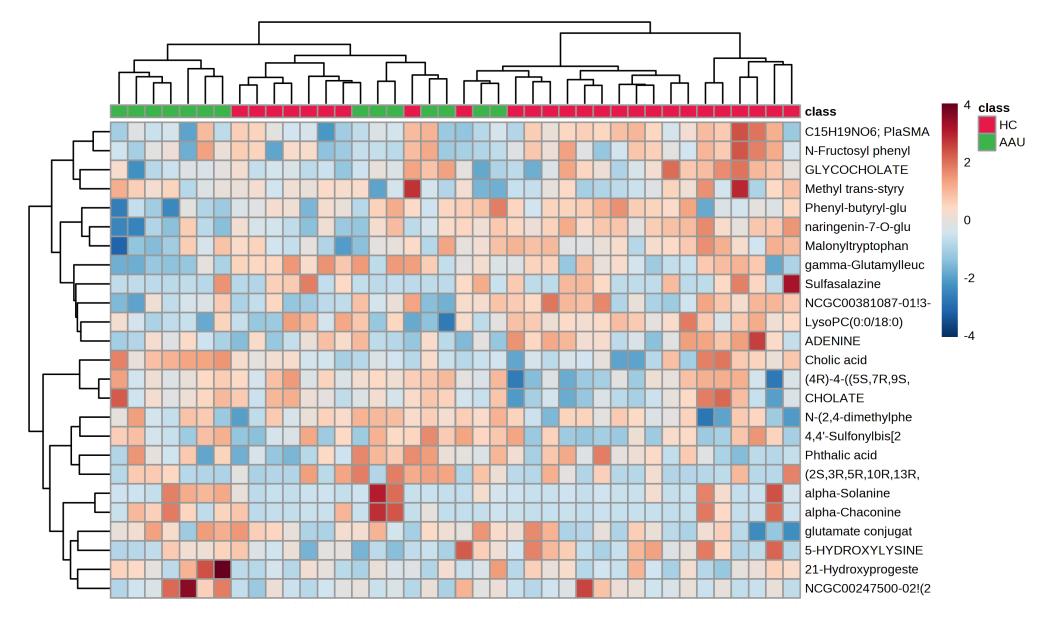
Gill-Unpublished data

Fecal metabolic profile is altered in axSpA+AAU patients in comparison with healthy controls



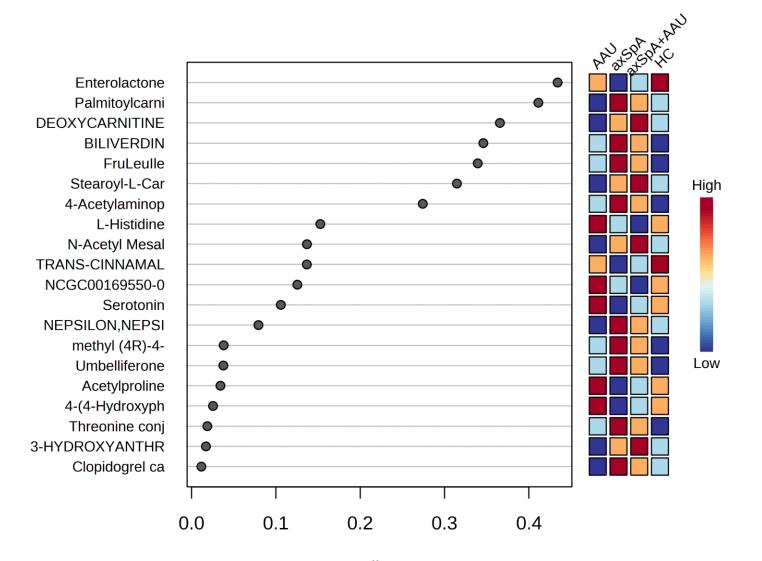
2a. Metabolic profiling

Fecal metabolic profile is altered in AAU patients in comparison with healthy controls



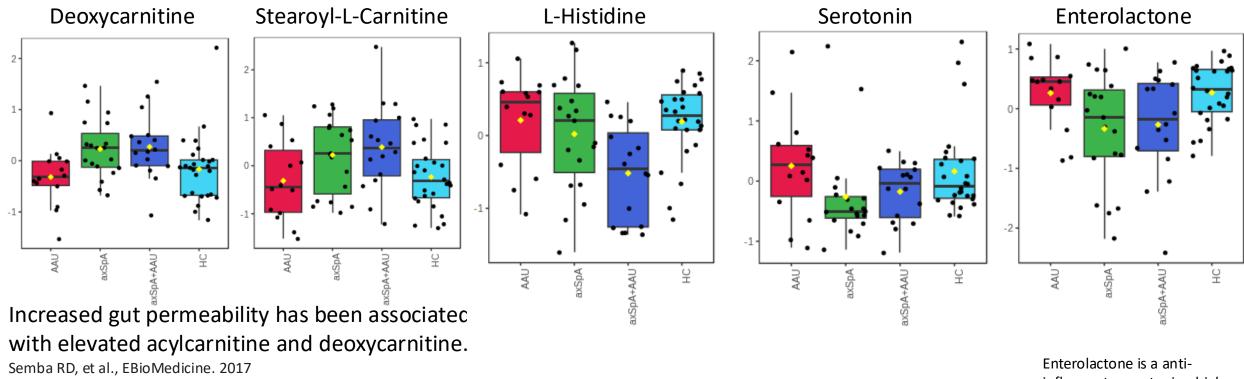
2a. Metabolic profiling

Distinct fecal metabolic profiles in patients with AxSpA and AAU



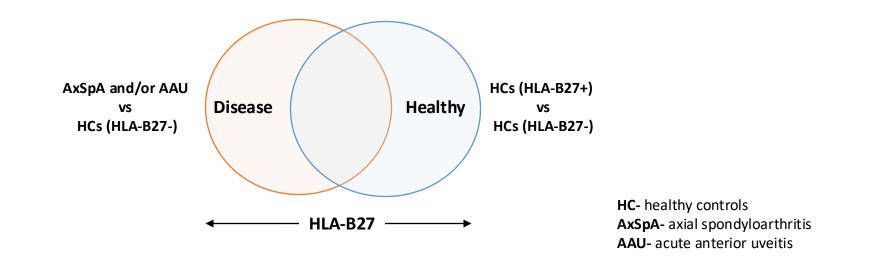


Distinct fecal metabolic profiles in patients with AxSpA and AAU



Enterolactone is a antiinflammatory gut microbial metabolite

Metabolic profiling may reveal disease and HLA-B27 associated perturbation in axSpA and AAU



• Both host genetics (HLA-B27) and disease status may affect the metabolic profile.

- Expected overlap in metabolic markers of disease in patients from diverse location/host genetic backgrounds.
- Host-microbe interactions and disease pathogenesis of candidate metabolites will be dissected using HLA-B27 Tg rats

2a. Metabolic profiling

How does HLA-B27 alter host immune response to gut microbes?

1. Characterize mucosal IgA response to oral and fecal microbiota in axial spondyloarthritis patients

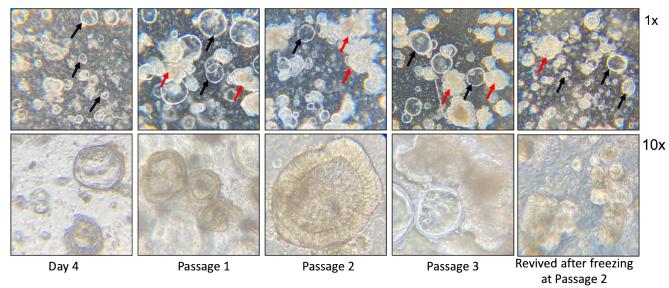
2. Investigate host-microbe interactions in axial spondyloarthritis patients through

- Fecal and plasma metabolic profiling
- Single cell expression signatures in PBMCs

Thank You !!

Colonic organoids to characterize HLA-B27 associated perturbation of intestinal epithelial cell biology

1. Establishment of human colonic organoids from frozen biopsy



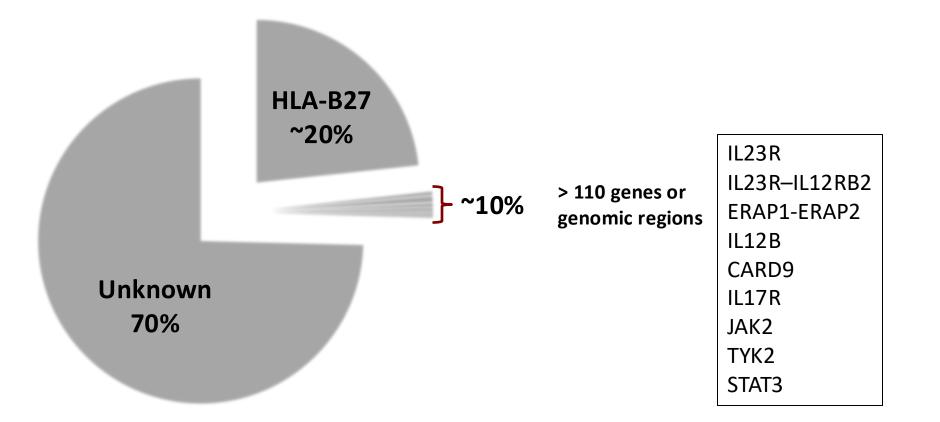
Representative images from an HLA-B27 negative organoid line (HC3). Organoids are shown after establishment of cultures (day 4), after passage 1, 2 and 3 at 1x (top panel) or 10x (bottom panel) magnification. The organoid culture represents a mix of early-stage organoids (spheroids, black arrows) and mature organoids (lobular, red arrows) are shown. Each passage is after 4-6 days. Organoids on far right represent organoids revived after freezing them at passage 2.

Decreased mucus production in goblet cells in colonic organoids from HLA-B27+ healthy individuals

RNA Seq is just done. Now gene expression analysis for LPS treated organoids from axSpA patients and controls

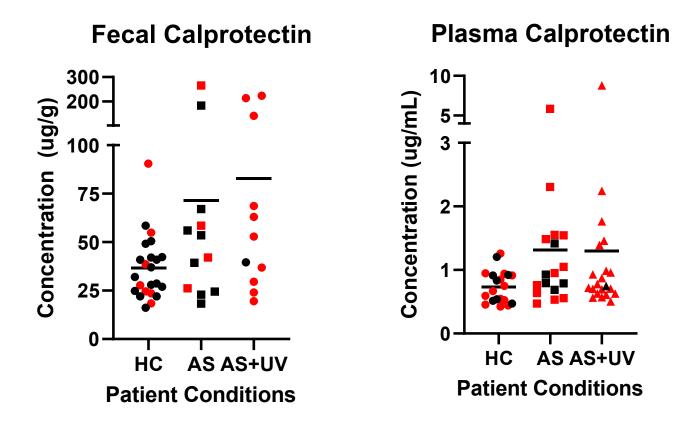
2c. Colonic organoid culture

HLA-B27– a genetic risk factor for axial spondyloarthritis – does not explain disease heritability



- **HLA-B27** allele is present in 4-7% of the population
- 90% of individual carrying HLA-B27 are healthy
- 74-89% patients with axSpA carry HLA-B27

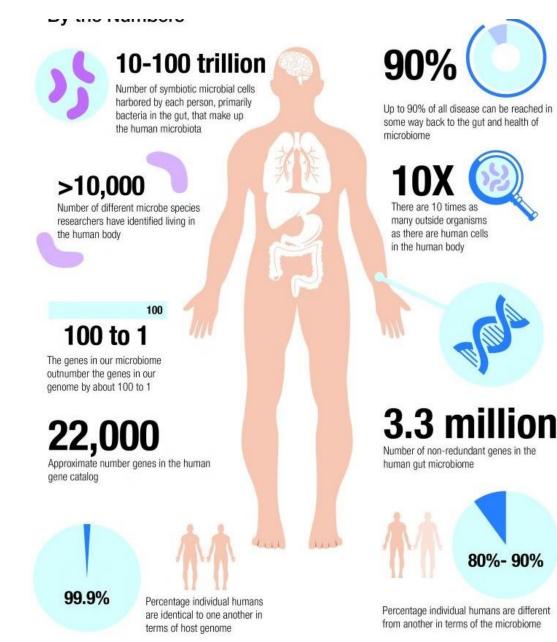
P value for HC vs AS+UV: 0.0072



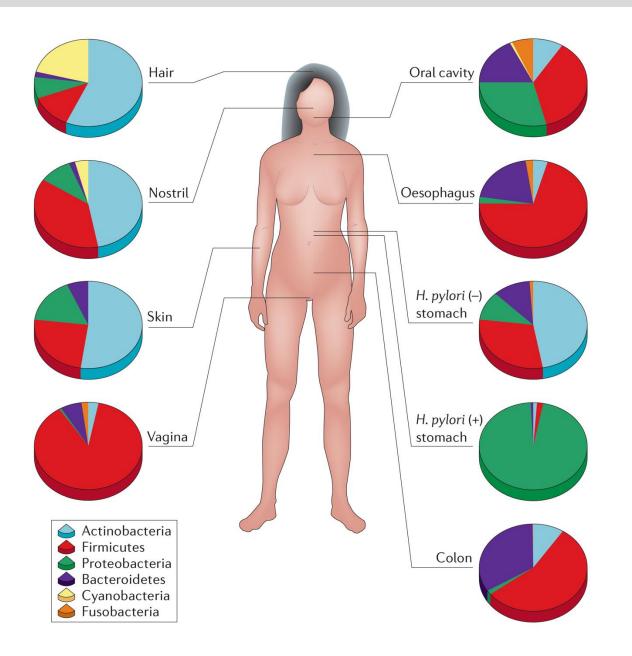
Microbiome: implications in health and disease

- 10X more microbial cells than human cells
- 3.3 million microbial genes v/s 22K genes in human gene
- 99.9 % similarity between host genome v/s 80-90% individuals have different microbiome
- More than 10,000 microbial species live in/on human body
- Immune education
- Vitamins and SCFAs production
- Drug metabolism /efficacy
- IBD, diabetes, hypertension, fatty liver, many cancers, spondyloarthropathies, multiple sclerosis

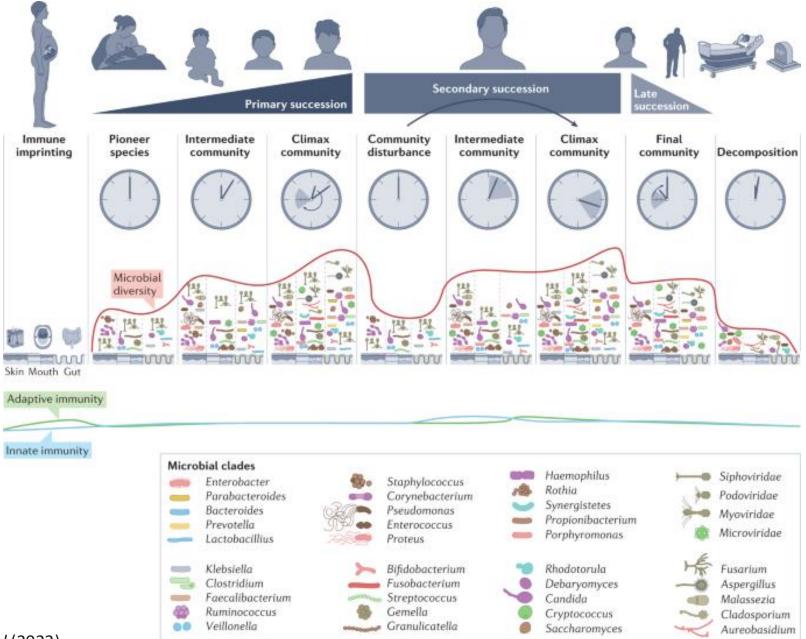
Turnbaugh et al., *Nature*Qin et al., *Nature*Hill and Artis, *Annual Rev Immunol*Schmidt et al., *Cell*



Compositional differences in the microbiome by anatomical site.

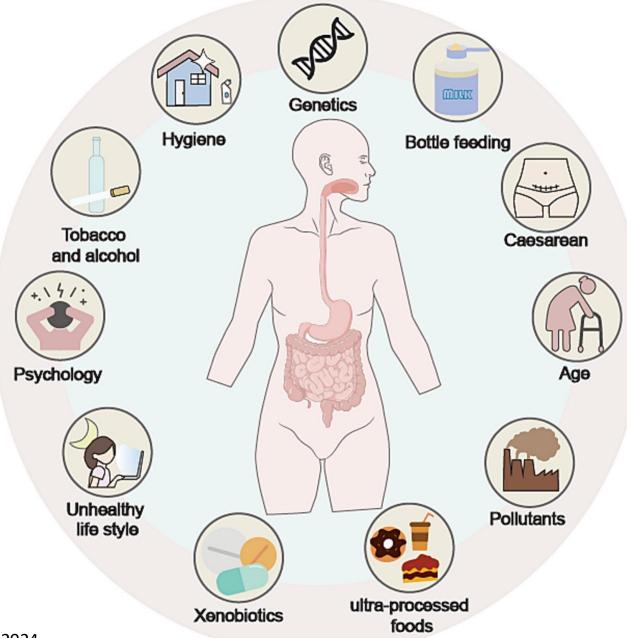


Microbiota succession throughout life from the cradle to the grave



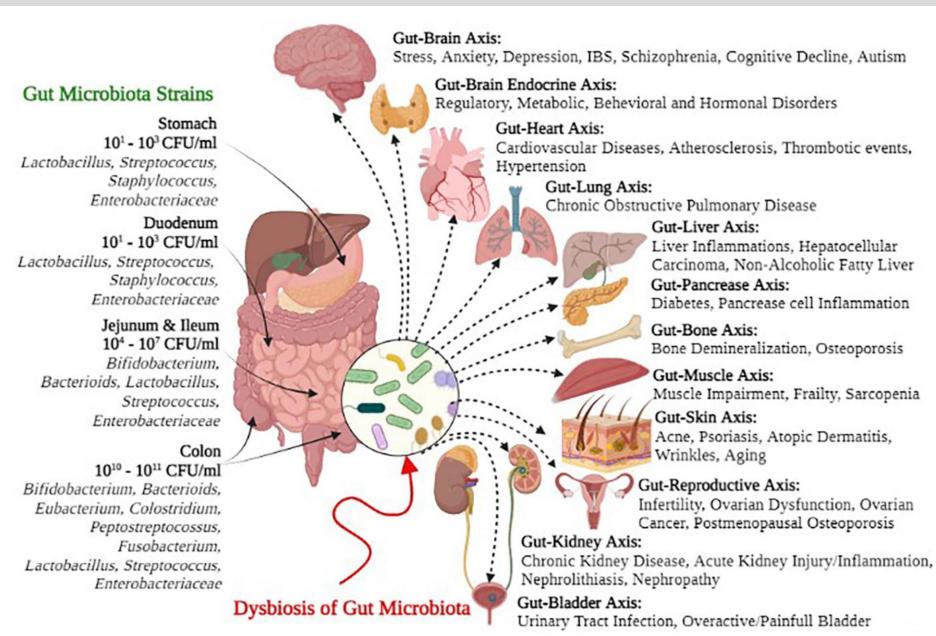
Martino, Nat Rev Microbiol (2022).

Environmental/genetic factors influencing the gut microbiome.

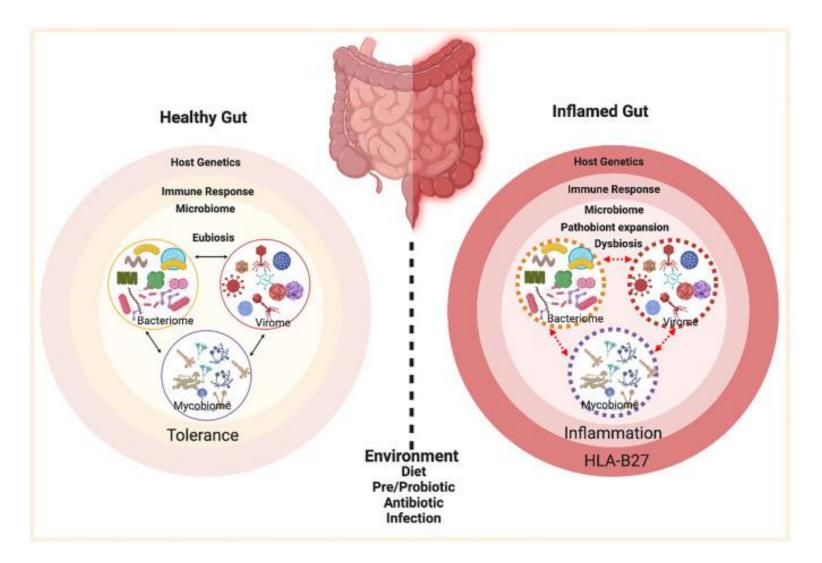


Wang et al., Autoimmunity Reviews, 2024

Gut microbial perturbations are linked with various diseases



Gut microbial and metabolic perturbations in axial spondyloarthritis



Microbiome and gut-joint axis in spondyloarthritis

С

Strong association with HLA-B27

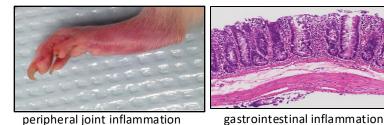
Gut inflammation is common in spondyloarthritis

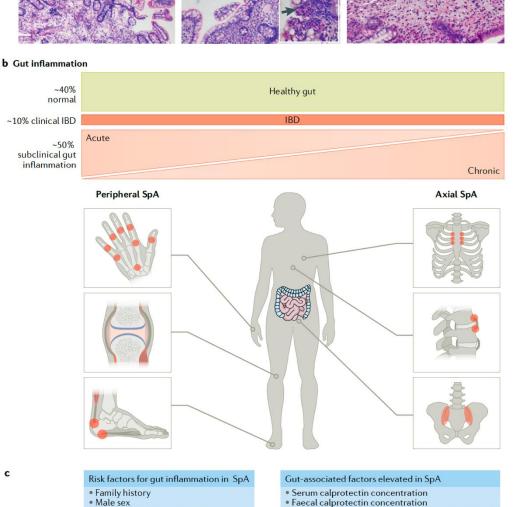
- AS patients have gut inflammation
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 - ~6-10% IBD
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Experimental spondyloarthritis in rodents is highly dependent on gut microbiota

- Gut microbiota is required in HLA-B27 transgenic rats
- SpA-prone (SKG) mice gut microbiota influence the incidence/severity of arthritis/ileitis

HLA-B27 Tg rat model of spondyloarthritis





Acute inflammation

Chronic inflammation

Serum antibodies against flagellin, yeast and E. coli

Serum IgA concentration

Taurog, J Expt Med, 1994

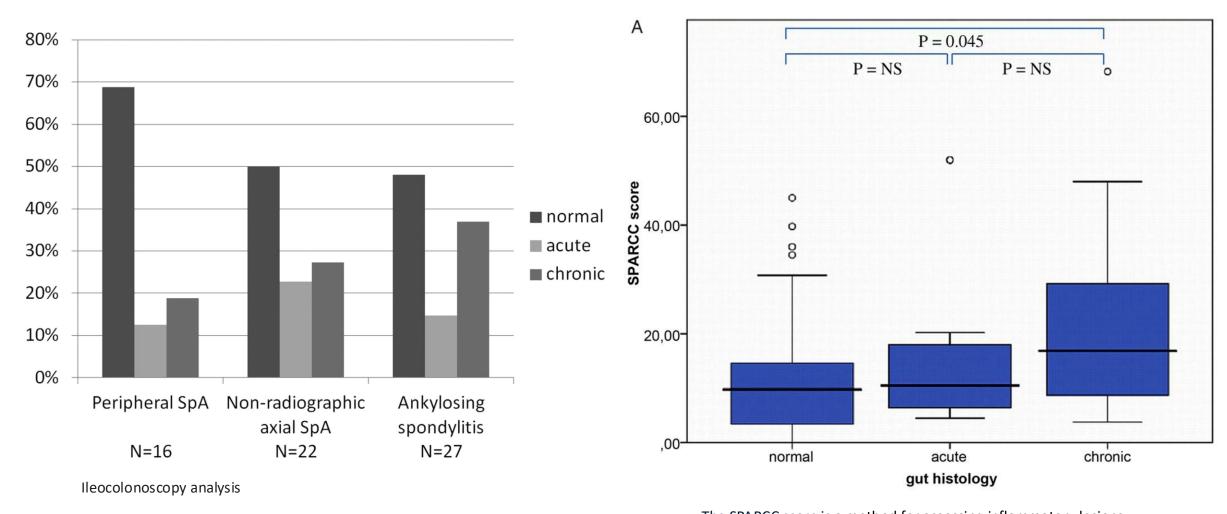
Rehaume, Arthritis Rheumatol 2014

Clinical manifestations of the gut-joint axis of inflammation in SpA Gracey, Nature Rev Rheum, 2020

Elevated CRP concentration

Gut leakiness

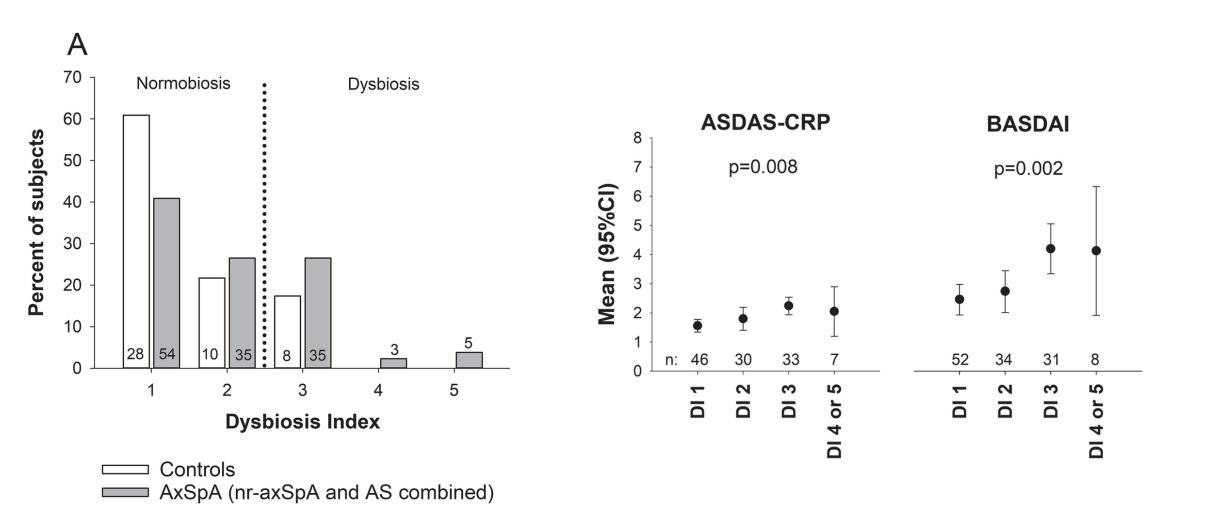
Inflammation of the epithelial mucosa is a key feature in axSpA pathophysiology



The SPARCC score is a method for assessing inflammatory lesions (bone marrow edema) in the sacroiliac (SI) joints using MRI

Van Praet, et. al., Ann Rheum Dis. 2013 Van Praet, et. al., Ann Rheum Dis. 2014

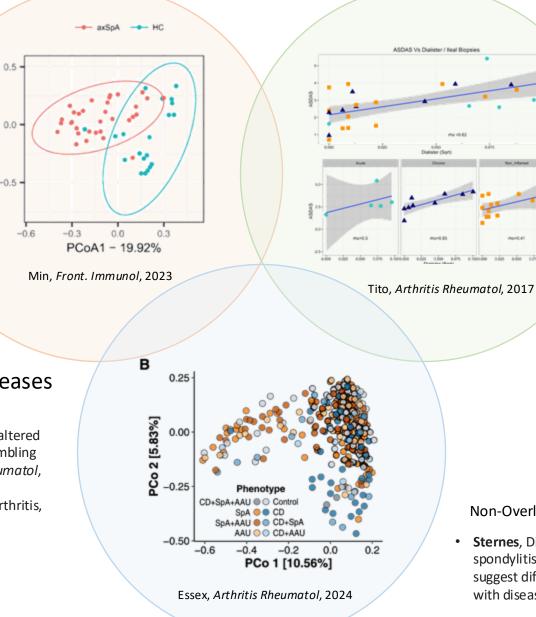
Gut dysbiosis associated with worse disease activity and physical function in axSpA



Relationship of gut microbial dysbiosis with spondyloarthritis

1. General Microbial Dysbiosis

- **Costello**, Intestinal Dysbiosis in Ankylosing Spondylitis. Arthritis Rheumatol. 2015.
- Min, Identification of gut dysbiosis in axial spondyloarthritis patients and improvement of experimental ankylosing spondyloarthritis by microbiome-derived butyrate with immune-modulating function. Front Immunol. 2023.
- **Manasson,** Gut microbiota perturbations in reactive arthritis and postinfectious spondyloarthritis. Arthritis Rheumatol. 2018.



2. Disease Biomarkers

- Breban, ARD, 2016 (R. gnavus)
- **Chen**, Variations in gut microbial profiles in ankylosing spondylitis: disease phenotype-related dysbiosis. Ann Transl Med. 2019.
- **Tito**, Dialister as a Microbial Marker of Disease Activity in Spondyloarthritis. Arthritis Rheumatol. 2017.
- Sagard, Gut dysbiosis associated with worse disease activity and physical function in axial spondyloarthritis. Arthritis Research & Therapy, 2020.

Non-Overlap with IBD

• **Sternes**, Distinctive gut microbiomes of ankylosing spondylitis and inflammatory bowel disease patients suggest differing roles in pathogenesis and correlate with disease activity. Arthritis Research & Therapy. 2022

3. Overlap with Inflammatory Diseases

16.7%

PCoA2

- Scher, Decreased bacterial diversity characterizes the altered gut microbiota in patients with psoriatic arthritis, resembling dysbiosis in inflammatory bowel disease. *Arthritis Rheumatol*, 2015.
- Essex, Shared and distinct gut microbiota in spondyloarthritis, acute anterior uveitis, and Crohn's disease. Arthritis Rheumatol. 2024

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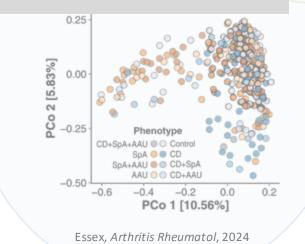
What about HLA-B27?

2. Disease Biomarkers

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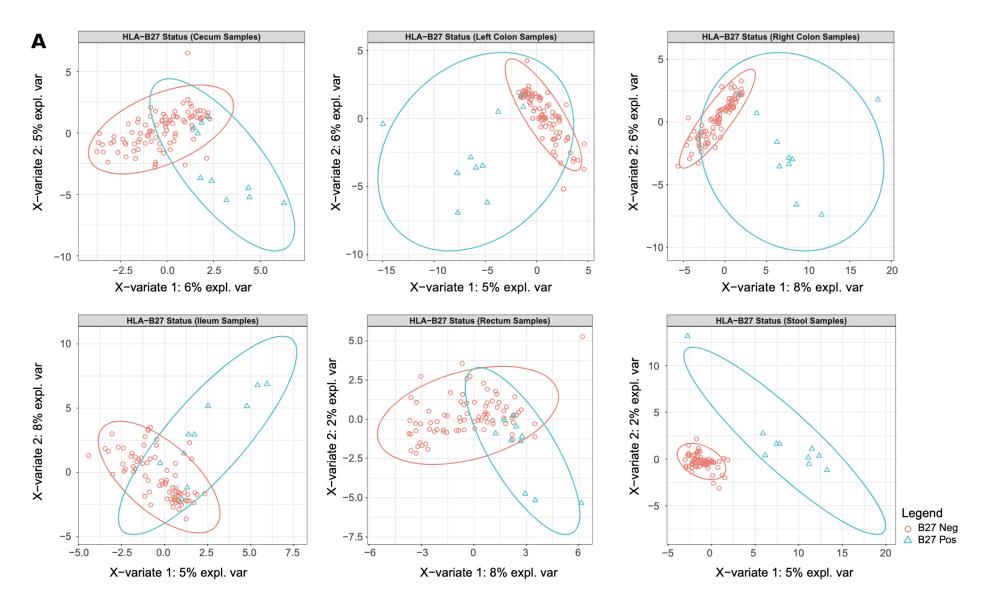
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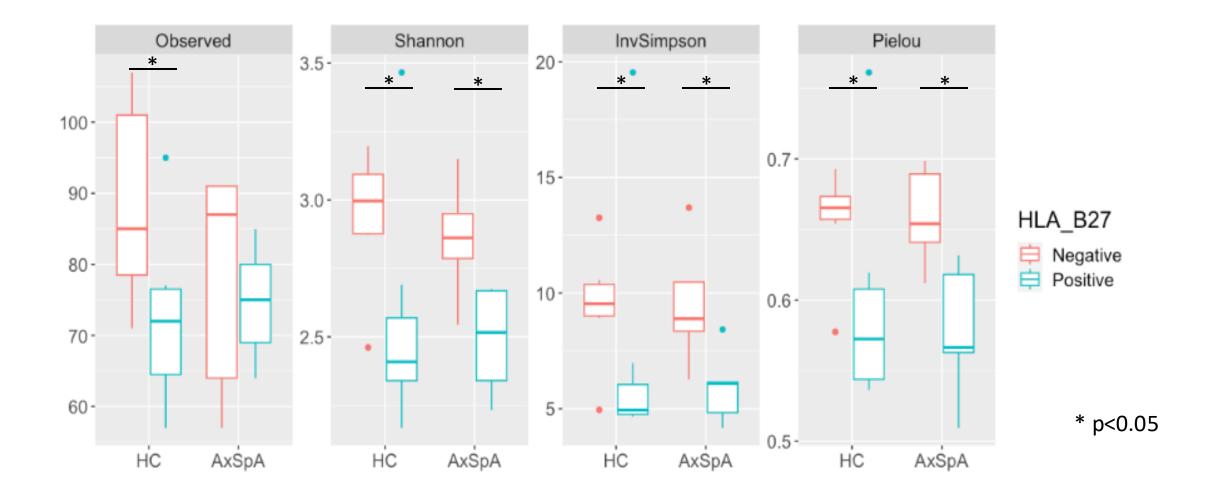


Non-Overlap with IBD

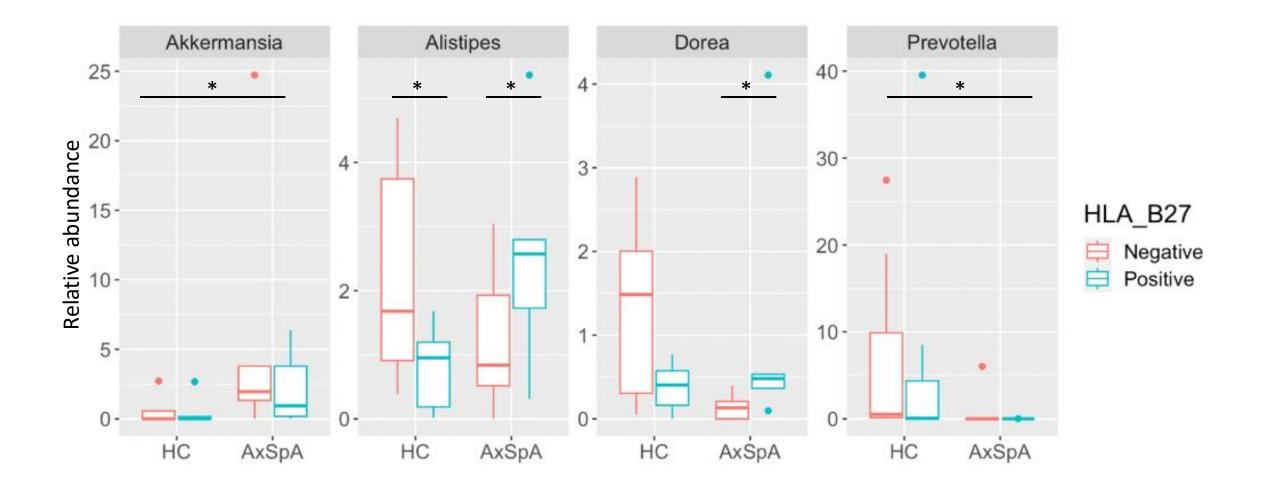
• **Sternes**, Distinctive gut microbiomes of ankylosing spondylitis and inflammatory bowel disease patients suggest differing roles in pathogenesis and correlate with disease activity. Arthritis Research & Therapy. 2022



HLA-B27 is associated with decreased alpha diversity in healthy controls and axSpA subjects



Deodhar, Gill, Magrey. ACR Open Rheumatol. 2023 Gill, *unpublished data*

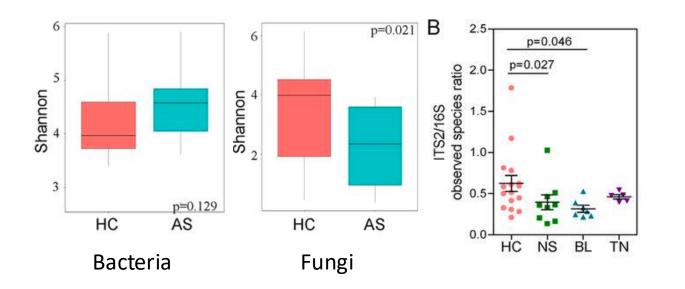


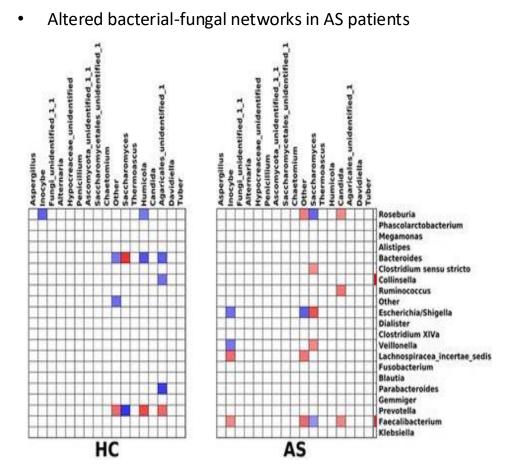
Gill, unpublished data

Role of Mycobiome (fungal community) in the pathogenesis of SpA

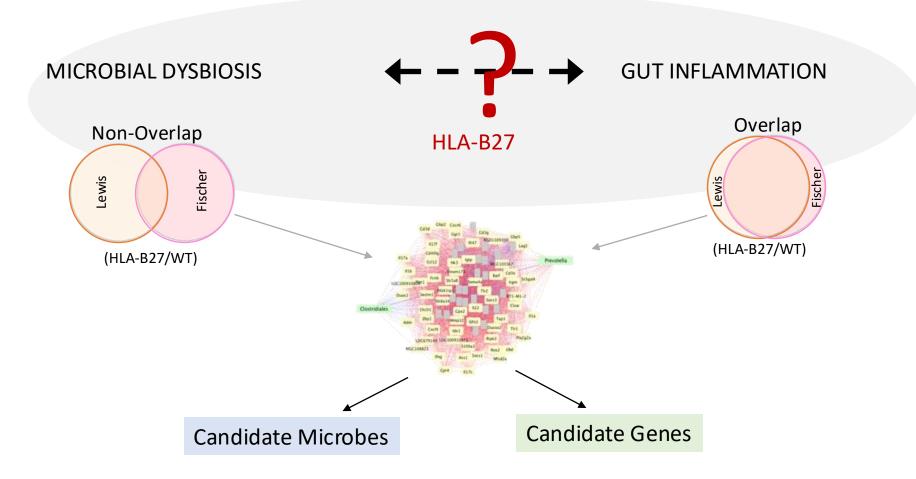
Altered bacterial-fungal Interkingdom networks in the guts of AS patients

- Altered bacterial and fungal communities in AS patients receiving different therapeutic regimens
- Alpha Diversity of bacteria increased, while the alpha diversity of intestinal fungi was decreased in AS patients



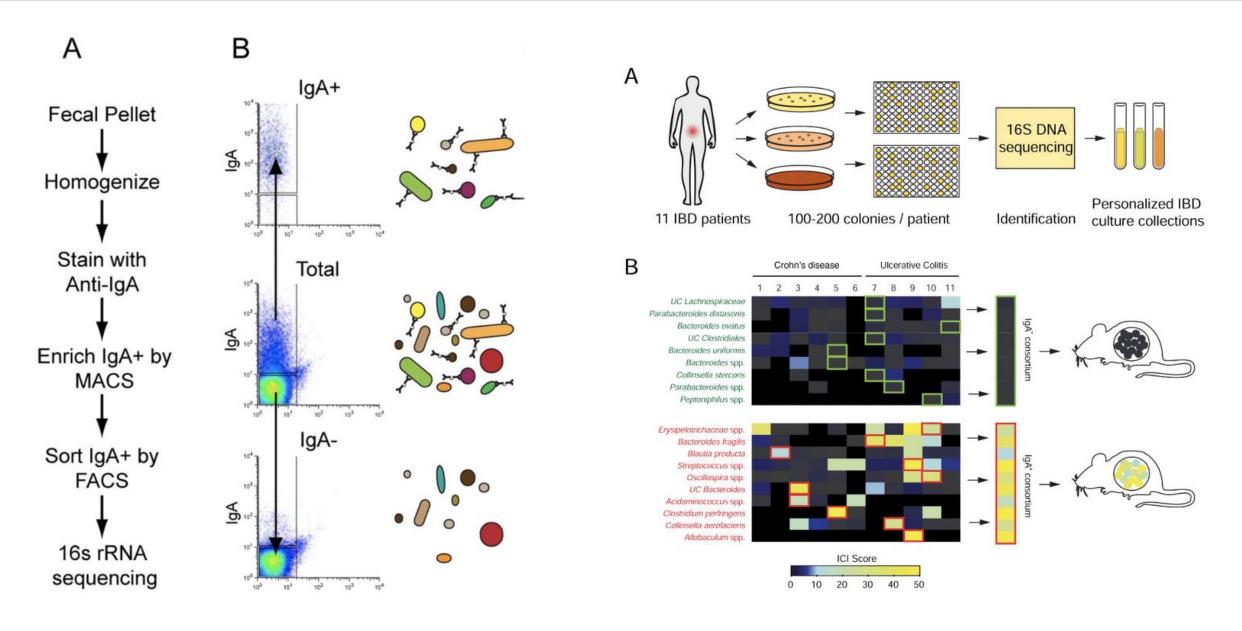


HLA-B27 is associated with gut microbial dysbiosis and host immune dysregulation

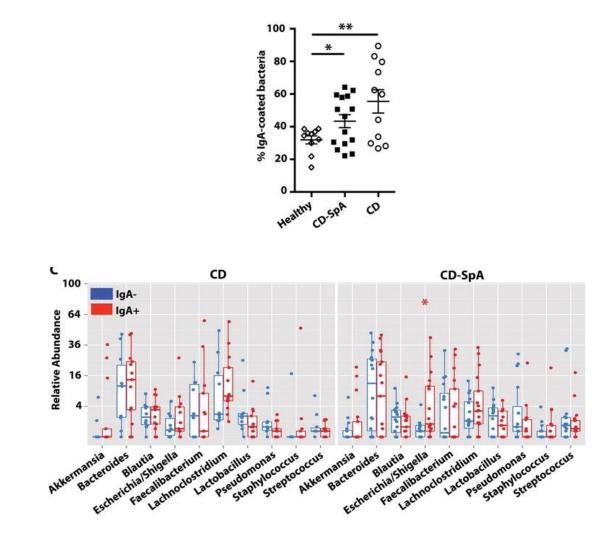


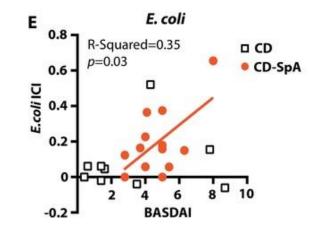
Gill et al., Arthritis & Rheumatol 2018 Gill et al., Arthritis & Rheumatol 2019

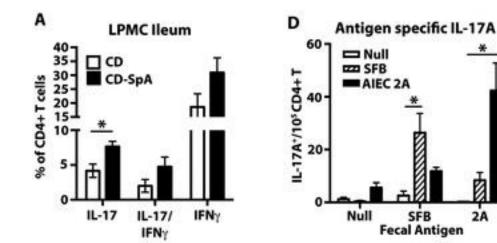
Immunoglobulin A coating identifies colitogenic bacteria in inflammatory bowel disease



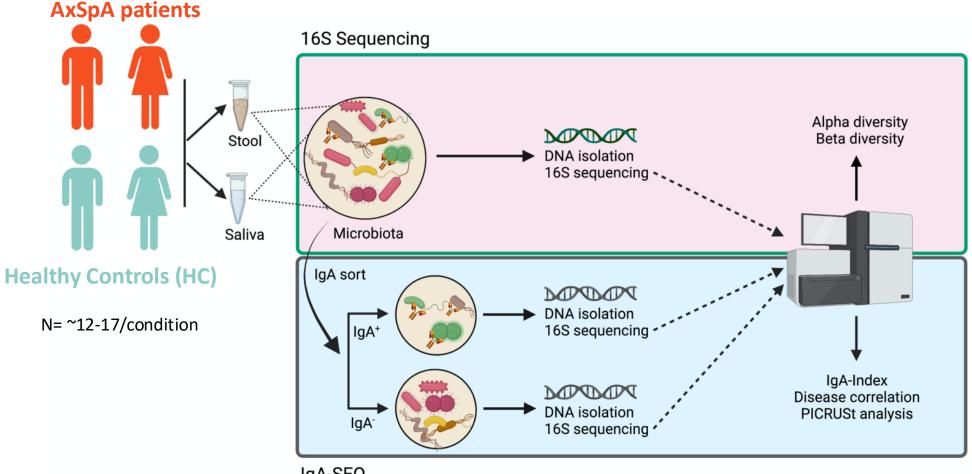
IgA-coated *E. coli* in Crohn's disease SpA promote T_H 17-dependent inflammation







2A



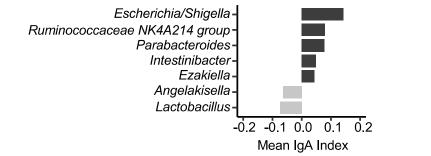
IgA-SEQ

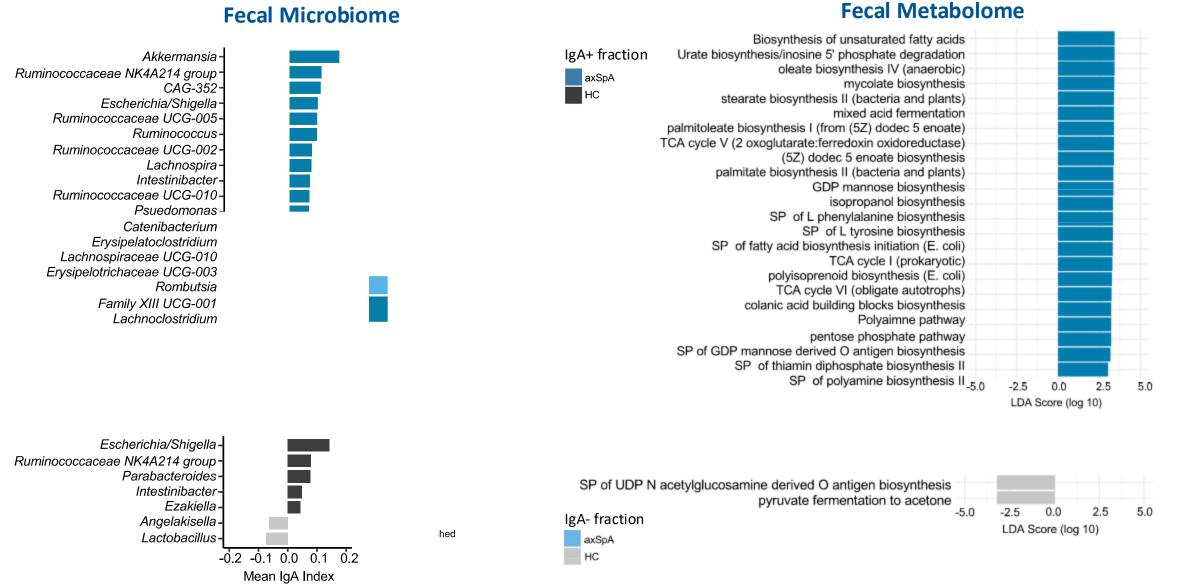
Fecal Microbiome

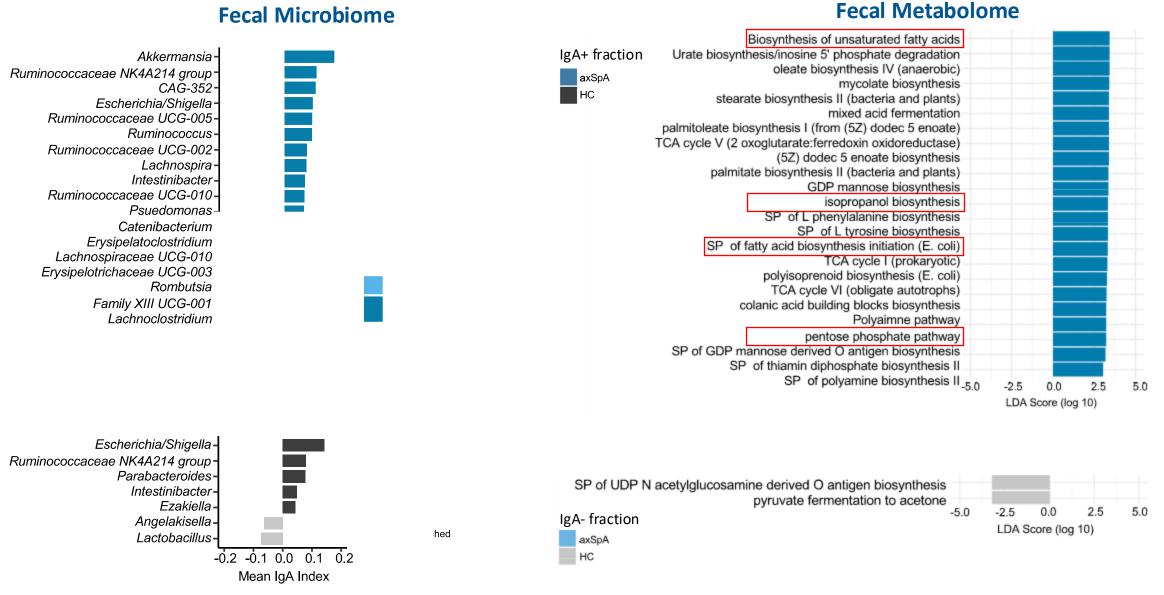
Akkermansia-Ruminococcaceae NK4A214 group-CAG-352-Escherichia/Shigella-Ruminococcaceae UCG-005-Ruminococcus-Ruminococcaceae UCG-002-Lachnospira-Intestinibacter Ruminococcaceae UCG-010-Psuedomonas Catenibacterium Erysipelatoclostridium Lachnospiraceae UCG-010 Erysipelotrichaceae UCG-003 Rombutsia Family XIII UCG-001 Lachnoclostridium



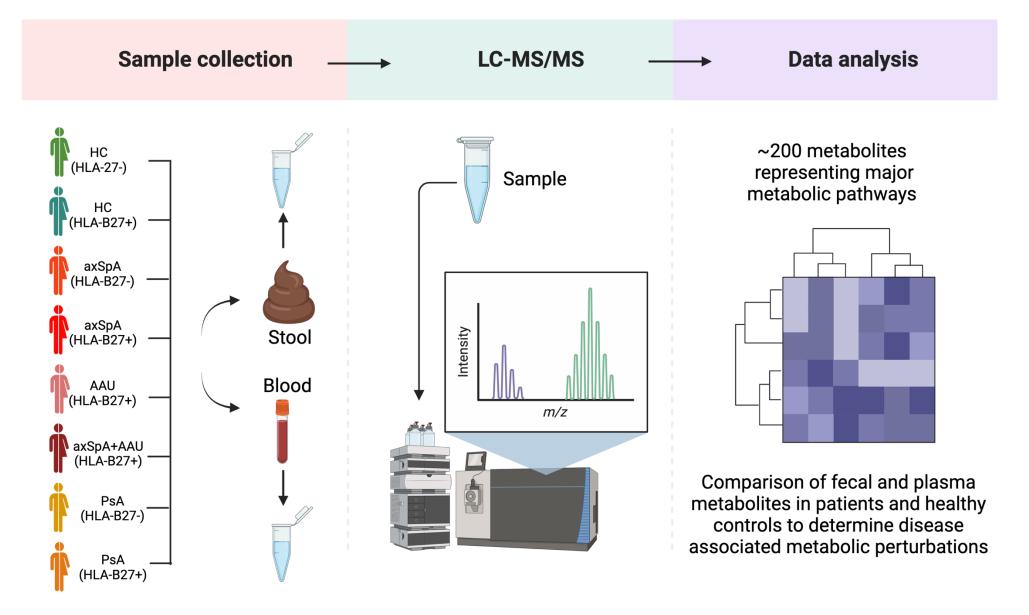
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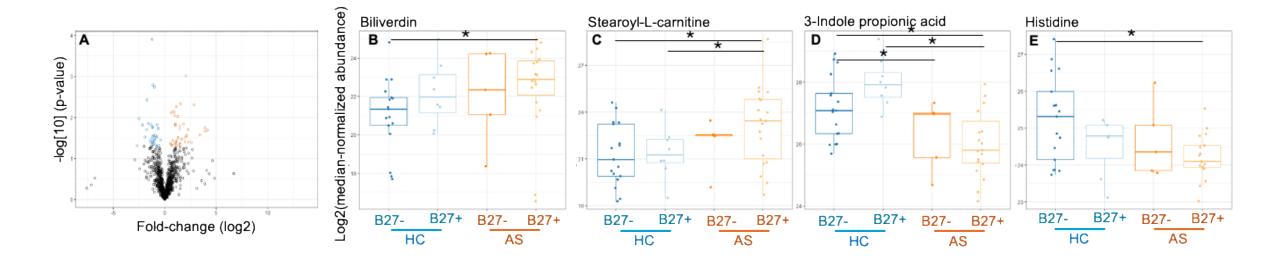


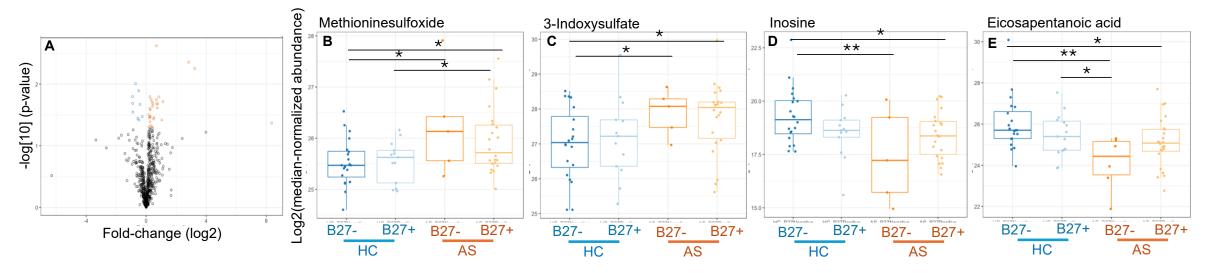


Fecal and plasma metabolic profiling of spondyloarthritis patients

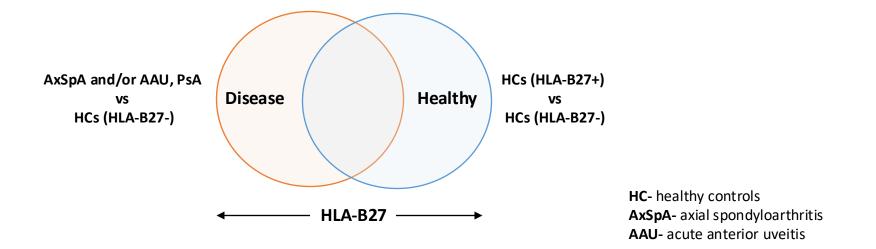


Plasma metabolites altered in radiographic axial spondyloarthritis patients

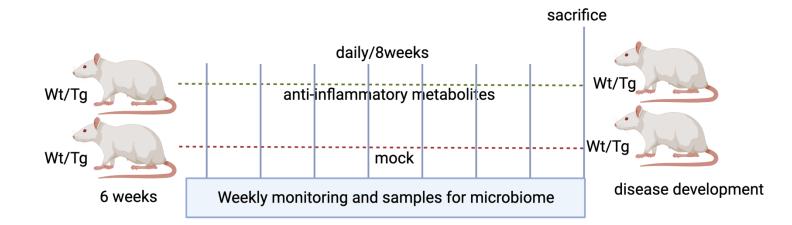




Gill, unpublished data

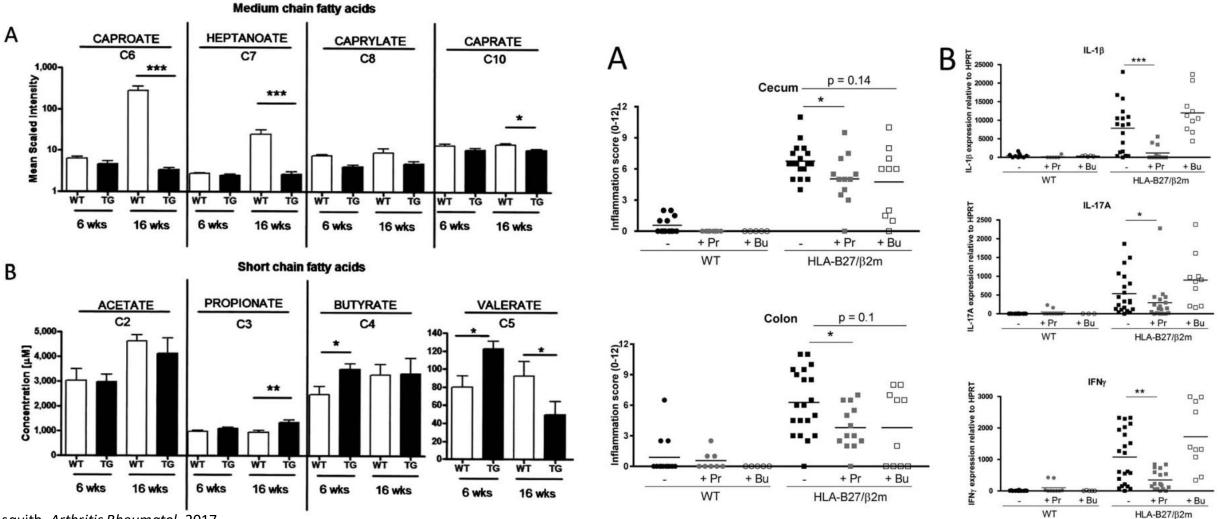


• Host-microbe interactions and disease pathogenesis of candidate metabolites will be dissected using HLA-B27 Tg rats



HLA–B27 expression alters intestinal levels of medium-chain fatty acids (MCFAs) and short-chain fatty acids(SCFAs)

Administration of the short-chain fatty acid sodium propionate (Pr) significantly attenuates HLA–B27–associated immune pathology.



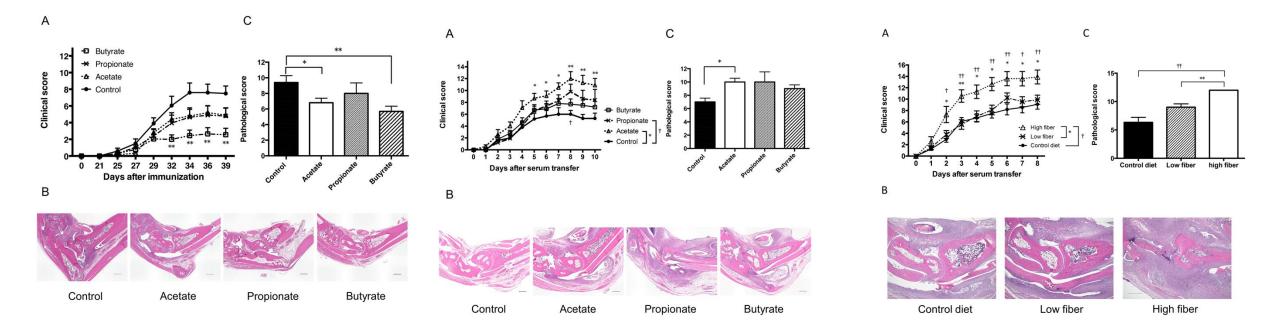
Asquith, Arthritis Rheumatol, 2017

SCFA and high fiber diet ameliorates disease in mouse models of arthritis

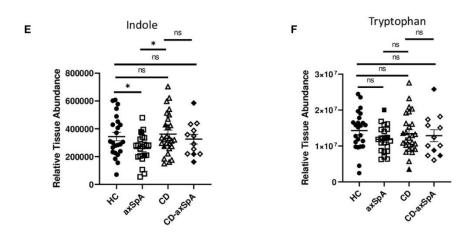
SCFA ameliorates collagen induced arthritis (CIA)

SCFAs onK/BxN mouse seruminduced arthritis.

High-fiber diet on K/BxN mouse serum–induced arthritis.

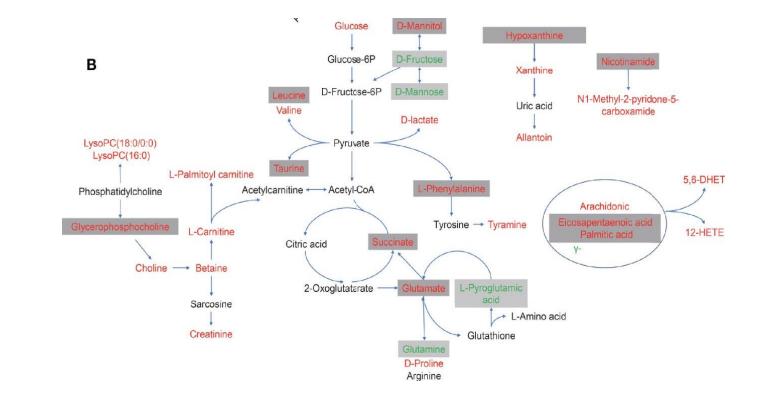


Multi 'Omics Analysis of Intestinal Tissue in Ankylosing Spondylitis Identifies Alterations in the Tryptophan Metabolism Pathway Berlinberg, Front. Immunol, 2021

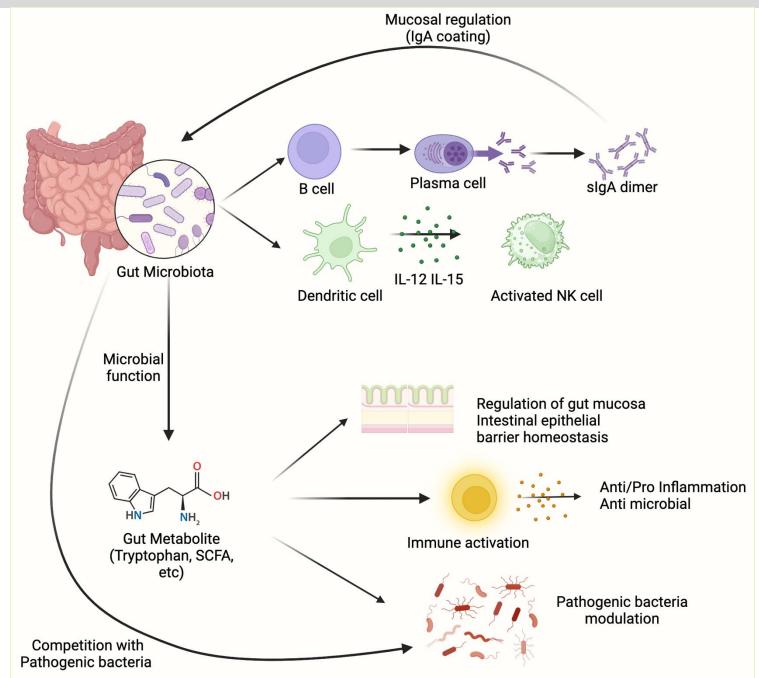


Serum Metabolomics Signatures Associated With Ankylosing Spondylitis

Ou, Front Immunol, 2021



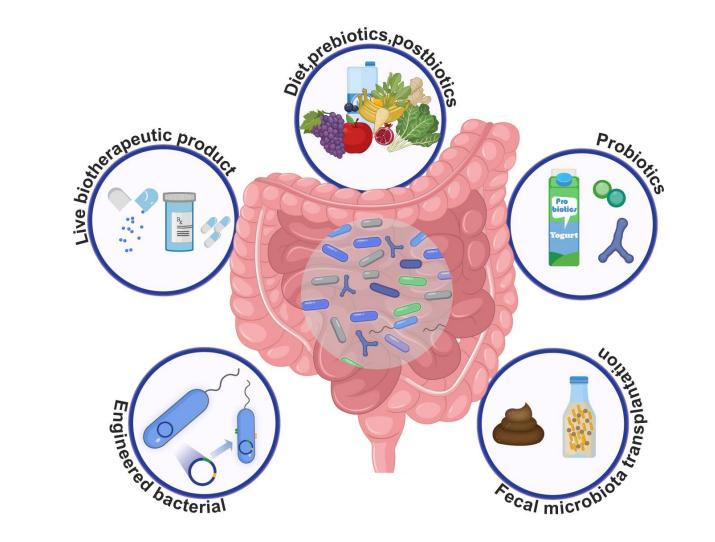
Fecal metabolomics in pediatric spondyloarthritis implicate decreased metabolic diversity and altered tryptophan metabolism as pathogenic factors. Stoll, Genes Immun. 2016. Role of gut microbial dysbiosis in the pathophysiology of spondyloarthritis



Gill, Unpublished

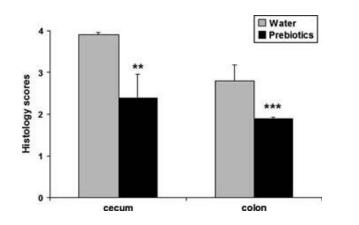
Figure made in Biorender

Strategies to modify gut microbiota for disease treatment

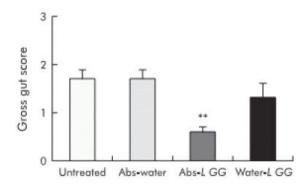


1. Prebiotics and Probiotics

Reduction of Colitis by Prebiotics in HLA-B27 Transgenic Rats Is Associated with Microflora Changes and Immunomodulation Hoentjen, *Inflammatory Bowel Diseases*, 2005

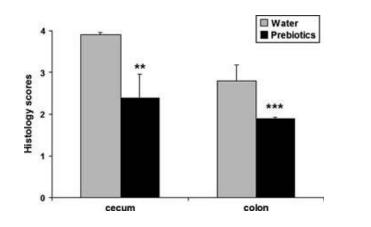


Lactobacillus GG prevents recurrence of colitis in HLA-B27 transgenic rats after antibiotic treatment Dieleman, *Gut* 2003

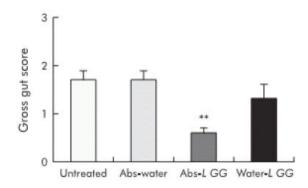


1. Prebiotics and Probiotics

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Probiotic Therapy for the Treatment of Spondyloarthritis: A Randomized Controlled Trial Jenks, J Rheumatol 2010

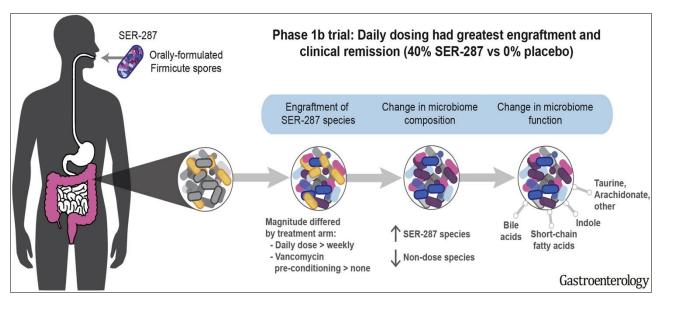
Did not observe disease modulation with probiotics

Spore-Based/Mineralized Probiotics

- resistant to stomach acid, bile acids, and digestive enzymes.
- reach the large intestine alive, transform and colonize gut.

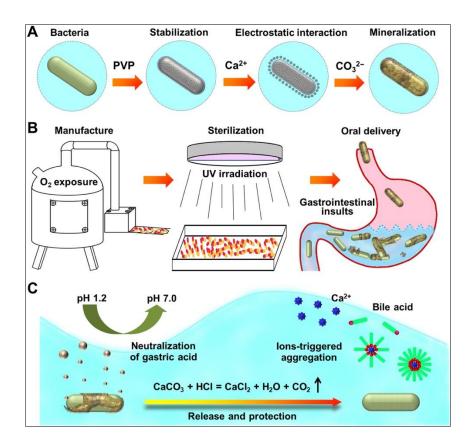
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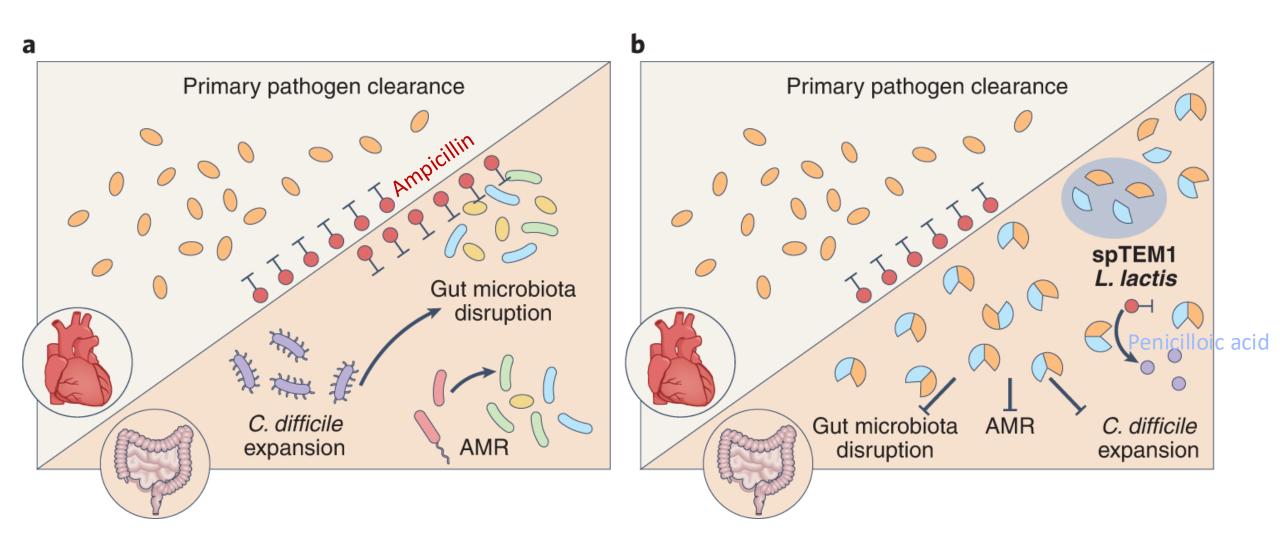


Mineralized Probiotics

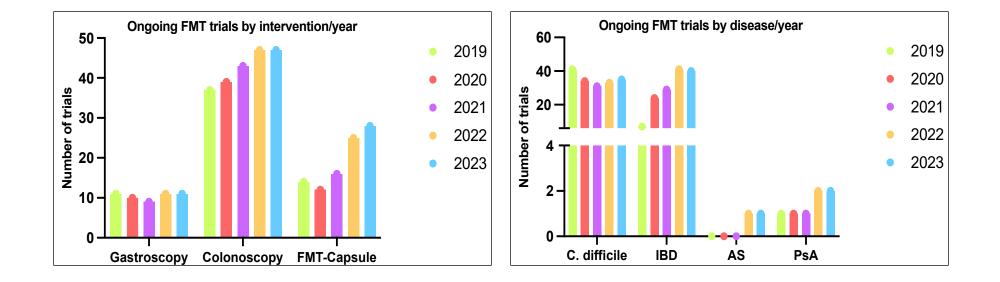
- Mineral coating on the surface
- Neutralization of gastric acid, adaptable release of coated bacteria,
- double-decomposition reaction of mineral coating in the gastrointestinal tract following oral ingestion.

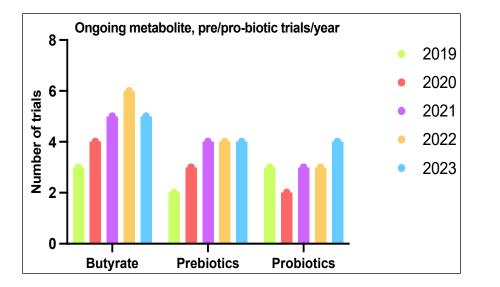


Engineered live biotherapeutic for the prevention of antibiotic-induced dysbiosis



Cubillos-Ruiz, et al. Nat. Biomed. Eng 2022. Olson & Turnbaugh. Nat Microbiol 2022.





Fecal microbiota transfer: lessons from clinical trials

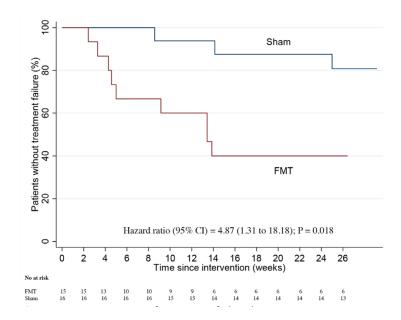
- Refined Fecal Microbiota Transplantation (FMT) for Ulcerative Colitis (UC) (REFOCUS): NCT04968951
 To determine whether FMT delivered via oral capsules can induce clinical remission in patients with mild to moderate ulcerative colitis.
- Fecal Microbial Transplantation for Rheumatoid Arthritis Trial (FeMiTRA): NCT05790356 Investigate the effects of capsules containing stool from healthy donors, in rheumatoid arthritis patients.
- FMT for Remission of Active Ulcerative Colitis in Adults: NCT04202211
 To establish the safety and effectiveness of lyophilized FMT for treating ulcerative colitis (UC) in adults.
- Efficacy and Safety of Fecal Microbiota Transplantation in Peripheral Psoriatic Arthritis (FLORA): NCT03058900
 To explore clinical aspects associated with modifying the intestinal microbiota by infusing fecal donor microbiota into the small intestine
 of psoriatic arthritis patients.
- Early FMT for C. difficile: NCT02465463

Patients in the experimental arm underwent a fecal microbiota transplant (FMT) after finishing a course of antibiotics.

- Safety and Efficacy of Faecal Microbiota Transplantation in Treatment-naïve Patients With Newly Diagnosed Chronic Inflammatory Diseases (FRONT)-Denmark: NCT04924270
 - To explore clinical efficacy aspects, safety, and patient acceptability associated with capsule FMT performed in newly diagnosed, untreated patients with chronic inflammatory rheumatic-, dermatological-, gastrointestinal- and pulmonary diseases.

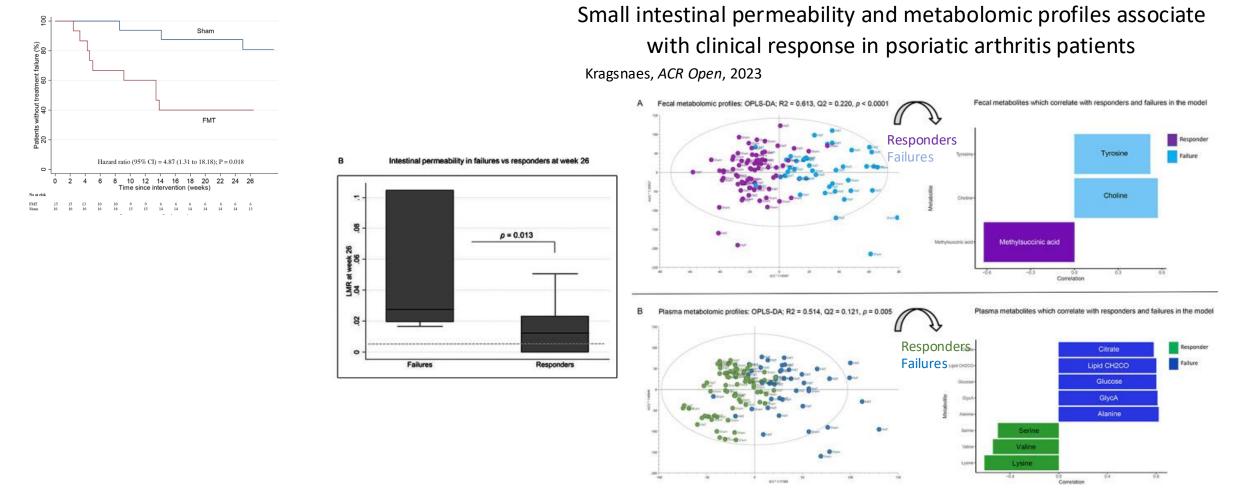
• Efficacy and Safety of Fecal Microbiota Transplantation in Peripheral Psoriatic Arthritis (FLORA): NCT03058900

To explore clinical aspects associated with modifying the intestinal microbiota by infusing fecal donor microbiota into the small intestine of psoriatic arthritis patients. Kragsnaes, Ann Rheum Dis, 2021



• Efficacy and Safety of Fecal Microbiota Transplantation in Peripheral Psoriatic Arthritis (FLORA): NCT03058900

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Efficacy and Safety of Fecal Microbiota Transplantation in Peripheral Psoriatic Arthritis (FLORA): NCT03058900 Small intestinal permeability and metabolomic profiles associate with clinical response in psoriatic arthritis patients Kragsnaes, ACR Open, 2023 Safety and Efficacy of Faecal Microbiota Transplantation in Treatment-naïve Patients With Newly Diagnosed Chronic Inflammatory Diseases (FRONT)-Denmark: NCT04924270 (completion-2025) To explore clinical efficacy aspects, safety, and patient acceptability associated with capsule FMT performed in newly diagnosed, untreated patients with chronic inflammatory rheumatic-, dermatological-, gastrointestinal- and pulmonary diseases. Maja Kragsnaes and Torkell Ellingsen

Failures Responders



Relative / 0.000

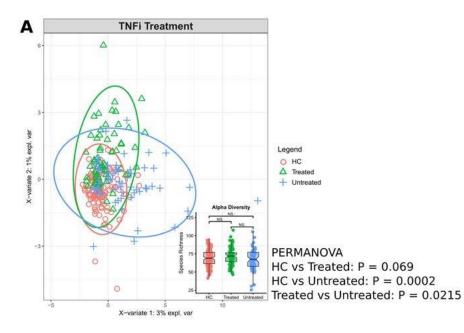
HC

Treated

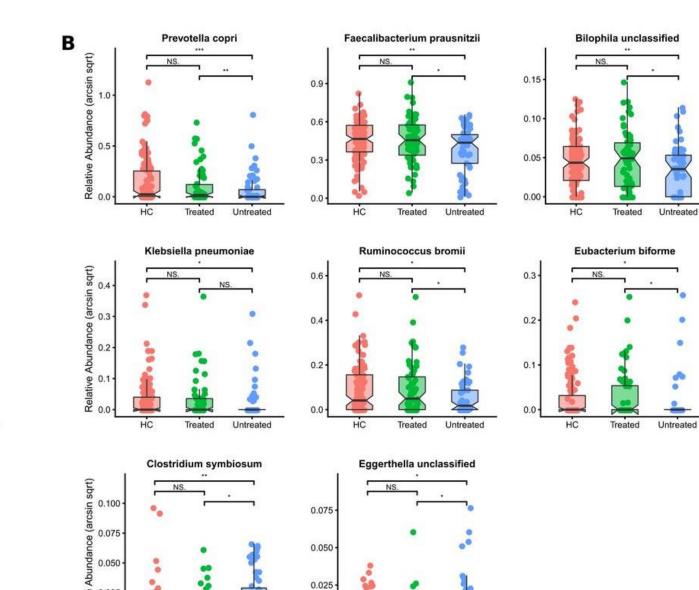
Untreated

3. Biologics

TNFi therapy in AS patients was correlated with restoration of the perturbed microbiome, highlighting a potential mechanism of action



Metagenomic analysis



0.000

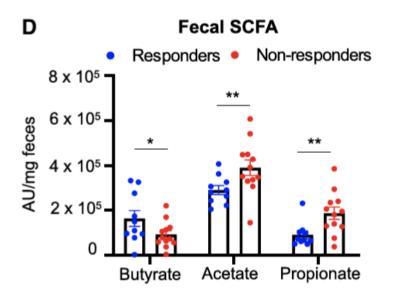
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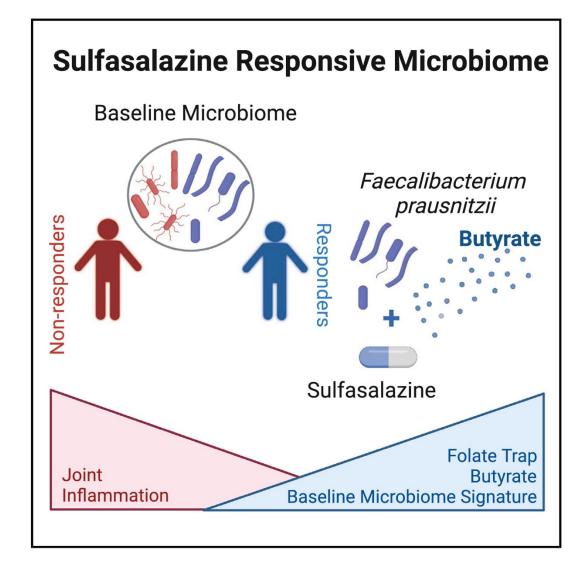
Treated

Untreated

The gut microbiome regulates the efficacy of sulfasalazine therapy for IBD-associated SpA

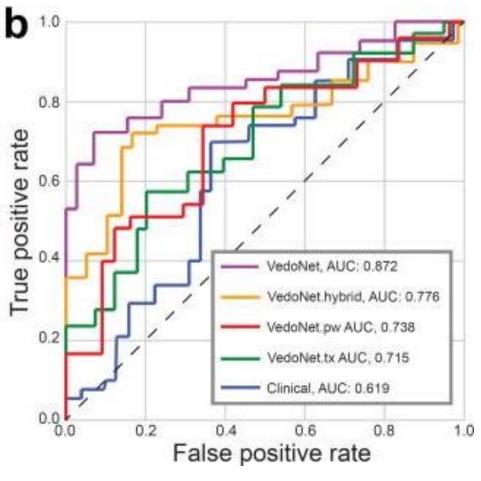
- IBD-SpA subjects that respond to sulfasalazine therapy have a distinct gut microbiome
- The responder microbiome is enriched in *F. prausnitzii* and butyrate
- Sulfapyridine promotes butyrate production by F. prausnitzii, which limits colitis
- F. prausnitzii restores response in mice with non-responder microbiomes



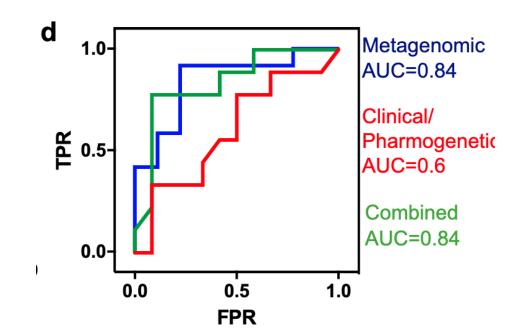


Future implications of microbial modulation as therapeutic target

1. Gut microbiome function as a predictor of treatment response

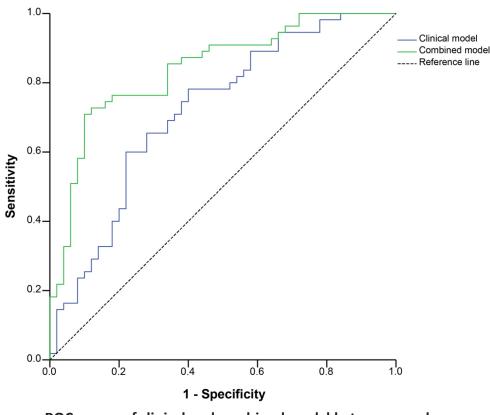


Vedolizumab in IBD



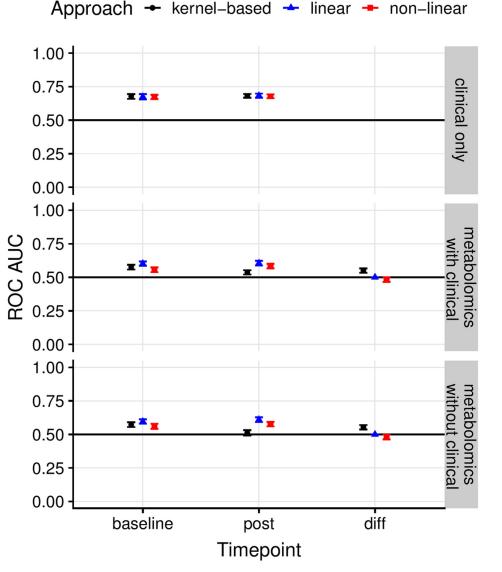
Methotrexate in RA

Inflammatory metabolomic profile to predict response to TNF-α inhibitors in RA



ROC curves of clinical and combined model between goodand non-responder to TNFi.

Prediction of response of methotrexate in RA patients using serum lipidomics



Cuppen, 2016 Plos ONE

Maciejewski, 2021 Sci Reps

Limitations in implicating gut microbial dysbiosis as driver in SpA pathogenesis

• Gut microbiota is difficult to characterize

We know about bacteria, what about fungi and viruses and their interactions?

• Definition of a healthy gut microbiota

Gut microbiome varies in all individuals (diet, environment, genetics etc.), thus it is hard to define

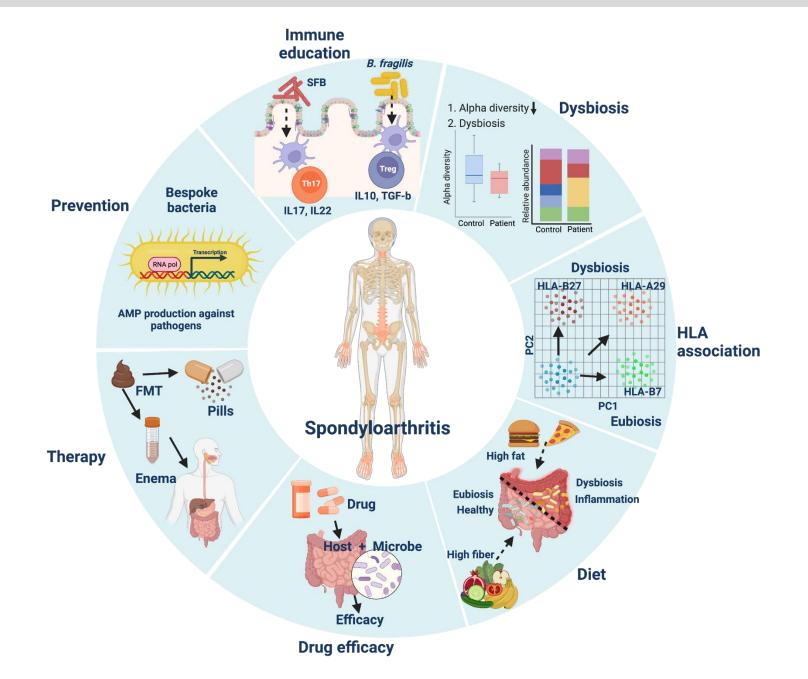
• Hard to establish causal links

Cause and effect is difficult to establish (e.g. microbial function redundancy)

• Therapies and complex and outcomes are hard to measure

FMT (complex microbial community) establishment in recipient is dependent on diet, host genetics, gut microenvironment etc.

Microbial implication in spondyloarthritis pathogenesis and treatment



Adapted from Rosenbaum

Acknowledgements

James Rosenbaum (Legacy) Atul Deodhar (ARD, OHSU) Robert Colbert (NIAMS) Ernesto Nakayasu (PNNL) Lisa Karstens (DMICE, OHSU)

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Sean Davin Kimberly Ogle

Past members

Alec Furst Manuel Rodriguez Henry Bringenberg Claire Ramirez John Davis Emma Faye-Olsen





SPARTAN

Spondyloarthritis Research and Treatment Network





Thank You !!